

Bandon AC Juvenile Girls Indoor Club Records

Last updated 26 February 2018

Event	Result	Athlete	Date	Venue
Girls Under 9				
60m	10.65	Maia McCourt	08-02-2014	Nenagh
300m	1.02.78	Maia McCourt	08-02-2014	Nenagh
4x100 Relay		No performance yet		
Long Jump	2.86	Maia McCourt	08-02-2014	Nenagh
Girls Under 10				
60m	9.65	Laura Sheehy	08-03-2015	Nenagh
500m	1.53.73	Clodagh Barry	04-02-2017	Nenagh
4x100 Relay		No performance yet		
Long Jump	3.15	Maia McCourt	08-03-2015	Nenagh
Girls Under 11				
60m	9.27	Lucy Calnan	08-02-2014	Nenagh
600m	2.08.71	Aoife Callan	04-02-2017	Nenagh
4x100 Relay		No performance yet		
Long Jump	3.56	Lucy Calnan	08-02-2014	Nenagh
Shot putt (2 kg)	5.43	Aoife Callan	04-02-2017	Nenagh
Triathlon (60, SP, LJ)	1185 (9.63 (537), 4.30 (292), 3.19 (356))	Lucy Calnan	18-01-2014	Nenagh
Quadrathlon (60, SP, LJ, 600)	1447 (9.65 (534), 3.88 (260), 3.19 (356), 2.22.69 (297))	Maia McCourt	03-01-2016	Nenagh
Girls Under 12				
60m	9.04	Laura Sheehy	05-02-2017	Nenagh
600m	1.52.72	Amy McCarthy	01-04-2017	Athlone
800m	3.11.05	Cora Ni Challchoir	09-03-2013	Nenagh
4x100 Relay	1.03.22	Claire Sexton, Sinead Mulcahy,	14-04-2007	Nenagh
Long Jump	3.95	Lucy Calnan	08-03-2015	Nenagh
High Jump	1.05	Kerin Chatterton	24-02-2007	Nenagh
Shot Putt (2kg)	7.85	Laura McSweeney	25-03-2006	Nenagh

Pentathlon (60, LJ, SP, HJ, 800)	2019 (9.33 (588), 3.38 (394), 5.32 (362), 1.02 (357), 3:16.44 (318))	Ellie O'Donovan	09-03-2013	Nenagh
Girls Under 13				
60m	8.85	Stacey Komalafe	08-02-2014	Nenagh
600m	1.55.94	Jane Buckley	01-03-2015	Nenagh
800m	2.45.89	Aisling Cassidy	16-10-2013	Nenagh
4x100 Relay	58.14	Alexandra Good, Maia McCourt, Victoria Good, Laura Sheehy	21-01-2018	Nenagh
60mH	10.73	Ciara Mc Keon	26-02-2012	Nenagh
68.6/11/7.25				
Long Jump	4.35	Tracey Bradfield	26-02-2005	Nenagh
	4.35	Aisling Cassidy	10-02-2013	Nenagh
High Jump	1.31	Aisling Cassidy	09-03-2013	Nenagh
Shot Putt (2kg)	11.48	Tracey Bradfield	19-03-2005	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800)	1989 (11.16 (463), 4.14 (446), 6.01 (307), 1.31 (470), 3.02.35 (303))	Aisling Cassidy	09-03-2013	Nenagh
Girls Under 14				
60m	8.34	Kate Bernard	24-03-2012	Nenagh
600m	1.54.3	Eva Stack	06-03-2012	Nenagh
800m	2.24.70	Jane Buckley	13-03-2016	Athlone
4x200 Relay	1.55.73	Ellie O'Donovan, Jane Buttimer, Leah Woods, Sarah O'Connor	21-03-2013	Athlone
1000m Walk		No performance yet		
60mH	9.54	Aisling Cassidy	23-03-2014	Athlone
68.6/11.5/7.5				
76.2/11.5/7.5	9.96	Aisling Cassidy	05-11-2014	Nenagh
Long Jump	4.61	Toni Chatterton	24-03-2007	Nenagh
High Jump	1.44	Moira Barrett	09-03-2013	Nenagh
Shot Putt (2 kg)	11.72	Tracey Bradfield	25-02-2006	Nenagh
(2.72kg)	7.86	Moira Barrett	16-10-2013	Nenagh

