

Bandon AC U23 Men Indoor Rankings

Last updated 11 February 2024

Event	Result	Holder	Date	Venue
60m	6.96	Joe Gibson	27-01-2019	Athlone
	7.18	Joey Henchy	28-01-2018	Athlone
	7.21	Shane Howard	31-01-2016	Athlone
	7.21	Scott Gibson	28-01-2018	Athlone
	7.29	Dylan Roberts	06-02-2022	Nenagh
	8.00	Tristan Chambers	06-02-2022	Abottstown, Dublin
200m	22.88	Scott Gibson	28-01-2018	Athlone
	23.14	Joey Henchy	28-01-2018	Athlone
	22.99	Dylan Roberts (U23)	22-01-2022	Athlone
400m		No performance yet		
800m	1.55.99	Ronan Duggan	19-02-2011	Belfast
	2.00.84	Gavin Kenny	27-02-2022	Abbotstown, Dublin
	2.03.53	Ruari Falvey	22-01-2023	Athlone
	2.05.98	Thomas McCarthy	29-01-2017	Athlone
1000m	3.19.72	Tristan Chambers	29-01-2022	Athlone
	3.30.86	Dylan Chambers	29-01-2022	Athlone
1500m	3.58.00	Gavin Kenny	10-02-2024	Abbotstown, Dublin
	4.02.62	Fionn Harrington	19-03-2022	Conway, Arkansas, USA
	4.05.07	Mark O'Sullivan	01-02-2013	Athlone
	4.19.13	Thomas McCarthy	06-02-2015	Athlone
	4.26.94	Ruairi Falvey	20-01-2024	Athlone
1 Mile	4.22.38	Fionn Harrington	29-01-2022	Lubbock, Texas, USA
	4.35.07	Gavin Kenny	27-01-2024	Haverford, PA, USA
Oversized track	4.09.76	Fionn Harrington	20-01-2024	Notre Dame, IN, USA
3000m	8.13.50	Fionn Harrington	27-01-2024	Chicago, IL, USA
	8.37.31	Mark O'Sullivan	22-02-2015	Athlone

	8.39.62	Gavin Kenny	27-01-2024	Abbotstown. Dublin
4x200m Relay		<i>No performance yet</i>		
60mH (107/13.72/9.14)	9.68	<i>Tristan Chambers</i>	29-01-2022	Athlone
	11.18	Dylan Chambers	29-01-2022	Athlone
Long Jump	7.27	<i>Shane Howard</i>	16-01-2016	Boston, USA
	6.86	Timothy Harrington	05-02-2011	Nenagh
	6.56	Promice Okafar	12-02-2016	Athlone
	5.56	Tristan Chambers	29-01-2022	Athlone
	5.07	Dylan Chambers	29-01-2022	Athlone
Triple Jump	13.44	<i>Promice Okafar</i>	31-01-2016	Athlone
	12.28	Dylan Roberts	13-03-2022	Athlone
High Jump	1.85	<i>Diarmuid O'Connor</i>	13-01-2024	Brighton, MA, USA
	1.70	Tristan Chambers	29-01-2022	Athlone
	1.55	Dylan Chambers	29-01-2022	Athlone
Pole Vault	3.90	<i>Diarmuid O'Connor</i>	10-02-2024	New Haven, CT, USA
Shot Putt (7.25 kg)	14.47	<i>Diarmuid O'Connor</i>	10-02-2024	New Haven, CT, USA
	13.00	Patrick McSweeney	01-02-2013	Athlone
	8.52	Tristan Chambers	06-2-2022	Abottstown, Dublin
	8.43	Dylan Chambers	29-01-2022	Athlone
35 lbWeight for Distance	8.52	<i>Patrick McSweeney Jr</i>	10-02-2013	Athlone
	8.08	Gavin Hicks	29-01-2017	Athlone
Heptathlon (60, LJ, SP, HJ, 60H, PV, 1000)		<i>No performance yet</i>		
Pentathlon (60H, LJ, SP, HJ, 1000) Intervarsities	2516 (9.68 (603), 5.56 (494). 8.42 (391), 1.70 (544), 3.19.72 (484))	<i>Tristan Chambers</i>	29-01-2022	Athlone

	1948 (11.18 (340), 5.07 (396). 8.43 (392), 1.55 (426), 3.30.86 (394))	Dylan Chambers	29-01-2022	Athlone
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Hand times and electronic times are compared as follows: **0.24 seconds** added to hand times up to 400m and **0.14 seconds** added for distances 400m and up. Identical results are listed in order of decreasing age. Performances from U21, U22, U23 age groups only are included in the U23 rankings. The U23 performances are included in the Senior rankings (if the specs are comparable).

For Combined Events Senior Men's IAAF Scoring Tables (ed. 2001) are used.