

Bandon AC Masters Women Indoor Rankings

Last updated 24 January 2018

Event	Result	Athlete	Date	Venue
M1: 35-40				
60m	8.3	<i>Liz McCarthy Coomey</i>	<i>06-01-2008</i>	<i>Nenagh</i>
	9.0	Ann Kelly McCarthy	04-01-2003	Nenagh
200m	30.12	<i>Liz McCarthy Coomey</i>	<i>31-01-2004</i>	<i>Nenagh</i>
	30.50	Ann Kelly McCarthy	01-02-2003	Nenagh
400m	70.62	<i>Colette Hurley Tuthill</i>	<i>20-01-2007</i>	<i>Nenagh</i>
	74.5	Ann Kelly McCarthy	01-02-2003	Nenagh
800m	2.37.02	<i>Carmel Crowley</i>	<i>31-01-2004</i>	<i>Nenagh</i>
	3.01.8	Ann Kelly McCarthy	04-01-2003	Nenagh
	3.26.8	Liz McCarthy Coomey	27-01-2007	Nenagh
1500m	5.12.66	<i>Carmel Crowley</i>	<i>31-01-2004</i>	<i>Nenagh</i>
	6.13.28	Ann Kelly McCarthy	01-02-2003	Nenagh
	6.41.22	Colette Hurley Tuthill	20-01-2007	Nenagh
3000m	10.45.0	<i>Carmel Crowley</i>	<i>03-01-2004</i>	<i>Nenagh</i>
5000m		<i>No performance</i>		
3000m Race Walk	16.49.15	<i>Colette Hurley Tuthill</i>	<i>20-01-2007</i>	<i>Nenagh</i>
4x200 Relay		<i>No performance</i>		
60mH	11.90	<i>Liz McCarthy Coomey</i>	<i>27-01-2007</i>	<i>Nenagh</i>
	83.8/13/8.5			
Long Jump	4.40	<i>Liz McCarthy Coomey</i>	<i>27-01-2007</i>	<i>Nenagh</i>
High Jump	1.41	<i>Liz McCarthy Coomey</i>	<i>27-01-2007</i>	<i>Nenagh</i>
Pole Vaulting		<i>No performance</i>		
Shot Putt (4kg)	9.77	<i>Liz McCarthy Coomey</i>	<i>16-02-2008</i>	<i>Nenagh</i>

Pentathlon (60H, LJ, SP, HJ, 800)	1926 (11.9 (398), 4.40 (403), 8.70 (445), 1.41 (523), 3.26.8 (157))	Liz McCarthy Coomey	20-01-2007	Nenagh
		M2: 40-45		
60m	8.99	Liz McCarthy Coomey	11-01-2009	Nenagh
	9.50	Ann Kelly McCarthy	06-01-2008	Nenagh
	10.37	Geraldine Lovell	08-02-2009	Nenagh
200m	32.0	Ann Kelly McCarthy	06-01-2008	Nenagh
	32.3	Liz McCarthy Coomey	11-01-2009	Nenagh
	36.9	Geraldine Lovell	08-02-2009	Nenagh
400m		<i>No performance</i>		
800m	3.07.48	Ann Kelly McCarthy	16-02-2008	Nenagh
	3.20.6	Kate Coveney	06-01-2008	Nenagh
	4.54.94	Liz McCarthy Coomey	23-01-2011	Nenagh
1500m	6.33.83	Ann Kelly McCarthy	16-02-2008	Nenagh
3000m		<i>No performance</i>		
5000m		<i>No performance</i>		
3000m Race Walk		<i>No performance</i>		
4x200 Relay		<i>No performance</i>		
60mH	12.26	Liz McCarthy Coomey	23-01-2010	Nenagh
76.2/12/8				
Long Jump	4.39	Liz McCarthy Coomey	08-02-2009	Nenagh
	3.90	Ann Kelly McCarthy	06-01-2008	Nenagh
High Jump	1.37	Liz McCarthy Coomey	08-02-2009	Nenagh
Pole Vaulting		<i>No performance</i>		
Shot Putt (4kg)	9.92	Liz McCarthy Coomey	23-01-2010	Nenagh
	9.37	Priscilla O'Sullivan	08-02-2009	Nenagh
	5.88	Kate Coveney	06-01-2008	Nenagh

