

Bandon AC Juvenile Boys Indoor Club Records

Last updated: 5 February 2024

Event	Result	Holder	Date	Venue
Boys Under 9				
60m	10.82	Coen Crowley	08-02-2014	Nenagh
300m		<i>No performance yet</i>		
4x100 Relay		<i>No performance yet</i>		
Long Jump	3.15	Coen Crowley	08-02-2014	Nenagh
Boys Under 10				
60m	9.98	Cian Walsh	08-02-2014	Nenagh
500m	1.38.98	Eoghan Cassidy	08-02-2014	Nenagh
4x100 Relay		<i>No performance yet</i>		
Long Jump	3.50	Eoghan Cassidy	08-02-2014	Nenagh
Boys Under 11				
60m	9.53	Henri Obialor	18-01-2014	Nenagh
600m	1.56.90	Callum McCourt	08-02-2014	Nenagh
4x100 Relay	65.35	Promice Okafar,	26-02-2005	Nenagh
Long Jump	3.39	Eoghan Cassidy	04-01-2015	Nenagh
Shot Putt (2kg)	6.08	Henri Obialor	18-01-2014	Nenagh
Triathlon (60, LJ, SP)	1327 (9.53 (554), 3.22 (362), 6.08 (411))	Henri Obialor	18-01-2014	Nenagh
Boys Under 12				
60m	8.62	Great Okafar	19-03-2005	Nenagh
600m	1.54.77	Callum McCourt	08-03-2015	Nenagh
800m	2.48.10	Keelan Crowley	18-01-2014	Nenagh
4x100 Relay	61.23	Great Okafar, Mighty Okafar, Ronan Sheehan,	26-02-2005	Nenagh
Long Jump	4.42	Fintan O'Shaughnessy	24-02-2007	Nenagh
High Jump	1.26	Fintan O'Shaughnessy	24-02-2007	Nenagh
Shot Putt (2kg)	8.49	Coen Crowley	05-02-2017	Nenagh
Pentathlon (60, LJ, SP, HJ, 800m)	2369 (9.52 (535), 3.68 (454), 7.48 (493), 1.09 (408), 2.54.10 (459))	Mark Collins	18-01-2014	Nenagh
Boys Under 13				
60m	8.27	Great Okafar	25-03-2006	Nenagh
600m	1.51.46	Sipke O'Shaughnessy	26-02-2005	Nenagh
800m	2.48.20	Fionn Harrington	18-01-2014	Nenagh

4x100 Relay	57.30	<i>Great Okafar, Mighty Okafar, Ronan Sheehan, Jerry Crowley</i>	18-02-2006	Nenagh
4x200 Relay	2.03.36	<i>Shane Winters, Shane Nyhan, Shane Murphy, John Feheney, Olan Shannon</i>	04-03-2023	Nenagh
1000m Race Walk	6.32.47	Eoin O'Callaghan	24-02-2019	Nenagh
60mH	11.21	<i>Great Okafar</i>	25-02-2006	Nenagh
76.2/11/7.25				
Long Jump	4.69	<i>Promice Okafar</i>	23-02-2008	Nenagh
High Jump	1.34	<i>Fintan O'Shaughnessy</i>	23-02-2008	Nenagh
Shot Putt (2kg)	11.65	<i>Colin Kingston</i>	06-04-2008	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800m)	1558 (12.88 (295), 3.41 (300), 6.31 (325), 1.13 (338), 3.02.78 (300))	<i>Andrew O'Leary</i>	18-01-2014	Nenagh
		Boys Under 14		
60m	8.00	<i>Denis Coughlan</i>	18-03-1995	Nenagh
800m	2.19.6	<i>Donnagh Lucey</i>	21-03-1998	Nenagh
4x200 Relay	2.00.0	<i>Great Okafar, Patrick McSweeney, Mighty Okafar,</i>	25-02-2006	Nenagh
1000m Race Walk	6.22.85	<i>Eoin O'Callaghan</i>	15-02-2020	Nenagh
60mH	9.22	<i>Max Clover</i>	12-11-2022	Athlone
76.2/11.5/7.5				
Long Jump	5.14	<i>Max Clover</i>	25-10-2022	Nenagh
High Jump	1.48	<i>Fintan O'Shaughnessy</i>	18-01-2009	Nenagh
Shot Putt (2.72kg)	13.28	<i>Colin Kingston</i>	07-02-2009	Nenagh
(3 kg)	11.58	<i>Max Clover</i>	25-10-2022	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800m)	2555 (10.67 (521), 4.79 (578), 8.26 (435), 1.46 (590), 2.44.62 (431))	<i>Fintan O'Shaughnessy</i>	21-02-2009	Nenagh
Pentathlon Minor Schools (60H, LJ, SP, 200, 800) 76.2/11.5/7.5	3155 (9.26 (721), 5.14 (648), 11.58 (595), 26.40 (563), 2.23.38 (626))	<i>Max Clover</i>	25-10-2022	Nenagh
		Boys Under 15		

