

Bandon AC Juvenile Girls Outdoor Rankings

Last updated: 12 June 2016

Event	Result	Athlete	Date	Venue
Girls Under 9				
60m	9.83	Molly O'Donovan	03-05-2015	CIT, Cork
	10.27	Sarah Burrows	06-06-2015	CIT, Cork
	10.27	Kayla Mulcahy	27-06-2015	Tullamore
	10.37	Ellie O'Donovan	13-06-2010	Castleisland
	10.40	Maia McCourt	04-05-2014	CIT, Cork
	10.60	Lucy Callanan	09-06-2012	CIT, Cork
	10.77	Emma O'Connell	28-05-2016	Ennis
	10.78	Sinead Caulfield	08-05-2005	CIT, Cork
	10.89	Ruby Cummins	28-05-2016	Ennis
	10.96	Stacey Adunure	13-06-2010	Castleisland
	11.01	Evelyn McCarthy	28-05-2016	Ennis
	11.28	Maeve O'Sullivan	09-06-2012	CIT, Cork
	11.42	Clodagh Barry	28-05-2016	Ennis
200m	34.27	Maia McCourt	08-07-2014	CIT, Cork
300m	55.90	Sarah Burrows	06-06-2015	CIT, Cork
	58.62	Maya McCourt	11-05-2014	CIT, Cork
	61.79	Clodagh Barry	28-05-2016	Ennis
	62.96	Lucy Callanan	09-06-2012	CIT, Cork
	62.98	Hannah Twomey	28-05-2016	Ennis
	64.46	Evelyn McCarthy	28-05-2016	Ennis
	64.73	Ellie O'Donovan	13-06-2010	Castleisland
	65.30	Aoife Callan	06-06-2015	CIT, Cork
	67.32	Ella McCarthy	28-05-2016	Ennis
	86.61	Brittany Okafar	13-06-2010	Castleisland
4x50 Relay	34.31	Claire Sexton,	17-07-2004	Tullamore
	35.13	Grainne Lucey, Kristie Scannell, Rochelle Scannell,	11-06-2006	CIT, Cork
4x100 Relay	71.15	Emma O'Connell, Ruby Cummins, Evelyn McCarthy, Clodagh Barry	28-05-2016	Ennis
	79.11	Aoife Callan, Sarah Burrows, Molly O'Donovan, Jenny Flemming	15-05-2015	CIT, Cork
Long Jump	3.10	Maya McCourt	11-05-2014	CIT, Cork
	3.10	Ruby Cummins	15-05-2016	CIT, Cork
	3.02	Claire Sexton	17-07-2004	Tullamore

	2.90	Emma O'Connell	28-05-2016	Ennis
	2.83	Kayla Mulcahy	06-06-2015	CIT, Cork
	2.82	Molly O'Donovan	06-06-2015	CIT, Cork
	2.81	Amy O'Donoghue	17-07-2011	Templemore
	2.78	Cora Ni Ghallchoir	13-06-2010	Castleisland
	2.77	Aoife Callan	31-05-2015	CIT, Cork
	2.75	Niamh Sugrue	13-06-2010	Castleisland
	2.65	Jenny Flemming	06-06-2015	CIT, Cork
	2.42	Kate Collins	28-05-2016	Ennis
	2.24	Ella McCarthy	28-05-2016	Ennis
	2.21	Maeve O'Sullivan	09-06-2012	CIT, Cork
	2.18	Amelia Edmead	09-06-2012	CIT, Cork
Ball Throw	19.10	Caroline Sugrue	14-07-2001	Tullamore
	17.00	Cora Ni Ghallchoir	13-06-2010	Castleisland
	15.50	Grainne Mulcahy	05-04-2009	CIT, Cork
	15.32	Niamh Sugrue	02-05-2010	CIT, Cork
	14.93	Grainne Lucy	22-07-2006	Waterford
	14.03	Meabh O'Flynn	17-04-2011	CIT, Cork
	13.76	Amelia Edmead	20-05-2012	CIT, Cork
	13.55	Rachel O'Sullivan	17-04-2011	CIT, Cork
	12.92	Fionnuala Murphy	05-04-2009	CIT, Cork
	12.81	Ruby Edmead	20-05-2012	CIT, Cork
	12.70	Marie Dineen	22-07-2006	Waterford
	11.00	J. Tyner	18-05-2003	CIT, Cork
	10.31	Maebh O'Flynn	17-07-2011	Templemore
Turbo Javelin	9.55	Clodagh Barry	17-04-2016	CIT, Cork
	9.40	Kate Collins	28-05-2016	Ennis
	8.80	Maia McCourt	04-05-2014	CIT, Cork
	8.56	Roisin Wilson	01-05-2016	CIT, Cork
	7.93	Ella Chambers	14-04-2013	CIT, Cork
	7.67	Aoife Callan	12-04-2015	CIT, Cork
	6.48	Lucy McCarthy	27-04-2013	CIT, Cork
	5.79	Hannah Twomey	28-05-2016	Ennis
	5.43	Erika Maloney	14-04-2013	CIT, Cork
	5.30	Ciara O'Sullivan	14-04-2013	CIT, Cork
	5.28	Aoibheann Cotter	14-04-2013	CIT, Cork
	4.77	Caoimhe O'Sullivan	22-05-2016	CIT, Cork
	4.28	Roisin Curtin	14-04-2013	CIT, Cork
	3.97	Maeve Kiely	14-04-2013	CIT, Cork
	3.63	Maeve Kelly	14-04-2013	CIT, Cork
	3.60	Erika Crowley	14-04-2013	CIT, Cork
	3.43	Aoife Callnan	14-04-2013	CIT, Cork
Girls Under 10				
60m	8.99	Laura Sweeney	31-05-2015	CIT, Cork