Pentathlon (60H, LJ, SP, HJ, 800)	1680 (12.26 (348), 4.13 (338), 9.92 (524), 1.36 (470), 4.54.94 (0))	Liz McCarthy Coomey	24-01-2010	Nenagh
		M3: 45-50		
60m	9.57	Liz McCarthy Coomey	15-01-2017	Nenagh
	11.51	Kathleen Hayes	08-01-2012	Nenagh
200m	36.82	Kate Coveney	16-02-2008	Nenagh
400m		<i>No performance</i>		
800m		<i>No performance</i>		
1500m	6.41.08	Kate Coveney	16-02-2008	Nenagh
3000m		<i>No performance</i>		
5000m		<i>No performance</i>		
3000m Race Walk		<i>No performance</i>		
4x200 Relay		<i>No performance</i>		
60mH	12.00	Liz McCarthy Coomey	05-03-2017	Athlone
76.2/12/8				
Long Jump	3.93	Liz McCarthy Coomey	15-01-2017	Nenagh
	2.85	Kathleen Hayes	08-01-2012	Nenagh
	2.30	Kate Coveney	16-02-2008	Nenagh
High Jump	1.35	Liz McCarthy Coomey	15-01-2017	Nenagh
Pole Vaulting		<i>No performance</i>		
Shot Putt (4kg)	8.94	Kathleen Hayes	08-01-2012	Nenagh
	7.91	Liz McCarthy Coomey	15-01-2017	Nenagh
	5.71	Kate Coveney	16-02-2008	Nenagh

Pentathlon (60H, LJ, SP, HJ, 800)		<i>No performance</i>		
		M4: 50-55		
60m	<i>11.51</i>	<i>Kathleen Hayes</i>	<i>08-01-2012</i>	<i>Nenagh</i>
200m		<i>No performance</i>		
400m		<i>No performance</i>		
800m		<i>No performance</i>		
1500m		<i>No performance</i>		
3000m	<i>13.17.63</i>	<i>Eileen Daniels</i>	<i>06-01-2001</i>	<i>Nenagh</i>
5000m		<i>No performance</i>		
3000m Race Walk		<i>No performance</i>		
4x200 Relay		<i>No performance</i>		
60mH		<i>No performance</i>		
Long Jump	<i>2.77</i>	<i>Kathleen Hayes</i>	<i>09-02-2013</i>	<i>Athlone</i>
High Jump	<i>0.80</i>	<i>Kathleen Hayes</i>	<i>06-01-2013</i>	<i>Nenagh</i>
Pole Vaulting		<i>No performance</i>		
Shot Putt (3kg)	<i>6.73</i>	<i>Kathleen Hayes</i>	<i>15-01-2012</i>	<i>Athlone</i>
Pentathlon (60H, LJ, SP, HJ, 800)		<i>No performance</i>		

Additional information and corrections are welcome - frankstam3@gmail.com

Hand times and electronic times are compared as follows: 0.24 seconds added to hand times up to 400m and 0.14 seconds added for distances 400m and up. Identical results are listed in order of decreasing age.

For Combined Events Senior Women's IAAF Scoring Tables are used (ed. 2001)

Score=INT(A*(B-Time)**C)	A	B	C
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60H		20.0479	17.00	1.835
800m		0.11193	254.00	1.88
Score=INT(A*(Distance-B)**C)				
Long Jump		0.188807	210.00	1.41
High Jump		1.84523	75.00	1.348
Shot Putt		56.0211	1.50	1.05

Time in seconds (electronic); Distance in centimeters for jumps and in meters for throws
 *=multiplied by; **=raised to the power of
 Scores to be rounded down to nearest whole number.