

Bandon AC Masters Women Indoor Rankings

Last updated 15 January 2024

Event	Result	Athlete	Date	Venue
M1: 35-40				
60m	8.3	<i>Liz McCarthy-Coomey</i>	<i>06-01-2008</i>	<i>Nenagh</i>
	9.0	Ann Kelly McCarthy	04-01-2003	Nenagh
200m	30.12	<i>Liz McCarthy-Coomey</i>	<i>31-01-2004</i>	<i>Nenagh</i>
	30.50	Ann Kelly McCarthy	01-02-2003	Nenagh
400m	70.62	<i>Colette Hurley Tuthill</i>	<i>20-01-2007</i>	<i>Nenagh</i>
	74.5	Ann Kelly McCarthy	01-02-2003	Nenagh
800m	2.37.02	<i>Carmel Crowley</i>	<i>31-01-2004</i>	<i>Nenagh</i>
	3.01.8	Ann Kelly McCarthy	04-01-2003	Nenagh
	3.26.8	Liz McCarthy-Coomey	27-01-2007	Nenagh
1500m	5.12.66	<i>Carmel Crowley</i>	<i>31-01-2004</i>	<i>Nenagh</i>
	6.13.28	Ann Kelly McCarthy	01-02-2003	Nenagh
	6.41.22	Colette Hurley Tuthill	20-01-2007	Nenagh
3000m	10.45.0	<i>Carmel Crowley</i>	<i>03-01-2004</i>	<i>Nenagh</i>
5000m		<i>No performance</i>		
3000m Race Walk	16.49.15	<i>Colette Hurley Tuthill</i>	<i>20-01-2007</i>	<i>Nenagh</i>
4x200 Relay		<i>No performance</i>		
60mH	11.90	<i>Liz McCarthy-Coomey</i>	<i>27-01-2007</i>	<i>Nenagh</i>
	83.8/13/8.5			
Long Jump	4.40	<i>Liz McCarthy-Coomey</i>	<i>27-01-2007</i>	<i>Nenagh</i>
High Jump	1.41	<i>Liz McCarthy-Coomey</i>	<i>27-01-2007</i>	<i>Nenagh</i>
Pole Vaulting		<i>No performance</i>		
Shot Putt (4kg)	9.77	<i>Liz McCarthy-Coomey</i>	<i>16-02-2008</i>	<i>Nenagh</i>

Pentathlon (60H, LJ, SP, HJ, 800)	1926 (11.9 (398), 4.40 (403), 8.70 (445), 1.41 (523), 3.26.8 (157))	Liz McCarthy-Coomey	20-01-2007	Nenagh
		M2: 40-45		
60m	8.99	Liz McCarthy-Coomey	11-01-2009	Nenagh
	9.50	Ann Kelly McCarthy	06-01-2008	Nenagh
	10.37	Geraldine Lovell	08-02-2009	Nenagh
200m	32.0	Ann Kelly McCarthy	06-01-2008	Nenagh
	32.3	Liz McCarthy-Coomey	11-01-2009	Nenagh
	36.9	Geraldine Lovell	08-02-2009	Nenagh
400m		No performance		
800m	3.07.48	Ann Kelly McCarthy	16-02-2008	Nenagh
	3.20.6	Kate Coveney	06-01-2008	Nenagh
	4.54.94	Liz McCarthy-Coomey	23-01-2011	Nenagh
1500m	6.33.83	Ann Kelly McCarthy	16-02-2008	Nenagh
3000m		No performance		
5000m		No performance		
3000m Race Walk		No performance		
4x200 Relay		No performance		
60mH	12.26	Liz McCarthy-Coomey	23-01-2010	Nenagh
0.762/12/8				
Long Jump	4.39	Liz McCarthy-Coomey	08-02-2009	Nenagh
	3.90	Ann Kelly McCarthy	06-01-2008	Nenagh
High Jump	1.37	Liz McCarthy-Coomey	08-02-2009	Nenagh
Pole Vaulting		No performance		
Shot Putt (4kg)	9.92	Liz McCarthy-Coomey	23-01-2010	Nenagh
	9.37	Priscilla O'Sullivan	08-02-2009	Nenagh
	5.88	Kate Coveney	06-01-2008	Nenagh