Pentathlon (60H, LJ, SP, HJ, 800) Shot: 2kg	2492 (9.96 (615)), 4.44 (506), 7.51 (394), 1.40 (541), 2.44.00 (436))	Aisling Cassidy (hurdles 76.2cm instead of 68.6cm & shot 2.72kg)	05-11-2014	Nenagh
Girls Under 15				
60m	8.04	Joan Healy	04-02-2006	Glasgow
200m	26.81	Joan Healy	04-02-2006	Glasgow
800m	2.27.75	Jane Buckley	25-02-2017	Nenagh
1200m	3.57.0	Jane Buckley	07-03-2017	Nenagh
4x200 Relay	1.56.44	Meabh O'Donovan, Leah Woods, Ella Stack, Aisling Cassidy	07-02-2015	Nenagh
1000m Walk	5.07.69	Olivia Tuthill	12-03-2016	Athlone
60mH 76.2/12/8	10.06	Aisling Cassidy	17-01-2015	Athlone
76.2/11.5/7.5	9.42	Aisling Cassidy	07-11-2015	Athlone
Long Jump	4.78	Aisling Cassidy	07-11-2015	Athlone
High Jump	1.55	Aisling Cassidy	07-11-2015	Athlone
Pole Vaulting	2.40	Aisling Cassidy	21-03-2015	Athlone
Shot Putt (2.72kg)	11.87	Laura McSweeney	28-03-2009	Nenagh
(3.25kg)	6.23	Carla Hicks	16-10-2013	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800) Hurdles 76.2/12/8; Shot 2.72kg	2524 (10.06 (601), 4.42 (502), 7.40 (388), 1.41 (549), 2.38.17 (484))	Aisling Cassidy	17-01-2015	Athlone
Jun. Schools CE (76.2/11.5/7.5 hurdles)	2928 (9.42 (696), 4.78 (574), 8.73 (459), 1.55 (663), 2.34.83 (514))	Aisling Cassidy	07-11-2015	Athlone
Girls Under 16				
60m	7.89	Joan Healy	17-02-2007	Glasgow
200m	25.58	Joan Healy	25-02-2007	Birmingham
800m	2.29.8	Laura Nicholson	14-10-2015	Nenagh
1500m	5.08.60	Jane Buckley	25-02-2018	Nenagh
4x200 Relay	1.58.39	Ciara McKeon, Aoife Buckley, Ella Stack, Moira Barrett	07-02-2015	Nenagh
1500m Walk	7.13.53	Olivia Tuthill	25-02-2017	Nenagh

60mH 76.2/12/8	9.71	Aisling Cassidy	02-01-2016	Nenagh
76.2/11.5/7.5	9.59	Ciara McKeon	14-10-2015	Nenagh
Long Jump	5.27	Ella Nicholson	23-02-2013	Nenagh
High Jump	1.60	Laura Nicholson	21-03-2015	Athlone
Pole Vaulting	2.65	Aisling Cassidy	24-01-2016	Nenagh
Shot Putt (3kg)	8.81	Ella Stack	20-02-2016	Nenagh
(4kg)	10.45	Laura McSweeney	21-02-2010	Cardiff
Before 2014 (3.25kg)	11.43	Erin Kingston	23-02-2013	Nenagh
(2.72kg)	9.87	Ciara McKeon	07-11-2015	Athlone
Pentathlon (60H, LJ, SP, HJ, 800m) hurdles: 76.2/12/8; shot: 3kg	2841 (9.71 (651), 4.82 (585), 8.21 (432), 1.49 (615), 2.30.06 (558))	Aisling Cassidy	23-01-2016	Athlone
Jun. Schools CE (76.2/11.5/7.5 hurdles; 2.72kg shot)	2783 (9.59 (669), 4.77 (574), 9.60 (503), 1.54 (655), 2.50.9 (382))	Ciara McKeon	14-10-2015	Nenagh
Girls Under 17				
60m	7.70	Joan Healy	23-02-2008	Birmingham
200m	24.94	Joan Healy	24-02-2008	Birmingham
800m	2.28.66	Aoibhin O'Connor	12-11-2016	Athlone
1500m	5.00.51	Bella Sherlock	23-02-2013	Nenagh
4x200 Relay	1.52.06	Kate Bernard, Ciara McKeon, Eva Stack, Carla Hicks	21-03-2015	Athlone
1500m Walk	8.25.38	Olivia Tuthill	10-02-2018	Nenagh
60mH 76.2/13/8.5	9.24	Aisling Cassidy	01-04-2017	Athlone
Long Jump	4.88	Aoibhin O'Connor	12-11-2016	Athlone
High Jump	1.55	Aisling Cassidy	25-02-2017	Nenagh
Pole Vault	2.20	Ella Stack	04-02-2017	Abbotstown
Shot Putt (3kg)	12.27	Erin Kingston	22-03-2014	Athlone
Before 2014 (3.25kg)	12.47	Laura McSweeney	26-02-2011	Nenagh
(4kg)	10.44	Erin Kingston	26-01-2014	Athlone