60m	7.6	Darren Coughlan	03-02-1996	Nenagh
200m	24.67	Diarmuid O'Connor	10-12-2016	Athlone
800m	2.08.47	Diarmuid O'Connor	10-12-2016	Athlone
4x200 Relay	1.53.1	Ronan Sheehan, Great Okafar,	01-03-2008	Nenagh
1000m Walk		No performance yet		
60mH	9.00	Diarmuid O'Connor	10-12-2016	Athlone
84/12/8				
Long Jump	5.87	Diarmuid O'Connor	10-12-2016	Athlone
High Jump	1.69	Max Clover	01-04-2023	Athlone
Pole Vault		No performance yet		
Shot Putt	12.39	Max Clover	01-04-2023	Athlone
(3 kg)				
Shot Putt	14.72	Colin Kingston	06-03-2010	Nenagh
(3.25kg)				
Shot Putt	11.78	Diarmuid O'Connor	10-12-2016	Athlone
Pentathlon (60H, LJ, SP (3kg), HJ, 800)	3209 (9.38 (758), 5.11 (642), 11.39 (587), 1.53 (647), 2.28.35 (575))	Max Clover	21-01-2023	Athlone
Junior Schools Pentathlon (60H, LJ, SP(4kg), 200, 800)	3658 (9.00 (821), 5.87 (786), 11.78 (604), 24.67 (646), 2.08.47 (801))	Diarmuid O'Connor	10-12-2016	Athlone
		Boys Under 16		
60m	7.49	Darren Coughlan	15-02-1997	Nenagh
200m	24.18	Darren Coughlan	15-02-1997	Nenagh
800m	2.07.54	Eoin O'Callaghan	26-11-2022	Glasgow, UK
1500m		No performance yet		
4x200 Relay	1.51.7	Colin Kingston, Scott Gibson, Joey Henchy,	26-02-2011	Nenagh
1500m Walk		No performance yet		
60mH	9.00	Eric Stam	28-03-2009	Nenagh
84/13/8.5				
84/12/8	8.95	Eric Stam	05-12-2009	Glasgow, UK
91.4/13/8.5	8.88	Eoin O'Callaghan	12-11-2022	Athlone
Long Jump	5.93	Eric Stam	28-03-2009	Nenagh
High Jump	1.75	Fintan O'Shaughnessy	08-03-2011	Nenagh
Pole Vault		No performance yet		
Shot Putt	14.20	James French	06-04-2013	Athlone
(4 kg)				
(5kg)	11.95	Eoin O'Callaghan	12-11-2022	Athlone

