

Bandon AC Juvenile Boys Indoor Club Records

Last updated: 27 February 2018

Event	Result	Holder	Date	Venue
Boys Under 9				
60m	10.82	Coen Crowley	08-02-2014	Nenagh
300m		No performance yet		
4x100 Relay		No performance yet		
Long Jump	3.15	Coen Crowley	08-02-2014	Nenagh
Boys Under 10				
60m	9.98	Cian Walsh	08-02-2014	Nenagh
500m	1.38.98	Eoghan Cassidy	08-02-2014	Nenagh
4x100 Relay		No performance yet		
Long Jump	3.50	Eoghan Cassidy	08-02-2014	Nenagh
Boys Under 11				
60m	9.53	Henri Obialor	18-01-2014	Nenagh
600m	1.56.90	Callum McCourt	08-02-2014	Nenagh
4x100 Relay	65.35	Promice Okafar,	26-02-2005	Nenagh
Long Jump	3.39	Eoghan Cassidy	04-01-2015	Nenagh
Shot Putt (2kg)	6.08	Henri Obialor	18-01-2014	Nenagh
Triathlon (60, LJ, SP)	1327 (9.53 (554), 3.22 (362), 6.08 (411))	Henri Obialor	18-01-2014	Nenagh
Boys Under 12				
60m	8.62	Great Okafar	19-03-2005	Nenagh
600m	1.54.77	Callum McCourt	08-03-2015	Nenagh
800m	2.48.10	Keelan Crowley	18-01-2014	Nenagh
4x100 Relay	61.23	Great Okafar, Mighty Okafar, Ronan Sheehan,	26-02-2005	Nenagh
Long Jump	4.42	Fintan O'Shaugnessy	24-02-2007	Nenagh
High Jump	1.26	Fintan O'Shaugnessy	24-02-2007	Nenagh
Shot Putt (2kg)	8.49	Coen Crowley	05-02-2017	Nenagh
Pentathlon (60, LJ, SP, HJ, 800m)	2369 (9.52 (535), 3.68 (454), 7.48 (493), 1.09 (408), 2.54.10 (459))	Mark Collins	18-01-2014	Nenagh
Boys Under 13				
60m	8.27	Great Okafar	25-03-2006	Nenagh
600m	1.51.46	Sipke O'Shaugnessy	26-02-2005	Nenagh

800m	2.48.20	Fionn Harrington	18-01-2014	Nenagh
4x100 Relay	57.30	Great Okafar, Mighty Okafar, Ronan Sheehan, Jerry Crowley	18-02-2006	Nenagh
60mH	11.21	Great Okafar	25-02-2006	Nenagh
76.2/11/7.25				
Long Jump	4.69	Promice Okafar	23-02-2008	Nenagh
High Jump	1.34	Fintan O'Shaughnessy	23-02-2008	Nenagh
Shot Putt (2kg)	11.65	Colin Kingston	06-04-2008	Nenagh
(2.72kg)	7.59	Patrick McSweeney	25-02-2005	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800m)	1558 (12.88 (295), 3.41 (300), 6.31 (325), 1.13 (338), 3.02.78 (300))	Andrew O'Leary	18-01-2014	Nenagh
		Boys Under 14		
60m	8.00	Denis Coughlan	18-03-1995	Nenagh
200m	26.90	Jack Cullen	11-10-2017	Nenagh
800m	2.19.6	Donnagh Lucey	21-03-1998	Nenagh
4x200 Relay	2.00.0	Great Okafar, Patrick McSweeney, Mighty Okafar,	25-02-2006	Nenagh
1000m Walk		No performance yet		
60mH	10.29	Jack Cullen	11-10-2017	Nenagh
76.2/11.5/7.5				
Long Jump	4.86	Jack Cullen	11-10-2017	Nenagh
High Jump	1.48	Fintan O'Shaughnessy	18-01-2009	Nenagh
Shot Putt (2.72kg)	13.28	Colin Kingston	07-02-2009	Nenagh
(3 kg)	10.63	Jack Cullen	11-10-2017	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800m)	2555 (10.67 (521), 4.79 (578), 8.26 (435), 1.46 (590), 2.44.62 (431))	Fintan O'Shaughnessy	21-02-2009	Nenagh
Pentathlon Minor Schools (60H, LJ, SP, 200, 800)	2844 (10.29 (569), 4.86 (593), 10.63 (552), 26.90 (520), 2.24.9 (610))	Jack Cullen 76.2/11.5/7.5 & Shot: 3 kg For 200m Sen. Women Scores used -200	11-10-2017	Nenagh
		Boys Under 15		
60m	7.6	Darren Coughlan	03-02-1996	Nenagh
200m	24.67	Diarmuid O'Connor	10-12-2016	Athlone
800m	2.08.47	Diarmuid O'Connor	10-12-2016	Athlone
4x200 Relay	1.53.1	Ronan Sheehan, Great Okafar,	01-03-2008	Nenagh

