

# Bandon AC U23 Men Indoor Club Records 2024

Last updated 11 February 2024

Event	Result	Holder	Date	Venue
60m	6.96	Joe Gibson	27-01-2019	Athlone
200m	22.88	Scott Gibson	28-01-2018	Athlone
400m		<i>No performance yet</i>		
800m	1.55.99	Ronan Duggan	19-02-2011	Belfast
1000m	3.19.72	Tristan Chambers	29-01-2022	Athlone
1500m	3.58.00	Gavin Kenny	10-02-2024	Abbotstown, Dublin
1 Mile	4.22.38	Fionn Harrington	29-01-2022	Lubbock, Texas, USA
Oversized track	4.09.76	Fionn Harrington	20-01-2024	Notre Dame, IN, USA
3000m	8.13.50	Fionn Harrington	27-01-2024	Chicago, IL, USA
4x200m Relay		<i>No performance yet</i>		
60mH (107/13.72/9.14)	9.68	Tristan Chambers	29-01-2022	Athlone
Long Jump	7.27	Shane Howard	16-01-2016	Boston, USA
Triple Jump	13.44	Promice Okafar	31-01-2016	Athlone
High Jump	1.85	Diarmuid O'Connor	13-01-2024	Brighton, MA, USA
Pole Vault	3.90	Diarmuid O'Connor	10-02-2024	New Haven, CT, USA
Shot Putt (7.25 kg)	14.47	Diarmuid O'Connor	10-02-2024	New Haven, CT, USA
35 lb Weight for Distance	8.52	Patrick McSweeney Jr	10-02-2013	Athlone
Heptathlon (60, LJ, SP, HJ, 60H, PV, 1000)		<i>No performance yet</i>		
Pentathlon (60H, LJ, SP, HJ, 1000) Intervarsities	2516 (9.68 (603), 5.56 (494), 8.42 (391), 1.70 (544), 3.19.72 (484))	Tristan Chambers	29-01-2022	Athlone

Hand times and electronic times are compared as follows: 0.24 seconds added to hand times up to 400m and 0.14 seconds added for distances 400m and up. Identical results are listed in order of decreasing age.

For Combined Events Senior Men's IAAF Scoring Tables (ed. 2001) are used.