Pentathlon (60H, LJ, SP, HJ, 800m)	3703 (9.07 (809), 5.77 (768), 11.03 (571), 1.66 (749), 2.08.11 (806))	<i>Diarmuid O'Connor</i>	<i>21-01-2017</i>	<i>Athlone</i>
Schools Junior Pentathlon (60H, LJ, SP, 200, 800) hurdles: 84/12/ 8 shot: 4kg	3494 (8.95 (829), 5.72 (759), 13.22 (666), 25.60 (633), 2.25.15 (607))	<i>Eric Stam</i>	<i>05-12-2009</i>	<i>Glasgow, UK</i>
Schools Inter Pentathlon (60H, LJ, SP, 200, 800) hurdles: 91.4/13/ 8.5 *shot: 5kg	3726 (8.91 (836), 5.86 (785), 11.04 (571), 24.63 (721), 2.07.54 (813))	<i>Eoin O'Callaghan</i>	<i>26-11-2022</i>	<i>Glasgow, UK</i>
Boys Under 17				
60m	<i>7.0</i>	<i>Darren Coughlan</i>	<i>04-01-1998</i>	<i>Nenagh</i>
200m	<i>23.27</i>	<i>Diarmuid O'Connor</i>	<i>13-10-2018</i>	<i>Athlone</i>
800m	<i>2.02.98</i>	<i>Diarmuid O'Connor</i>	<i>13-10-2018</i>	<i>Athlone</i>
1000m	<i>2.59.21</i>	<i>Eoin O'Callaghan</i>	<i>22-01-2023</i>	<i>Athlone</i>
1500m	<i>4.36.79</i>	<i>Naoise O'Flaitheartaigh</i>	<i>21-02-2016</i>	<i>Nenagh</i>
4x200 Relay	<i>1.42.8</i>	<i>?</i>	<i>30-03-1997</i>	<i>Nenagh</i>
1500m Walk		<i>No performance yet</i>		
60mH	<i>8.39</i>	<i>Diarmuid O'Connor</i>	<i>03-11-2018</i>	<i>Glasgow, UK</i>
91.4/13/8.5	<i>8.39</i>	<i>Eoin O'Callaghan</i>	<i>02-12-2023</i>	<i>Cardiff, UK</i>
91.4/13.72/9.14	<i>8.61</i>	<i>Eoin O'Callaghan</i>	<i>22-01-2023</i>	<i>Athlone</i>
Long Jump	<i>6.56</i>	<i>Diarmuid O'Connor</i>	<i>03-11-2018</i>	<i>Glasgow, UK</i>
Triple Jump		<i>No performance yet</i>		
High Jump	<i>1.78</i>	<i>Eric Stam</i>	<i>12-12-2010</i>	<i>Nenagh</i>
	<i>1.78</i>	<i>Tristan Chambers</i>	<i>07-04-2018</i>	<i>Athlone</i>
Pole Vault	<i>3.00</i>	<i>Eoin O'Callaghan</i>	<i>01-04-2023</i>	<i>Athlone</i>
Shot Putt (5 kg)	<i>13.56</i>	<i>Colin Kingston</i>	<i>31-03-2012</i>	<i>Nenagh</i>

Youth Heptathlon (60, LJ, HJ, SP (5kg), 60H (91.4/13.72/9.14), PV, 1000m)	4075 (7.72 (643), 5.73 (529), 1.73 (569), 10.93 (542), 8.61 (834), 2.70 (286), 2.59.21 (672))	Eoin O'Callaghan	21/22-01-2023	Athlone
Pentathlon (60H, LJ, SP, HJ, 800m) Hurdles: 91.4/13/ 8.5	3146 (9.09 (726), 6.22 (635), 12.17 (617), 1.78 (610), 2.24.08 (558))	Eric Stam	12-12-2010	Nenagh
Pentathlon Youth (60H, LJ, SP, HJ, 1000m) Hurdles: 91.4/13.72/9.14	2530 (9.61 (617), 5.44 (469), 7.84 (357), 1.76 (593), 3.18.49 (494))	Tristan Chambers	20-01-2018	Athlone
Schools Inter Pentathlon (60H,LJ, SP, 200, 800) Hurdles: 91.4/13/ 8.5	3626 (8.39 (886), 6.27 (646), 11.60 (582), 23.61 (728), 2.05.73 (784))	Eoin O'Callaghan	02-12-2023	Cardiff, UK
Boys Under 18				
60m	7.11	David McInerney	13-12-2017	Athlone
200m	23.0	Darren Coughlan	27-02-1999	Nenagh
400m	52.06	Scott Gibson	26-01-2014	Athlone
600m	1.40.41	Ruairi Falvey	03-03-2020	Nenagh
800m	2.12.15	Naoise O'Flaitheartaigh	26-02-2017	Nenagh
1000m	2.47.46	Eoin O'Callaghan	28-01-2024	Abbotstown, Dublin
1500m	4.27.32	Ronan Duggan	25-02-2006	Nenagh
1500m Walk		No performance yet		
60mH 91.4/13.72/9.14	8.32	Eoin O'Callaghan	28-01-2024	Abbotstown, Dublin
Long Jump	6.65	Timothy Harrington	12-04-2008	Nenagh
Triple Jump	12.37	Timothy Harrington	01-03-2008	Nenagh
High Jump	1.85	Eoin O'Callaghan	05-02-2024	Nenagh
Pole Vault	3.10	Eoin O'Callaghan	05-02-2024	Nenagh
Shot Putt (5 kg)	13.24	Patrick McSweeney	27-03-2010	Nenagh
(6kg)	9.33	Tristan Chambers	22-10-2019	Nenagh