Pentathlon (60H, LJ, SP, HJ, 800)	2903 (10.28 (661)), 4.88 (527), 9.10 (471), 1.42 (534), 2.28.66 (710))	Aoibhin O'Connor	12-11-2016	Athlone
Girls Under 18				
60m	7.74	Joan Healy	28-03-2009	Nenagh
200m	25.70	Joan Healy	24-01-2009	Nenagh
300m	43.1	Margaret Crowley	15-02-1997	Nenagh
400m	59.70	Aoibhin O'Connor	26-03-2017	Athlone
800m	2.23.4	Margaret Crowley	15-02-1997	Nenagh
1500m	4.49.37	Laura Nicholson	28-01-2017	Athlone
4x200 Relay	1.53.8	Margaret Crowley,	30-03-1997	Nenagh
1500m Walk		No performance yet		
60mH 76.2/13/8.5	12.47	Emily Palmer	09-03-2013	Nenagh
Long Jump	5.06	Aoibhin O'Connor	08-01-2017	Nenagh
Triple Jump	9.27	Aoibhin O'Connor	28-01-2017	Athlone
High Jump	1.50	Laura Nicholson	28-01-2017	Athlone
Pole Vault		No performance yet		
Shot Putt (3kg)	9.64	Fiona Duggan	23-03-2013	Athlone
Before 2013 (4kg)	11.59	Laura McSweeney	03-03-2012	Nenagh
Pentathlon (60H, LJ, SP, HJ, 800)	1292 (12.47 (320), 3.43 (186), 4.74 (192), 1.32 (429), 3.25.39 (165))	Emily Palmer	09-03-2013	Nenagh
Girls Under 19				
60m	7.57	Joan Healy	06-02-2010	Belfast
200m	25.76	Phil Healy	22-01-2012	Nenagh
400m	60.7	Margaret Crowley	21-03-1998	Nenagh
800m	2.21.04	Margaret Crowley	25-01-1998	Nenagh
1500m		No performance yet		
3000m	9.38.48	Laura Nicholson	04-02-2018	Abotstown
4x200 Relay	1.51.2	Margaret Crowley,	21-03-1998	Nenagh
1500m Walk		No performance yet		
60mH 84/13/8.5	9.90	Roisin Howard	06-01-2008	Nenagh
Long Jump	5.19	Roisin Howard	19-01-2008	Nenagh
Triple Jump	9.71	Amy Crowley	01-04-2017	Athlone
High Jump	1.53	Roisin Howard	19-01-2008	Nenagh
Pole Vault		No performance yet		

Shot Putt (4kg)	11.88	Laura McSweeney	23-03-2013	Athlone
Pentathlon (60H, LJ, SP, HJ, 800)	2634 (9.90 (731), 4.85 (519), 9.31 (484), 1.47 (588), 3.05.9 (312))	Roisin Howard	06-01-2008	Nenagh

Additional information and corrections are welcome.

Hand times and electronic times are compared as follows: 0.24 seconds added to hand times up to 400m and 0.14 seconds added for distances 400m and up.

Identical results are listed in order of decreasing age.

For U11 -U12 age groups in Combined Events the following Scoring Tables are used: "Puntentelling voor Junioren C/D en Pupillen", Ed. 2007.

Score=INT((A/ Time)-B)	A	B
60m	15365.0	1058
600m	160470.5	811.35
800m *	216604.8	784.5
Score=INT(A*SQRT(Distance)-B)		
Long Jump	887.99	1264.5
For distances <= 4.41m use: Score=INT((Distance-1.91)*200+100.5)		
High Jump	1977.53	1698.5
For heights<=1.35m use: INT((distance-0.67)*733.33333+100.7)		
Shot Putt	303.7	337.5
Time in seconds (electronic); Distance in meters Scores to be rounded down to nearest whole number.		

* 800m taken from C/D tables and 100 points added

For U13 -U16 age groups in Combined Events the following Scoring Tables are used: "Puntentelling voor Junioren C/D en Pupillen", Ed. 2007.

U13/U14 girls use the 76.2 cm 60H table (while their actual hurdle height is 68 cm).

Score=INT((A/ Time)-B)	A	B
60H 76.2cm	14050	795.5
60H 84cm	13820	714.5
800m	216604.8	884.5
Score=INT(A*SQRT(Distance)-B)		
Long Jump	887.99	1364.5
For distances <= 4.41m use: Score=INT((Distance-1.91)*200+0.5)		
High Jump	1977.53	1798.5
For heights<=1.35m use: INT((distance-0.67)*733.33333+0.7)		
Shot Putt	303.7	437.5
Time in seconds (electronic); Distance in meters Scores to be rounded down to nearest whole number.		

For Combined Events Girls U17 - U19, (Senior) Men's and Women's IAAF Scoring Tables

are used, Ed. 2001.

Score=INT(A*(B-Time)**C)	A	B	C
60H	20.0479	17	1.835
800m	0.11193	254	1.88
Score=INT(A*(Distance-B)**C)			
Long Jump	0.188807	210	1.41
High Jump	1.84523	75	1.348
Shot Putt	56.0211	1.5	1.05

Time in seconds (electronic); Distance in centimeters for jumps and in meters for throws

*=multiplied by; **=raised to the power of

Scores to be rounded down to nearest whole number.