

## Bandon AC U23 Men Indoor Rankings

Last updated 3 January 2016

Event	Result	Holder	Date	Venue
<b>60m</b>	<b>7.24</b>	<b>Shane Howard</b>	<b>02/01/2016</b>	<b>Nenagh</b>
<b>200m</b>		<i>No performance yet</i>		
<b>400m</b>		<i>No performance yet</i>		
<b>800m</b>	<b>1.57.70</b>	<b>Ronan Duggan</b>	<b>07/02/2010</b>	<b>Belfast</b>
	2.10.65	Thomas McCarthy	25/01/2015	Athlone
<b>1500m</b>	<b>4.05.07</b>	<b>Mark O'Sullivan</b>	<b>01/02/2013</b>	<b>Athlone</b>
	4.19.13	Thomas McCarthy	06/02/2015	Athlone
<b>3000m</b>	<b>8.50.26</b>	<b>Mark O'Sullivan</b>	<b>06/02/2015</b>	<b>Athlone</b>
<b>4x200m Relay</b>		<i>No performance yet</i>		
<b>60mH</b> (107/13.72/9.14)		<i>No performance yet</i>		
<b>Long Jump</b>	<b>7.13</b>	<b>Shane Howard</b>	<b>02/01/2016</b>	<b>Nenagh</b>
	6.86	Timothy Harrington	05/02/2013	Nenagh
<b>Triple Jump</b>		<i>No performance yet</i>		
<b>High Jump</b>		<i>No performance yet</i>		
<b>Pole Vault</b>		<i>No performance yet</i>		
<b>Shot Putt</b> (7.25 kg)	<b>13.00</b>	<b>Patrick McSweeney</b>	<b>01/02/2013</b>	<b>Athlone</b>
<b>35 lbWeight for Distance</b>	<b>8.52</b>	<b>Patrick McSweeney</b>	<b>10/02/2013</b>	<b>Athlone</b>
<b>Heptathlon</b> (60, LJ, SP, HJ, 60H, PV, 1000)		<i>No performance yet</i>		

Additional information and corrections are welcome.

Hand times and electronic times are compared as follows: 0.24 seconds

added to hand times up to 400m and 0.14 seconds added for distances 400m and up.

Identical results are listed in order of decreasing age.

For Combined Events Senior Men's IAAF Scoring Tables (ed. 2001) are used.