35 lb Weight for Distance	6.67	Patrick McSweeney	21-03-2010	Nenagh
Heptathlon (60, LJ, SP(5kg), HJ, 60H (91.4/13.72/9.14), PV, 1000m)	4602 (7.46 (726), 5.98 (582), 12.83 (657), 1.75 (585), 8.32 (903), 3.00 (357), 2.47.46 (792))	Eoin O'Callaghan	27/28-01-2024	Abbotstown, Dublin
Pentathlon (60H, LJ, SP, HJ, 1000m)	3592 (8.37 (891), 6.27 (646), 12.47 (636), 1.81 (636), 2.48.27 (784))	Diarmuid O'Connor	19-01-2019	Athlone
Schools Inter Pentathlon (60H, LJ, SP, 200, 800) hurdles: 91.4/13/ 8.5 - shot: 5kg	3486 (8.79 (793), 6.28 (648), 13.09 (673), 24.15 (707), 2.15.00 (665))	Eric Stam	03-12-2011	Glasgow
Schools Senior Pentathlon (60H, LJ, SP, 200, 800) hurdles: 99.0/13.72/9.14 shot: 6kg	2543 (9.59 (621), 5.15 (411), 9.06 (429), 25.33 (578), 2.28.93 (504))	Tristan Chambers	09-11-2019	Athlone
Boys Under 19				
60m	7.03	Joe Gibson	12-03-2016	Athlone
200m	22.40	Darren Coughlan	26-03-2000	Nenagh
400m	49.23	Scott Gibson	22-03-2015	Athlone
800m	2.07.41	Ronan Duggan	24-02-2007	Nenagh
1500m	4.20.92	Ronan Duggan	24-02-2007	Nenagh
1000m	2.43.52	Diarmuid O'Connor	23-02-2020	Abbotstown, Dublin
4x200 Relay	1.34.0	Darren O'Driscoll, Ronan Harris, Darren Coughlan,	01-04-1999	Nenagh
1500m Walk		No performance yet		
60mH 99/13.72/9.14	8.36	Diarmuid O'Connor	05-01-2020	Nenagh
Long Jump	6.77	Timothy Harrington	24-01-2009	Nenagh
Triple Jump	12.38	Eric Stam	04-03-2012	Nenagh
High Jump	1.95	Diarmuid O'Connor	05-01-2020	Nenagh

Pole Vault	3.80	<i>Davide Mazalli</i>	<i>26-01-2014</i>	<i>Athlone</i>
Shot Putt (6 kg)	13.21	<i>Patrick Mc Sweeney</i>	<i>02-04-2011</i>	<i>Nenagh</i>
35 lb Weight for Distance	7.61	<i>Patrick McSweeney</i>	<i>15-01-2011</i>	<i>Nenagh</i>
Heptathlon (60, LJ, SP, HJ, 60H, PV, 1000m)	4881 (7.37 (755), 6.54 (707), 12.88 (660), 1.90 (714), 8.74 (804), 3.20 (406), 2.43.52 (835))	<i>Diarmuid O'Connor</i>	<i>22/23-02-2020</i>	<i>Abbotstown, Dublin</i>
Pentathlon (60H, LJ, SP, HJ, 800m)	3019 (9.31 (679), 6.25 (641), 10.59 (521), 1.72 (560), 2.18.90 (618))	<i>Eric Stam</i>	<i>28-01-2012</i>	<i>Nenagh</i>

Hand times and electronic times are compared as follows: 0.24 seconds added to hand times up to 400m and 0.14 seconds added for distances 400m and up. Identical results are listed in order of decreasing age.