

Bandon AC Junior (U20) Women Indoor Club Records

Last updated 5 February 2024

Event	Result	Athlete	Date	Venue
60m	7.57	Joan Healy (U19)	06-02-2010	Belfast
200m	24.94	Joan Healy (U17)	24-02-2008	Birmingham
300m	43.1	Margaret Crowley	15-02-1997	Nenagh
400m	57.78	Lauren McCourt (U19)	09-02-2020	Abbotstown, Dublin
800m	2.21.04	Margaret Crowley (U19)	25-01-1998	Nenagh
1500m	4.49.37	Laura Nicholson (U18)	28-01-2017	Athlone
3000m	9.38.48	Laura Nicholson (U19)	04-02-2018	Abbotstown
4x200 Relay	1.51.2	Margaret Crowley (U19),	21-03-1998	Nenagh
3000m Walk	15.28.07	Aoife Tuthill (U19)	20-01-2024	Athlone
60mH (84/13/8.5)	9.90	Roisin Howard (U19)	06-01-2008	Nenagh
Long Jump	5.31	Aoife Callan (U18)	28-01-2024	Abbotstown, Dublin
Triple Jump	10.58	Aoife Callan (U17)	02-04-2023	Athlone
High Jump	1.60	Stacey Komolafe (U18)	22-10-2019	Nenagh
Pole Vault	2.20	Ella Stack (U17)	04-02-2017	Abbotstown
Shot Putt (4kg)	13.10	Laura McSweeney	26-01-2014	Athlone
Weight For Distance (8kg)	8.06	Laura McSweeney	07-02-2014	Athlone
Pentathlon (60H, HJ, SP, LJ, 800)	2780 (10.67 (592), 1.52 (644), 8.83 (453), 4.95 (546), 2.42.47 (545))	Roisin Howard	10-01-2009	Nenagh

Additional information and corrections are welcome.

Hand times and electronic times are compared as follows: 0.24 seconds

added to hand times up to 400m and 0.14 seconds added for distances 400m and up.

Identical results are listed in order of decreasing age.

For Combined Events Senior Women's IAAF Scoring Tables are used (ed. 2001)