Pentathlon (60H, LJ, SP, HJ, 800)	1680 (12.26 (348), 4.13 (338), 9.92 (524), 1.36 (470), 4.54.94 (0))	Liz McCarthy-Coomey	24-01-2010	Nenagh
		M3: 45-50		
60m	9.57	Liz McCarthy-Coomey	15-01-2017	Nenagh
	11.51	Kathleen Hayes	08-01-2012	Nenagh
200m	36.82	Kate Coveney	16-02-2008	Nenagh
400m		No performance		
800m		No performance		
1500m	6.41.08	Kate Coveney	16-02-2008	Nenagh
3000m		No performance		
5000m		No performance		
3000m Race Walk		No performance		
4x200 Relay		No performance		
60mH	12.00	Liz McCarthy-Coomey	05-03-2017	Athlone
0.762/12/8				
Long Jump	3.93	Liz McCarthy-Coomey	15-01-2017	Nenagh
	2.85	Kathleen Hayes	08-01-2012	Nenagh
	2.30	Kate Coveney	16-02-2008	Nenagh
High Jump	1.35	Liz McCarthy-Coomey	15-01-2017	Nenagh
Pole Vaulting		No performance		
Shot Putt (4kg)	8.94	Kathleen Hayes	08-01-2012	Nenagh
	7.91	Liz McCarthy-Coomey	15-01-2017	Nenagh
	5.71	Kate Coveney	16-02-2008	Nenagh

Pentathlon (60H, LJ, SP, HJ, 800)		<i>No performance</i>		
		M4: 50-55		
60m	<i>11.51</i>	<i>Kathleen Hayes</i>	<i>08-01-2012</i>	<i>Nenagh</i>
200m		<i>No performance</i>		
400m		<i>No performance</i>		
800m		<i>No performance</i>		
1500m		<i>No performance</i>		
3000m	<i>13.17.63</i>	<i>Eileen Daniels</i>	<i>06-01-2001</i>	<i>Nenagh</i>
5000m		<i>No performance</i>		
3000m Race Walk		<i>No performance</i>		
4x200 Relay		<i>No performance</i>		
60mH	<i>12.01</i>	<i>Liz McCarthy-Coomey</i>	<i>10-02-2019</i>	<i>Nenagh</i>
0.762/12/7				
Long Jump	<i>3.90</i>	<i>Liz McCarthy-Coomey</i>	<i>15-02-2020</i>	<i>Nenagh</i>
	2.77	Kathleen Hayes	09-02-2013	Athlone
High Jump	<i>1.35</i>	<i>Liz McCarthy-Coomey</i>	<i>10-02-2019</i>	<i>Nenagh</i>
	0.80	Kathleen Hayes	06-01-2013	Nenagh
Pole Vaulting		<i>No performance</i>		
Shot Putt (3kg)	<i>8.94</i>	<i>Liz McCarthy-Coomey</i>	<i>06-02-2022</i>	<i>Nenagh</i>
	6.73	Kathleen Hayes	15-01-2012	Athlone
Weight for Distance (28 lbs)	<i>6.21</i>	<i>Liz McCarthy-Coomey</i>	<i>10-02-2019</i>	<i>Nenagh</i>
Pentathlon (60H, LJ, SP, HJ, 800)		<i>No performance</i>		

		M5: 55-60		
60m		<i>No performance</i>		
200m		<i>No performance</i>		
400m		<i>No performance</i>		
800m		<i>No performance</i>		
1500m		<i>No performance</i>		
3000m		<i>No performance</i>		
5000m		<i>No performance</i>		
3000m Race Walk		<i>No performance</i>		
4x200 Relay		<i>No performance</i>		
60mH		<i>No performance</i>		
Long Jump		<i>No performance</i>		
High Jump		<i>No performance</i>		
Pole Vaulting		<i>No performance</i>		
Shot Putt (3kg)		<i>No performance</i>		
Weight for Distance (20 lbs)		<i>No performance</i>		
Pentathlon (60H, LJ, SP, HJ, 800)		<i>No performance</i>		
		M6: 60-65		
60m		<i>No performance</i>		
200m		<i>No performance</i>		
400m		<i>No performance</i>		

800m		<i>No performance</i>		
1500m		<i>No performance</i>		
3000m		<i>No performance</i>		
5000m		<i>No performance</i>		
3000m Race Walk		<i>No performance</i>		
4x200 Relay		<i>No performance</i>		
60mH		<i>No performance</i>		
Long Jump		<i>No performance</i>		
High Jump		<i>No performance</i>		
Pole Vaulting		<i>No performance</i>		
Shot Putt (3kg)		<i>No performance</i>		
Weight for Distance (20 lbs)		<i>No performance</i>		
Pentathlon (60H, LJ, SP, HJ, 800)		<i>No performance</i>		

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Hand times and electronic times are compared as follows: 0.24 seconds added to hand times up to 400m and 0.14 seconds added for distances 400m and up. Identical results are listed in order of decreasing age.