

Bandon Athletic Club Est. 1964

[Home Page](#)[Results](#)[Fixtures](#)[Photographs](#)[Committee](#)[Membership Info](#)[Links](#)[Acknowledgements](#)

Any corrections or additional results please mail info@bandonathleticclub.com or inform the PRO at any training session.

Selection of Results of Adult Road Races results for 2008

Champion Sports Cork City Marathon 2nd June

18th Tom Laffan 2:54:10 (4th Men040)
35th Tom Sheehan 3:01:17
41st Kevin Wilmot 3:02:55
127th Matthew Geeden 3:20:46
298th James Daly 3:41:57
363rd Eamonn Maloney 3:47:48
393rd Phil Murphy 3:50:15
426th Pat O'Sullivan 3:52:09
568th Robert Merrick 4:02:24

Rising Sun Straight Road Mile, Ballinhassing on Friday 9th of May.

Seána Coveney (GU14) won the women's race in a time of 6.38 with her sister Róisín (GU12) taking the second prize.
Kate Coveney was third and Sharron Toner fourth.
Seán Murphy was 6th in a time of 5.11
Matthew Gedden, Tom and Mike Laffan also ran.

MICHAEL (SONNY) MURPHY MEMORIAL 10-Mile Road Race, Kilnaboy, Co Clare 13th April

10th Kevin Wilmot (Bandon) 58:26
38th Thomas Sheehan Bandon AC M40 1:03:25

UCC/Carmel Lynch Memorial (BHAA) 10K on Sunday 6th April

Womens Section

1st Carmel Crowley 1st
2nd Louise Kavanagh

Men's Section

8th Tom Laffan (1st O40).
Joe O'Sullivan (3rd O45 race).
Tom Sheehan, Eamon Moloney and Tim Lucey also competed well.

Connemara Ultra Marathon 39.3miles

Matthew Geden in a time of 6 hours and 24 minutes

Paddy Desmond Memorial 4 Mile race, Ballinhassig on Easter Sunday 24th March

Tom Laffan 3rd and Kevin Wilmot finishing 6th.
Tom Sheehan and Paddy Murphy also competed.

Ballycotton Running Promotions 31st BALLYCOTTON '10' Sunday 9 March 2008

<u>Place</u>	<u>Time</u>	<u>Name</u>	<u>Club</u>	<u>Category</u>
38	0:57:42	WILMOT, Kevin	Bandon AC	M
46	0:58:27	LAFFAN, Tom	Bandon AC	M40
151	1:03:32	SHEEHAN, Thomas	Bandon AC	M40
193	1:05:26	CROWLEY, Margaret	Bandon AC	F
211	1:05:59	CROWLEY BARRY, Elizabeth	Bandon AC	F
289	1:08:09	O'SULLIVAN, Joe	Bandon AC	M45
320	1:08:49	MURPHY, Paddy	Bandon AC	M
450	1:11:36	DALY, James	Bandon AC	M40
698	1:15:43	GOGGIN, Vincent	Bandon AC	M
734	1:16:20	MOLONEY, Eamonn	Bandon AC	M45
907	1:18:54	O'HALLORAN, Declan	Bandon AC	M45
1079	1:21:42	MURPHY, Phil	Bandon AC	M45
1482	1:27:59	MERRICK, Robert	Bandon AC	M
1810	1:35:31	MUCKIAN, Shiela	Bandon AC	F45

Feb 17 – Cork County Road Championships, Whitechurch,**Men 4-mile**

3rd T Laffan (Bandon, M40) 22:13

M40: 3 J O'Sullivan (Bandon) 23:31

Women 2-mile:

1st C Crowley (Bandon, F35) 12:07

F40: F45: 3 K Coveny (Bandon) 16:24