

Bandon AC U23 Men Indoor Club Records

Last updated 27 February 2018

Event	Result	Holder	Date	Venue
60m	7.18	Joey Henchy	28-01-2018	Athlone
200m	22.88	Scott Gibson	28-01-2018	Athlone
400m		No performance yet		
800m	1.57.70	Ronan Duggan	07-02-2010	Belfast
1500m	4.05.07	Mark O'Sullivan	01-02-2013	Athlone
3000m	8.37.31	Mark O'Sullivan	22-02-2015	Athlone
4x200m Relay		No performance yet		
60mH (107/13.72/9.14)		No performance yet		
Long Jump	7.27	Shane Howard	16-01-2016	Boston, USA
Triple Jump	13.44	Promice Okafar	31-01-2016	Athlone
High Jump		No performance yet		
Pole Vault		No performance yet		
Shot Putt (7.25 kg)	13.00	Patrick McSweeney	01-02-2013	Athlone
35 lb Weight for Distance	8.52	Patrick McSweeney	10-02-2013	Athlone
Heptathlon (60, LJ, SP, HJ, 60H, PV, 1000)		No performance yet		

Additional information and corrections are welcome.

Hand times and electronic times are compared as follows: 0.24 seconds

added to hand times up to 400m and 0.14 seconds added for distances 400m and up.

Identical results are listed in order of decreasing age.

For Combined Events Senior Men's IAAF Scoring Tables (ed. 2001) are used.