	9.21	Laura Sheehy	27-06-2015	Tullamore
	9.32	Maia McCourt	17-05-2015	CIT, Cork
	9.40	Amy McCarthy	17-05-2015	CIT, Cork
	9.62	Claire Sexton	15-05-2005	CIT, Cork
	9.75	Grainne Mulcahy	28-08-2010	Templemore
	9.88	Sarah Burrows	28-05-2016	Ennis
	9.93	Leah Crean	28-05-2016	Ennis
	9.96	Kayla Mulcahy	28-05-2016	Ennis
	10.03	Molly O'Donovan	28-05-2016	Ennis
	10.14	Laura Ryan	09-06-2012	CIT, Cork
	10.16	Amy O'Donoghue	20-05-2012	CIT, Cork
80m	11.72	Lucy Callanan	26-05-2013	CIT, Cork
300m	55.46	Lucy Callanan	21-04-2013	CIT, Cork
500m	1.35.90	Amy McCarthy	27-06-2015	Tullamore
	1.41.54	Sarah Burrows	28-05-2016	Ennis
	1.41.82	Maia McCourt	06-06-2015	CIT, Cork
	1.41.94	Grainne Mulcahy	28-08-2010	Templemore
	1.45.53	Fionnuala Murphy	26-06-2010	Templemore
	1.45.92	Niamh Cotter	06-06-2015	CIT, Cork
	1.49.10	Aoibhinn McKeogh	06-06-2015	CIT, Cork
	1.50.88	Ella Stack	26-06-2010	Templemore
	1.58.00	Aoife Callan	28-05-2016	Ennis
	1.58.61	Doireann Kelly	28-05-2016	Ennis
4x50 Relay	33.69	Lisa Lovell, Grainne Lucey, Katlyn Cross, Rochelle Scannell	11-06-2006	CIT, Cork
4x100 Relay	63.17	Maia McCourt, Niamh Cotter, Laura Sheehy, Amy McCarthy, Brianagh Wilson	23-05-2015	Ennis
	64.56	Sarah Burrows, Leah Crean, Kayla Mulcahy, Molly O'Donovan	28-05-2016	Ennis
	66.64	Claire Sexton,	08-05-2005	CIT, Cork
	70.11	13-06-2010	Castleisland
Long Jump	3.50	Claire Sexton	08-05-2005	CIT, Cork
	3.47	Maia McCourt	03-05-2015	CIT, Cork
	3.42	Leah Crean	28-05-2016	Ennis
	3.37	Laura Sheehy	06-06-2015	CIT, Cork
	3.29	Laura Sheehan	31-05-2015	CIT, Cork
	3.19	Aoife Callan	28-05-2016	Ennis
	3.16	Niamh Cotter	25-04-2015	CIT, Cork
	3.15	Orla O'Sullivan	09-06-2012	CIT, Cork
	3.13	Molly O'Donovan	01-05-2016	CIT, Cork
	3.12	Katelyn Cross	22-07-2006	Waterford
	2.99	Fionnuala Murphy	13-06-2010	Castleisland
	2.99	Kayla Mulcahy	28-05-2016	Ennis

	2.81	Lisa Lovell	22-07-2006	Waterford
	2.80	Ella Stack	13-06-2010	Castleisland
	2.79	Doireann Kelly	28-05-2016	Ennis
	2.69	Laura Ryan	09-06-2012	CIT, Cork
	2.62	Ella Chambers	31-08-2014	Templemore
Ball Throw	26.67	Caroline Sugrue	20-07-2002	Tullamore
	25.11	Niamh Sugrue	15-05-2011	CIT, Cork
	24.28	Kelly Tobin	14-07-2001	Tullamore
	21.35	Nicole McKeon	20-05-2012	CIT, Cork
	19.25	Rachel McCarthy	22-07-2006	Waterford
	18.20	Orla O'Sullivan	09-06-2012	CIT, Cork
	18.14	Rachel Desmond	15-05-2005	CIT, Cork
	16.86	Katelyn Cross	22-07-2006	Waterford
	16.11	Cora Ni Ghallchuir	25-04-2011	CIT, Cork
	12.47	Deirdre Browne	09-06-2012	CIT, Cork
Turbo Javelin	11.56	Brianagh Wilson	06-06-2015	CIT, Cork
	11.41	Ella Chambers	31-08-2014	Templemore
	11.18	Aoife Tuthill	06-06-2015	CIT, Cork
	10.40	Lucy Callanan	27-04-2013	CIT, Cork
	10.21	Maia McCourt	17-05-2015	CIT, Cork
	10.21	Aoife Callan	17-04-2016	CIT, Cork
	9.95	Ava Troy	31-05-2015	CIT, Cork
	8.93	Natalia Dawidowicz	22-05-2016	CIT, Cork
	8.84	Kate O'Leary	25-04-2015	CIT, Cork
	6.87	Aisling McKeogh	27-04-2013	CIT, Cork
	5.29	Roisin De Burca	27-04-2013	CIT, Cork

Girls Under 11

60m	9.17	Laura Sheehy	28-05-2016	Ennis
	9.17	Amy McCarthy	28-05-2016	Ennis
	9.21	Maia McCourt	02-05-2016	Templemore
	9.24	Carla Nicholson	10-06-2006	CIT, Cork
	9.31	Victoria Good	28-05-2016	Ennis
	9.49	Ellie O'Donovan	09-06-2012	CIT, Cork
	9.49	Lucy Callanan	05-05-2014	RSC, Waterford
	9.75	Sarah O'Connor	09-06-2012	CIT, Cork
	9.79	Lauren McCourt	09-06-2012	CIT, Cork
	9.85	Maira Barrett	28-08-2010	Templemore
	9.91	Kendra Kingston	13-06-2010	Castleisland
	10.00	Laura Nicholson	13-06-2010	Castleisland
	10.03	Lucy McCarthy	06-06-2015	CIT, Cork
	10.21	Ella Ronan	06-06-2015	CIT, Cork
	10.30	Anghared O'Shaughnessy	13-06-2010	Castleisland
	10.60	Jane Buckley	28-04-2013	CIT, Cork
	10.62	Leah Buckley	13-06-2010	Castleisland

	10.99	Jane Buttimer	09-06-2012	CIT, Cork
	11.03	Ella Chambers	06-06-2015	CIT, Cork
	12.22	Tara Buckley	28-04-2013	CIT, Cork
500m	1.40.00	Grainne Mulcahy	15-05-2011	CIT, Cork
600m	1.54.67	Amy McCarthy	28-05-2016	Ennis
	2.01.88	Grainne Mulcahy	17-07-2011	Templemore
	2.03.33	Moira Barrett	13-06-2010	Castleisland
	2.04.21	Maia McCourt	02-05-2016	Templemore
	2.06.96	Cora Ni Gallachoir	09-06-2012	CIT, Cork
	2.07.16	Aoibhinn McKeogh	28-05-2016	Ennis
	2.09.67	Niamh Quinn	06-06-2015	CIT, Cork
	2.11.42	Laura Nicholson	13-06-2010	Castleisland
	2.13.09	Niamh Cotter	28-05-2016	Ennis
	2.16.45	Lucy Callanan	05-05-2014	Waterford,RSC
	2.18.33	Alexandra Good	28-05-2016	Ennis
	2.19.47	Jane Buckley	28-04-2013	CIT, Cork
	2.21.65	Niamh Sugrue	09-06-2012	CIT, Cork
	2.22.85	Aoibheann Cotter	06-06-2015	CIT, Cork
	2.37.67	Tara Buckley	28-04-2013	CIT, Cork
4x100 Relay	60.16	Laura Sheehy, Amy McCarthy, Maia McCourt, Victoria Good	28-06-2016	Ennis
	62.41	Ella Ronan, Ciara White, Erica Crowley, Lucy J McCarthy, Erica Mahony	23-05-2015	Ennis
	64.28		20-05-2012	CIT, Cork
	64.41	Orla O'Sullivan, Lucy Callanan,	26-05-2013	CIT, Cork
	65.53		15-05-2005	CIT, Cork
	68.67	Kendra Kingston, Laura Nicholson, Leah Buckley, Anghared O'Shaughnessy	13-06-2010	Castleisland
High Jump	1.00	Laura McSweeney	08-05-2005	CIT, Cork
	1.00	Jane Buttimer	06-05-2012	CIT, Cork
Long Jump	3.67	Carla Hicks	17-05-2009	CIT, Cork
	3.64	Lucy Callanan	11-05-2014	CIT, Cork
	3.61	Maia McCourt	02-05-2016	Templemore
	3.61	Caroline Wesol	22-05-2016	CIT, Cork
	3.52	Amy O'Donoghue	12-05-2013	CIT, Cork
	3.49	Victoria Good	22-05-2016	CIT, Cork
	3.42	Laura Sheehy	28-05-2016	Ennis
	3.40	Tracey Bradfield	18-05-2003	CIT, Cork
	3.28	Kendra Kingston	16-05-2010	CIT, Cork
	3.28	Laura Nicholson	28-08-2010	Templemore
	3.12	Katie Bernard	05-04-2009	CIT, Cork
	3.12	Kathlyn Hurley	17-04-2011	CIT, Cork
	3.10	Ellie O'Donovan	09-06-2012	CIT, Cork
	3.10	Lucy McCarthy	06-06-2015	CIT, Cork

	3.08	Orla O'Sullivan	26-05-2013	CIT, Cork
	3.02	Moira Barrett	28-08-2010	Templemore
	2.89	Ella Ronan	06-06-2015	CIT, Cork
	2.87	Lauren McCourt	20-05-2012	CIT, Cork
	2.85	Alexandra Good	28-05-2016	Ennis
	2.83	Aoibheann Cotter	06-06-2015	CIT, Cork
	2.75	Sarah O'Connor	09-06-2012	CIT, Cork
	2.72	Leah Buckley	13-06-2010	Castleisland
	2.68	Angahred O'Shaughnessy	13-06-2010	Castleisland
	2.34	Jane Buttimer	09-06-2012	CIT, Cork
	2.34	Tara Buckley	28-04-2013	CIT, Cork
	2.19	Jane Buckley	28-04-2013	CIT, Cork
Shot Putt (2 kg)	7.02	Tracey Bradfield	18-05-2003	CIT, Cork
	6.07	Laura McSweeney	15-05-2005	CIT, Cork
	6.05	Niamh Cotter	01-05-2016	CIT, Cork
	5.70	Moira Barrett	28-08-2010	Templemore
	5.56	Cora Ni Ghallchuir	12-05-2012	CIT, Cork
	5.55	Laura Sheehy	01-05-2016	CIT, Cork
	5.36	Grainne Mulcahy	15-05-2011	CIT, Cork
	5.20	Niamh Sugrue	12-05-2011	CIT, Cork
	4.75	Laura Nicholson	28-08-2010	Templemore
	4.39	Clare O'Riordan	22-05-2016	CIT, Cork
	4.35	Ava Troy	22-05-2016	CIT, Cork
Ball Throw	31.91	Mary Anne Hawkes	14-07-2001	Tullamore
	28.37	Niamh Sugrue	09-06-2012	CIT, Cork
	24.83	Cora Ni Ghallchuir	09-06-2012	CIT, Cork
	24.27	Caroline Sugrue	18-05-2003	CIT, Cork
	21.83	Stephanie Stanley	08-05-2011	CIT, Cork
	18.98	Kerin Chatterton	22-07-2006	Waterford
	12.56	Sinead Mulcahy	22-07-2006	Waterford
Turbo Javelin	17.24	Maia McCourt	28-05-2016	Ennis
	15.96	Ella Chambers	03-05-2015	CIT, Cork
	15.59	Aoife Tuthill	28-05-2016	Ennis
	13.96	Brianagh Wilson	01-05-2016	CIT, Cork
	11.41	Niamh Cotter	28-05-2016	Ennis
	11.28	Lucy Callanan	05-05-2014	RSC, Waterford
	11.03	Maebh O'Flynn	27-04-2013	CIT, Cork
	10.92	Amy McWeeney	12-04-2015	CIT, Cork
	9.30	Kate Allen	27-04-2013	CIT, Cork
	9.20	Orla O'Sullivan	27-04-2013	CIT, Cork
	8.48	Kate Lynch	27-04-2013	CIT, Cork
	8.44	Deirdre Brown	27-04-2013	CIT, Cork
	7.92	Molly Lynch	27-04-2013	CIT, Cork
	7.86	Jane Buckley	27-04-2013	CIT, Cork
	7.84	Aisling O'Reilly	31-08-2014	Templemore
	7.55	Amy O'Donoghue	27-04-2013	CIT, Cork
	7.50	Maebh O'Sullivan	27-04-2013	CIT, Cork
	7.03	Gily Monday	27-04-2013	CIT, Cork
	4.40	Tara Buckley	28-04-2013	CIT, Cork

Triathlon (Long Jump, Shot Putt (2kg), 600m)	3.02 (322), 5.70 (387), 2:07:43 (447): 1156	Moira Barrett	28-08-2010	Templemore
	3.28 (374), 4.75 (324), 2:13:05 (394): 1092	Laura Nicholson	28-08-2010	Templemore
Quadrathlon (60m, Turbo javelin (300gr), Long Jump, 600m)	9.21 (610), 16.40 (364), 3.61 (440), 2.04.31 (480): 1894	Maia McCourt	02-05-2016	Templemore
	9.49 (561), 11.28 (277), 3.51 (420), 2.16.45 (364): 1622	Lucy Callanan	05-05-2014	Waterford,RSC
	10.60 (391), 4.80 (130), 2.19 (156), 2.19.47 (339): 1016	Jane Buckley	28-04-2013	CIT, Cork
	12.22 (199), 4.40 (118), 2.34 (186), 2.37.67 (206): 709	Tara Buckley	28-04-2013	CIT, Cork

Girls Under 12

80m	11.34	Sarah O'Connor	26-05-2013	CIT, Cork
	11.88	Kate Bernard	16-05-2010	CIT, Cork
	12.13	Ciara McKeon	15-05-2011	CIT, Cork
60m	8.81	Kate Bernard	19-06-2010	CIT, Cork
	9.04 (-1.1)	Ellie O'Donovan	11-08-2013	Tullamore
	9.15	Lucy Callanan	26-04-2015	CIT, Cork
	9.66	Sarah O'Connor	28-04-2013	CIT, Cork
	9.84	Niamh O'Donovan	26-04-2015	CIT, Cork
	10.47	Ellen Murphy	10-05-2015	CIT, Cork
Hand time	12.4	Aisling O'Reilly	25-07-2015	Ennis
600m	1.55:54	Moira Barrett	17-07-2011	Templemore
	2.02.89	Eabha Crowley	31-05-2015	CIT, Cork
	2.09.96	Lucy T McCarthy	06-06-2015	CIT, Cork

	2.15.83	Lucy Callanan	26-04-2015	CIT, Cork
	2.24.41	Niamh O'Donovan	26-04-2015	CIT, Cork
800m	3.21.54	Ellie O'Donovan	28-04-2013	CIT, Cork
	3.23.00	Sarah O'Connor	28-04-2013	CIT, Cork
4x100 Relay	58.6	Erin deBurka, Lauren McCourt, Stacey Komalafe, Cora Ni Gallchoir	08-06-2013	Ennis
	60.01	23-05-2015	Ennis
	61.13	17-04-2016	CIT, Cork
	62.30	Carla Hicks, Kate Bernard,	19-06-2010	CIT, Cork
	63.02	10-05-2015	CIT, Cork
60m Hurdles	11.11	Carla Hicks	18-04-2010	CIT, Cork
	11.77	Aisling Cassidy	06-05-2012	CIT, Cork
	12.72	Julie Sheehy	04-05-2014	CIT, Cork
65m Hurdles	13.34	Mary Ann Hawkins	01-01-2001
	14.90	Aoife O'Connell	08-05-2005	CIT, Cork
	15.07	Toni Chatterton	08-05-2005	CIT, Cork
High Jump	1.27	Aisling Cassidy	22-07-2012	Ennis
	1.25	Ella Stack	10-06-2012	CIT, Cork
	1.23	Moira Barrett	15-05-2011	CIT, Cork
	1.15	S. Peters	11-05-2003	CIT, Cork
	1.15	Laura McSweeney	10-06-2006	CIT, Cork
	1.15	Ellie O'Donovan	12-05-2013	CIT, Cork
	1.06	Ellen Murphy	10-05-2015	CIT, Cork
	1.05	Fionnuala Murphy	20-05-2012	CIT, Cork
	1.05	Sarah O'Connor	28-04-2013	CIT, Cork
	1.05	Niamh O'Donovan	26-04-2015	CIT, Cork
	1.00	Lucy Callanan	26-04-2015	CIT, Cork
Long Jump	4.33	Carla Hicks	19-06-2010	CIT, Cork
	4.12	Aisling Cassidy	06-05-2012	CIT, Cork
	4.08	Stacey Komelafe	08-06-2013	Ennis
	4.00	Lucy Callanan	03-05-2015	CIT, Cork
	3.89	Niamh O'Donovan	26-04-2015	CIT, Cork
	3.86	Amy O'Donoghue	04-05-2014	CIT, Cork
	3.59	Jane Buckley	12-04-2014	CIT, Cork
	3.58	Eabha Crowley	31-05-2015	CIT, Cork
	3.45	Laura Nicholson	17-07-2011	Templemore
	3.38	Ciara White	22-05-2016	CIT, Cork
	3.36	Stacey Komelaf	27-04-2013	CIT, Cork
	3.31	Ellie O'Donovan	28-04-2013	CIT, Cork
	3.26	Clodagh Young	17-07-2011	Templemore
	3.24	Shauna Kelly	27-04-2013	CIT, Cork
	3.19	Diane Buttimer	27-04-2013	CIT, Cork
	3.14	Lauren McCourt	27-04-2013	CIT, Cork
	3.13	Alison Hathaway	17-07-2011	Templemore
	3.13	Niamh Sugrue	27-04-2013	CIT, Cork

	3.12	Sarah O'Connor	28-04-2013	CIT, Cork
	3.12	Ellen Murphy	10-05-2015	CIT, Cork
	3.11	Cora Ni Gallachoir	27-04-2013	CIT, Cork
	3.05	Aisling O'Reilly	25-07-2015	Ennis
	2.84	April Bennerhassett	27-04-2013	CIT, Cork
	2.76	Erin De Burca	27-04-2013	CIT, Cork
	2.69	Molly O'Boyle	27-04-2013	CIT, Cork
	2.07	Hannah Morrissey	27-04-2013	CIT, Cork
Shot Putt (2 kg)	9.19	Laura McSweeney	10-06-2006	CIT, Cork
	8.23	Lynn Bradfield	08-05-2005	CIT, Cork
	7.05	Erin Kingston	03-05-2009	CIT, Cork
	6.90	Erin De Burca	27-04-2013	CIT, Cork
	6.58	Niamh O'Donovan	25-04-2015	CIT, Cork
	6.57	Niamh Sugrue	27-04-2013	CIT, Cork
	6.40	J. O'Regan	04-05-2003	CIT, Cork
	6.27	Cora Ni Gallachoir	27-04-2013	CIT, Cork
	6.04	Ellie O'Donovan	27-04-2013	CIT, Cork
	5.99	Theresa Fragolini	25-04-2015	CIT, Cork
	5.94	Gráinne Mulcahy	06-05-2012	CIT, Cork
	5.65	Maira Barrett	25-04-2011	CIT, Cork
	5.64	Laura Nicholson	17-04-2011	CIT, Cork
	5.60	Hannah Morrissey	12-04-2014	CIT, Cork
	5.59	Ella Chambers	28-05-2016	Ennis
	5.25	Stacey Komelafe	27-04-2013	CIT, Cork
	5.05	Jane Buttimer	27-04-2013	CIT, Cork
	4.52	Aisling O'Reilly	06-06-2015	CIT, Cork
	4.49	Ellen Murphy	10-05-2015	CIT, Cork
	4.44	Nicolle Callanan	20-05-2012	CIT, Cork
Ball Throw	31.92	Kelly Tobin	04-05-2003	CIT, Cork
	27.47	Laura McSweeney	10-06-2006	CIT, Cork
	27.20	Niamh Sugrue	23-06-2012	CIT, Cork
	25.40	Stephanie Stanley	12-05-2012	CIT, Cork
	25.06	Cora Ni Gallachoir	23-06-2012	CIT, Cork
Turbo Javelin	20.59	Niamh Sugrue	08-06-2013	Ennis
	18.00	Ella Chambers	15-05-2016	CIT, Cork
	17.36	Lucy Callanan	26-04-2015	CIT, Cork
	14.77	Niamh O'Donovan	06-06-2015	CIT, Cork
	10.41	Aisling O'Reilly	06-06-2015	CIT, Cork
	7.00	Ellie O'Donovan	28-04-2013	CIT, Cork
	5.60	Sarah O'Connor	28-04-2013	CIT, Cork
Discus (750gr)	13.95	Erin Kingston	17-05-2009	CIT, Cork
	13.59	Lynn Bradfield	15-05-2005	CIT, Cork
Pentathlon (60m, Turbo javelin (300gr), High Jump, Long Jump, 600m)	9.15 (521), 17.36 (372), 1 (242), 3.93 (404), 2.15.83 (270): 1809	Lucy Callanan	26-04-2015	CIT, Cork

	9.84 (403), 10.67 (219), 1.05 (279), 3.89 (396), 2.24.41 (199): 1496	Niamh O'Donovan	26-04-2015	CIT, Cork
800m	9.28 (497), 7.00 (113), 1.05 (279), 3.31 (280), 3.21.54 (190): 1359	Ellie O'Donovan	28-04-2013	CIT, Cork
800m	9.66 (432), 5.60 (65), 1.05 (279), 3.12 (242), 3.23.00 (182): 1200	Sarah O'Connor	28-04-2013	CIT, Cork

Girls Under 13

80m	11.01 (-1.6)	Kate Bernard	09-07-2011	Tullamore
	11.05	Leah Wood	17-04-2014	CIT, Cork
	11.38	Lucy Callanan	28-05-2016	Ennis
	11.68	Amy O'Donoghue	19-07-2015	Tullamore
	11.75	Mary Butler	31-05-2015	CIT, Cork
	11.83	Ellie O'Donovan	04-05-2014	CIT, Cork
	11.84	Julie Sheehy	31-05-2015	CIT, Cork
	12.29	Aisling O'Reilly	28-05-2016	Ennis
300m	47.07	Stacey Komolafe	08-07-2014	CIT, Cork
600m	1.47.61	Jane Buckley	06-06-2015	CIT, Cork
	1.51.0	Nicola Tuthill	25-07-2015	Ennis
	1.57.31	Clare Flynn	06-06-2015	CIT, Cork
700m	2.19.93	S. Caulfield	17-05-2009	CIT, Cork
	2.23.68	Laura Nicholson	20-05-2012	CIT, Cork
800m	2.50.16	Laura Nicholson	07-05-2012	Castleisland
	2.51.46	Nicola Tuthill	10-05-2015	CIT, Cork
	2.54.88	Maira Barrett	07-05-2012	Castleisland
	3.02.21	Aisling Cassidy	28-04-2013	CIT, Cork
	3.26.25	Erin Kingston	16-05-2010	CIT, Cork
4x100 Relay	56.30	Carla Hicks, Kate Bernard,...	24-07-2011	Tullamore

	56.61	Lucy Callanan, Aisling O'Reilly, Ella Chambers,	28-05-2016	Ennis
	56.87	Julie Sheehy, Amy O'Donoghue, Jane Buckley, Mary Butler, Eimear Nagle	23-05-2015	Ennis
	57.15	Kelly Tobin,	17-07-2004	Tullamore
	58.08	Laura Nicholson,	20-05-2012	CIT, Cork
	59.30	Erin Kingston,	16-05-2010	CIT, Cork
	61.11	17-05-2009	CIT, Cork
60m Hurdles	10.30	Aisling Cassidy	08-06-2013	Ennis
68.6/11/7.25	10.66	Carla Hicks	09-07-2011	Tullamore
	10.74	Eabha Crowley	28-05-2016	Ennis
	10.92	Amy O'Donoghue	26-04-2015	CIT, Cork
	11.01	Moirá Barrett	07-05-2012	Castleisland
	11.10	Ciara McKeon	12-05-2012	CIT, Cork
	11.21	Ellie O'Donovan	11-05-2014	CIT, Cork
	11.31	Stacey Komolafe	11-05-2014	CIT, Cork
	11.33	Lucy Callanan	28-05-2016	Ennis
	11.81	Eimear Nagle	26-04-2015	CIT, Cork
	12.00	Julie Sheehy	26-04-2015	CIT, Cork
	12.32	Erin Kingston	28-08-2010	Templemore
	12.54	Kerri Buckley	28-08-2010	Templemore
	12.56	Laura Nicholson	07-05-2012	Castleisland
	12.79	Nicola Tuthill	10-05-2015	CIT, Cork
High Jump	1.38	Aisling Cassidy	09-06-2013	Ennis
	1.37	Moirá Barrett	07-05-2012	Castleisland
	1.35	Carla Hicks	09-07-2011	Tullamore
	1.35	Ella Stack	09-06-2013	Ennis
	1.35	Jane Buttimer	12-04-2014	CIT, Cork
	1.31	Laura Nicholson	07-05-2012	Castleisland
	1.25	Kerri Buckley	19-06-2010	CIT, Cork
	1.25	Eimear Nagle	26-04-2015	CIT, Cork
	1.15	Ciara McKeon	22-04-2012	CIT, Cork
	1.15	Eimear Nagle	31-05-2015	CIT, Cork
	1.10	Amy Crowley	17-04-2011	CIT, Cork
	1.10	Amy O'Donoghue	26-04-2015	CIT, Cork
	1.08	Erin Kingston	28-08-2010	Templemore
	1.05	Julie Sheehy	26-04-2015	CIT, Cork
	1.00	Nicola Tuthill	10-05-2015	CIT, Cork
Long Jump	4.33	Aisling Cassidy	28-04-2013	CIT, Cork
	4.31	Toni Chatterton	10-06-2006	CIT, Cork
	4.30	Lucy Callanan	28-05-2016	Ennis
	4.23	Mary Butler	25-07-2015	Ennis
	4.14	Amy O'Donoghue	26-04-2015	CIT, Cork
	3.97	Niamh O'Donovan	28-05-2016	Ennis
	3.90	Carla Hicks	15-05-2011	CIT, Cork
	3.89	Julie Sheehy	31-05-2015	CIT, Cork
	3.86	Moirá Barrett	07-05-2012	Castleisland

	3.82	Laura Nicholson	29-04-2012	CIT, Cork
	3.67	Kerri Buckley	28-08-2010	Templemore
	3.62	Eimear Nagle	06-06-2015	CIT, Cork
	3.61	Nicola Tuthill	10-05-2015	CIT, Cork
	3.58	Lucy Calnan	12-04-2015	CIT, Cork
	3.48	Lauren McCourt	31-08-2014	Templemore
	3.36	Stacey Komelaf	27-04-2013	CIT, Cork
	3.36	Leah Murphy	27-04-2013	CIT, Cork
	3.30	Ella Stack	27-04-2013	CIT, Cork
	3.26	Erin Kingston	28-08-2010	Templemore
	3.22	Roisin O'Sullivan	27-04-2013	CIT, Cork
	3.21	Rachel O'Donovan	17-07-2011	Templemore
	3.16	Nicole Callanan	27-04-2013	CIT, Cork
	2.98	Shauna Crowley	27-04-2013	CIT, Cork
	2.98	Elaine O'Dowd	27-04-2013	CIT, Cork
	2.95	Cora NiGallachoir	27-04-2013	CIT, Cork
	2.74	Tara Buckley	06-06-2015	CIT, Cork
	2.49	Cassandra O'Sullivan	17-07-2011	Templemore
Shot Putt (2 kg)	11.78	Laura McSweeney	16-07-2007	Tullamore
	10.12	Tracey Bradfield	15-05-2005	CIT, Cork
	9.42	Lynn Bradfield	10-06-2006	CIT, Cork
	9.08	Niamh O'Donovan	28-05-2016	Ennis
	8.99	Erin Kingston	03-07-2010	Tullamore
	8.03	Jacqui Hurley	08-06-1996	Waterford
	7.66	Mary Anne Hawkes	11-05-2003	CIT, Cork
	7.28	Eimear Nagle	25-07-2015	Ennis
	7.18	Amy Crowley	17-07-2011	Templemore
	6.70	Leah Murphy	26-05-2013	CIT, Cork
	6.48	Kerri Buckley	28-08-2010	Templemore
	6.46	Cassandra O'Sullivan	17-07-2011	Templemore
	6.37	Emma Lovell	22-07-2006	Waterford
	6.21	Moira Barrett	07-05-2012	Castleisland
	6.15	Cora NiGallachoir	14-04-2013	CIT, Cork
	6.01	Niamh Sugrue	14-04-2013	CIT, Cork
	6.00	Aisling O'Reilly	28-05-2016	Ennis
	5.97	Nicola Tuthill	25-07-2015	Ennis
	5.83	Julie Sheehy	12-04-2015	CIT, Cork
	5.75	Aisling Cassidy	28-04-2013	CIT, Cork
	5.61	Michelle O'Donovan	26-05-2013	CIT, Cork
	5.56	Julie Sheehy	26-04-2015	CIT, Cork
	5.47	Niamh Mulcahy	22-07-2006	Waterford
	5.45	Roisin O'Sullivan	14-04-2013	CIT, Cork
	5.36	Clare O'Dowd	14-04-2013	CIT, Cork
	5.36	Caoimhe Sanchez	14-04-2013	CIT, Cork
	5.35	Amy O'Donoghue	26-04-2015	CIT, Cork
	5.13	Sophia Odafen	14-04-2013	CIT, Cork
	5.00	Olivia Hayes	14-04-2013	CIT, Cork
	4.96	Ella Stack	14-04-2013	CIT, Cork
	4.89	Laura Nicholson	07-05-2012	Castleisland
Hammer (2 kg LW)	24.17	Ellie O'Donovan	11-05-2014	CIT, Cork
	21.33	Niamh Sugrue	11-05-2014	CIT, Cork

	17.06	Erin Kingston	16-05-2010	CIT, Cork
	16.55	Amy Allen	12-05-2012	CIT, Cork
	10.56	Amy Mulcahy	12-05-2012	CIT, Cork
	9.45	Enola Abiodun	12-05-2013	CIT, Cork
	9.15	Emma Holland	12-05-2013	CIT, Cork
Discus Throw (750gr)	21.16	Tracey Bradfield	08-05-2005	CIT, Cork
	15.68	Erin Kingston	02-05-2010	CIT, Cork
	13.69	Amy Crowley	08-05-2011	CIT, Cork
	11.79	L. Hallahan	04-05-2003	CIT, Cork
	11.69	M. O'Mahony	04-05-2003	CIT, Cork
	7.63	Kerri Buckley	02-05-2010	CIT, Cork
Javelin (400gr)	26.37	Niamh Sugrue	26-07-2014	Tullamore
	23.10	Lucy Callanan	15-05-2016	CIT, Cork
	20.99	Kelly Tobin	17-07-2004	Tullamore
	16.51	Ella Stack	08-06-2013	Ennis
	15.97	Lynn Bradfield	10-06-2006	CIT, Cork
	14.75	Erin Kingston	19-06-2010	CIT, Cork
	12.94	Mary Anne Hawkes	11-05-2003	CIT, Cork
Ball throw	38.74	Kelly Tobin	17-07-2004	Tullamore
Pentathlon (60mH, Long Jump, Shot Putt (2kg), High Jump, 800m)		Moira Barrett	07-05-2012	Castleisland
	11.01 (480), 3.86 (390), 6.21 (319), 1.37 (516), 2.54.88 (354): 2059			
* 12.75 70H was ran in error	10.93* (489), 4.33 (484), 5.75 (290), 1.30 (462), 3.02.21 (304): 2029	Aisling Cassidy	28-04-2013	CIT, Cork
	10.92 (491), 4.14 (446), 5.35 (265), 1.10 (316), 2.56.80 (340): 1858	Amy O'Donoghue	26-04-2015	CIT, Cork
	12.56 (323), 3.77 (372), 4.89 (234), 1.31 (470), 2.50.16 (388): 1787	Laura Nicholson	07-05-2012	Castleisland
	11.81 (394), 3.56 (330), 6.46 (334), 1.25 (426), 3.05.10 (285): 1769	Eimear Nagle	26-04-2015	CIT, Cork

	12.00 (375), 3.73 (364), 5.56 (278), 1.05 (279), 3.08.20 (266): 1562	Julie Sheehy	26-04-2015	CIT, Cork
	12.32 (344), 3.26 (270), 8.87 (466), 1.08 (301), 3.26.25 (165): 1546	Erin Kingston	28-08-2010	Templemore
	12.79 (303), 3.61 (340), 4.30 (192), 1.00 (242), 2.51.46 (378): 1455	Nicola Tuthill	10-05-2015	CIT, Cork
	12.54 (324), 3.67 (352), 6.48 (335), 1.11 (323), -: 1334	Kerri Buckley	28-08-2010	Templemore

Girls Under 14

80m	10.63 (-0.8)	Kate Bernard	14-07-2012	Tullamore
	10.73	Leah Wood	11-07-2015	Tullamore
	10.74 (+2.0)	Leah Wood	13-06-2015	RSC, Waterford
	10.82	Joan Healy	15-05-2005	CIT, Cork
	11.17	Claire Crowley	19-07-2003	Tullamore
	11.45	Erin deBurca	19-07-2015	Tullamore
	11.86	Ciara Boyle	13-06-2010	Castleisland
	11.92	Carla Hicks	12-05-2012	CIT, Cork
	11.93	Rachel O'Donovan	12-05-2012	CIT, Cork
	12.15 (-4.4)	Amy Crowley	30-06-2012	CIT, Cork
	12.21	Ciara Houston	13-06-2010	Castleisland
Wind assisted	10.69 (+3.1)	Leah Wood	13-06-2015	RSC, Waterford
	11.22 (+2.5)	Ellie O'Donovan	13-06-2015	RSC, Waterford
	11.37 (+2.1)	Stacey Komolafe	13-06-2015	RSC, Waterford
	11.59 (+2.8)	Erin deBurca	13-06-2015	RSC, Waterford
100m	13.34	Kate Bernard	15-04-2012	CIT, Cork
	14.96	Ciara Houston	28-08-2010	Templemore
200m	27.03 (+0.3)	Kate Bernard	28-07-2012	Tullamore
	27.32	Joan Healy	15-05-2005	CIT, Cork

	28.77	Leah Wood	17-05-2015	CIT, Cork
	29.11	Ellie O'Donovan	17-05-2015	CIT, Cork
	29.13	Sinead Mulcahy	17-05-2009	CIT, Cork
	29.52	Sarah O'Connor	13-06-2015	RSC, Waterford
	29.70	Alison Hathaway	15-06-2013	Templemore
	29.96	Erin deBurca	13-06-2015	RSC, Waterford
	30.72	Rachel O'Donovan	12-05-2012	CIT, Cork
	31.35	Lauren McCourt	13-06-2015	Waterford
800m	2.28.55	Jane Buckley	15-05-2016	CIT, Cork
	2.31.62	Moira Barrett	10-08-2013	Tullamore
	2.36.16	Ashling Everard	17-05-2009	CIT, Cork
	2.36.46	Sinead Caulfield	13-06-2010	Castleisland
	2.39.84	Olivia Tuthill	13-06-2015	RSC, Waterford
	2.40.18	Aisling Cassidy	02-08-2014	Tullamore
	2.43.83	Nicola Tuthill	08-05-2016	CIT, Cork
	2.44.17	Eva Stack	30-06-2012	CIT, Cork
	2.48.71	Laura Nicholson	28-04-2013	CIT, Cork
	2.49.05	Ciara McKeon	10-08-2013	Tullamore
	2.54.65	Amy O'Donoghue	08-05-2016	CIT, Cork
	2.54.79	Ciara Houston	28-08-2010	Templemore
	3.00.15	Ella Stack	05-05-2014	Waterford
	3.02.9	Eimear Nagle	08-05-2016	CIT, Cork
	3.03.51	Aoife Buckley	28-04-2013	CIT, