# **Bandon Athletic Club** Est. 1964



Any corrections or additional results please mail <a href="mailto:info@bandonathleticclub.com">inform the PRO at any training session.</a>

#### AAI Indoor Championships 19th/20th March Nenagh

Girls U12 Shot 1st Lynn Bradfield 7.77m (CBP)

Boys U12 60m 2nd Great Okafar

Girls U13 Shot 1st Tracy Bradfield

Girls U13 Long Jump 7th Tracy Bradfield

Boys U13 Shot 1st Mark Sugrue

Girls U14 60m 4th Joan Healy

Girls U17 Shot 4th Sarah Bradfield

Girls U18 Shot 2nd Rachel Roche

#### Munster Indoor Championships 26th/27th Feb Nenagh

Boys U11 Long Jump. 2nd Bandon (Kerry Desmond and Fintan O'Shaughnessy)

Girls U12 Shot Putt. 1st Lynn Bradfield

Boys U12 60m 1st Great Okafar, 4th Mighty Okafar

Boys U12 Shot Putt 7th Mighty Okafor

Girls U13 60m 3rd Joan Healy

Girls U13 800m 7th Lorraine O'Brien, 12th Joan Healy

Girls U13 Shot Putt 2nd Tracey Bradfield

Girls U13 Long Jump 3rd Tracey Bradfield

Boys U13 800m 4th Sipka O'Shaughnessy

Boys U13 Shot Putt 2nd Mark Sugrue, 5th Patrick McSweeney

In the relays, the Boys U11 team (Promise Okafar, Thomas McCarthy, Fintan O'Shaughnessy, Kerry Desmond) was 2<sup>nd</sup>, the Boys U12 team (Mighty Okafor, Great Okafor, Ronan Sheehan, Kerry Desmond) was 3<sup>rd</sup> and Girls U11 team (Clare Sexton, Laura McSweeney Aisling Everard, Amy O'Carroll,) was 5th.

# **Munster Indoor Championships 19th/20th Feb Nenagh**

**U17 Shot Putt** 2nd Sarah Bradfield 11.09

**U17 Long Jump** 3rd Michelle Hayes 4.39m.

**U18 Shot Putt** 1st Rachel Roche 9.70m.

# Master Indoor Championships of Ireland. Nenagh, 15th January 2005

Women's (V1)

**Shot Putt** 3rd Liz Mc Carthy Coomey, 8.30

**3000m** 2nd Carmel Mc Carthy Crowley, 11.00.29

**High Jump** 2nd Liz Mc Carthy Coomey, 1.33m

Long Jump 3rd Liz Mc Carthy Coomey, 4.26

200m 2nd Liz Mc Carthy Coomey, 31.87

**60m** 2nd Liz Mc Carthy Coomey, 8.96

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**1500m** 2nd Carmel Mc Carthy Crowley, 5.17.59 **800m** 4th Carmel Mc Carthy Crowley, 2.38.96

Men's

**400m** 1st Liam O'Reilly, 58.60 **200m** 2nd Liam O'Reilly, 26.37

#### Munster Indoor Masters, Nenagh 1st Jan 2005

F35. Liz Coomey 1st 60m, 1st 200m, 1st High Jump, 1st Long Jump, 2nd Shot Putt

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