1000m Walk		No performance yet		
60mH	9.00	Diarmuid O'Connor	10-12-2016	Athlone
84/12/8				
Long Jump	5.87	Diarmuid O'Connor	10-12-2016	Athlone
High Jump	1.50	Philip Burns	20-03-2004	Nenagh
Pole Vault		No performance yet		
Shot Putt (3kg)	10.79	Dylan Chambers	12-03-2016	Athlone
Shot Putt (3.25kg)	14.72	Colin Kingston	06-03-2010	Nenagh
Shot Putt (4kg)	11.78	Diarmuid O'Connor	10-12-2016	Athlone
Pentathlon Junior Schools (60H, LJ, SP, 200, 800) Shot: 4kg	3658 (9.00 (821), 5.87 (786), 11.78 (604), 24.67(646), 2.08.47 (801))	Diarmuid O'Connor	10-12-2016	Athlone
Boys Under 16				
60m	7.49	Darren Coughlan	15-02-1997	Nenagh
200m	24.18	Darren Coughlan	15-02-1997	Nenagh
800m	2.08.11	Diarmuid O'Connor	21-01-2017	Athlone
1500m		No performance yet		
4x200 Relay	1.51.7	Colin Kingston, Scott Gibson, Joey Henchy,	26-02-2011	Nenagh
1500m Walk		No performance yet		
60mH	9.00	Eric Stam	28-03-2009	Nenagh
84/13/8.5				
91.4/13/8.5	9.49	Tristan Chambers	11-10-2017	Nenagh
Long Jump	5.93	Eric Stam	28-03-2009	Nenagh
High Jump	1.75	Fintan O'Shaughnessy	08-03-2011	Nenagh
Pole Vault		No performance yet		
Shot Putt (4 kg)	14.20	James French	06-04-2013	Athlone
(5kg)	8.16	Dylan Chambers	11-10-2017	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800m)	3703 (9.07 (809), 5.77 (768), 11.03 (571), 1.66 (749), 2.08.11 (806))	Diarmuid O'Connor	21-01-2017	Athlone

Schools Junior Pentathlon (60H, LJ, SP, 200, 800) hurdles: 84/12/ 8 shot: 4kg	3494 (8.95 (829), 5.72 (759), 13.22 (666), 25.60 (633), 2.25.15 (607))	Eric Stam	05-12-2009	Glasgow
Schools Inter Pentathlon (60H, LJ, SP, 200, 800) hurdles: 91.4/13/ 8.5 shot: 5kg	3027 (9.49 (741), 5.49 (716), 8.11 (427), 25.40 (650), 2.37.2 (493))	Tristan Chambers	11-10-2017	Nenagh
Boys Under 17				
60m	7.0	Darren Coughlan	04-01-1998	Nenagh
200m	23.3	Darren Coughlan	21-03-1998	Nenagh
800m	2.24.08	Eric Stam	12-12-2010	Nenagh
1000m	3.18.49	Tristan Chambers	20-01-2018	Athlone
1500m	4.36.79	Naoise O'Flaitheartaigh	21-02-2016	Nenagh
4x200 Relay	1.42.8	?	30-03-1997	Nenagh
1500m Walk		No performance yet		
60mH	9.09	Eric Stam	12-12-2010	Nenagh
91.4/13/8.5				
91.4/13.72/9.14	9.61	Tristan Chambers	20-01-2018	Athlone
Long Jump	6.35	Timothy Harrington	14-04-2007	Nenagh
Triple Jump		No performance yet		
High Jump	1.78	Eric Stam	12-12-2010	Nenagh
Pole Vault		No performance yet		
Shot Putt	13.56	Colin Kingston	31-03-2012	Nenagh
(5 kg)				
Pentathlon (60H, LJ, SP, HJ, 800m)	3146 (9.09 (726), 6.22 (635), 12.17 (617), 1.78 (610), 2.24.08 (558))	Eric Stam	12-12-2010	Nenagh
Pentathlon Youth (60H, LJ, SP, HJ, 1000m) Hurdles: 91.4/13.72/9.14 Shot: 5kg	2530 (9.61 (617), 5.44 (469), 7.84 (357), 1.76 (593), 3.18.49 (494))	Tristan Chambers	20-01-2018	Athlone

Boys Under 18				
60m	7.11	David McInerney	13-12-2017	Athlone
200m	23.0	Darren Coughlan	27-02-1999	Nenagh
400m	52.06	Scott Gibson	26-01-2014	Athlone
800m	2.12.15	Naoise O'Flaitheartaigh	26-02-2017	Nenagh
1500m	4.27.32	Ronan Duggan	25-02-2006	Nenagh
4x200 Relay	1.35.1	Ian Wholihan, Darren Coughlan, Simon Mackey,	21-03-1998	Nenagh
1500m Walk		No performance yet		
60mH	8.90	Eric Stam	26-02-2011	Nenagh
91.4/ 13.72/ 9.14				
Long Jump	6.65	Timothy Harrington	12-04-2008	Nenagh
Triple Jump	12.37	Timothy Harrington	01-03-2008	Nenagh
High Jump	1.72	Eric Stam	29-01-2011	Nenagh
Pole Vault	2.80	Eric Stam	30-01-2011	Nenagh
Shot Putt (5 kg)	13.24	Patrick McSweeney	27-03-2010	Nenagh
35 lbWeight for Distance	6.67	Patrick McSweeney	21-03-2010	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800m)	3144 (8.93 (761), 6.06 (600), 11.53 (578), 1.72 (560), 2.16.66 (645))	Eric Stam	29-01-2011	Nenagh
Schools Inter Pentathlon (60H, LJ, SP, 200, 800) Hurdles: 91.4/13/8.5 Shot: 5kg	3486 (8.79 (793), 6.28 (648), 13.09 * (673), 24.15 **(707), 2.15.00 (665))	Eric Stam	03-12-2011	Glasgow
Boys Under 19				
60m	7.03	Joe Gibson	12-03-2016	Athlone
200m	22.40	Darren Coughlan	26-03-2000	Nenagh
400m	49.23	Scott Gibson	22-03-2015	Athlone
800m	2.07.41	Ronan Duggan	24-02-2007	Nenagh
1500m	4.20.92	Ronan Duggan	24-02-2007	Nenagh
4x200 Relay	1.34.0	Darren O'Driscoll, Ronan Harris, Darren Coughlan,	01-04-1999	Nenagh
1500m Walk		No performance yet		
60mH	9.04	Shane Howard	03-03-2012	Nenagh
99/13.72/9.14				
Long Jump	6.77	Timothy Harrington	24-01-2009	Nenagh
Triple Jump	12.38	Eric Stam	04-03-2012	Nenagh
High Jump	1.72	Eric Stam	28-01-2012	Nenagh

Pole Vault	3.80	Davide Mazalli	26-01-2014	Athlone
Shot Putt (6kg)	13.21	Patrick Mc Sweeney	02-04-2011	Nenagh
35 lb Weight for Distance	7.61	Patrick McSweeney	15-01-2011	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800m)	3019 (9.31 (679), 6.25 (641), 10.59 (521), 1.72 (560), 2.18.90 (618))	Eric Stam	28-01-2012	Nenagh

Additional information and corrections are welcome.

Hand times and electronic times are compared as follows: 0.24 seconds added to hand times up to 400m and 0.14 seconds added for distances 400m and up. Identical results are listed in order of decreasing age.

For U11 - U12 age groups in Combined Events the following Scoring Tables are used: "Puntentelling voor Pupillen", Ed. 2007.

Score=INT((A/ Time)-B)	A	B
60m	15365.0	1058
800m *	216604.8	784.5
Score=INT(A*SQRT(Distance)-B)		
Long Jump	887.99	1264.5
For distances <= 4.41m use: Score=INT((Distance-1.91)*200+100.5)		
High Jump	1977.53	1698.5
For heights<=1.35m use: INT((distance-0.67)*733.33333+100.7)		
Shot Putt	303.7	337.5
Time in seconds (electronic); Distance in meters Scores to be rounded down to nearest whole number.		
* 800m taken from C/D tables and 100 points added		

For U13 -U16 age groups in Combined Events the following Scoring Tables are used: "Puntentelling voor Junioren C/D", Ed. 2007.

Score=INT((A/ Time)-B)	A	B	C
60H 76.2cm	14050	795.5	
60H 84cm	13820	714.5	
200m	4.99087	42.5	1.81
800m	216604.8	884.5	
Score=INT(A*SQRT(Distance)-B)			
Long Jump	887.99	1364.5	
For distances <= 4.41m use: Score=INT((Distance-1.91)*200+0.5)			
High Jump	1977.53	1798.5	
For heights<=1.35m use: INT((distance-0.67)*733.33333+0.7)			
Shot Putt	303.7	437.5	
Time in seconds (electronic); Distance in meters			

Scores to be rounded down to nearest whole number.

For Combined Events Boys U17 - U19, (Senior) Men's and Women's IAAF Scoring Tables are used, Ed. 2001.

Score=INT(A*(B-Time)**C)	A	B	C
60H	20.5173	15.5	1.9200
800m #	0.13279	235	1.85
1000m	0.08713	305.5	1.85
Score=INT(A*(Distance-B)**C)			
Long Jump	0.143540	220	1.40
High Jump	0.84650	75	1.420
Shot Putt	51.3900	1.5	1.05

Time in seconds (electronic); Distance in centimeters for jumps and in meters for throws
*=multiplied by; **=raised to the power of

Scores to be rounded down to nearest whole number.

Ireland uses 800m for Youth Indoors CE - senior indoor scoring table from IAUM is used.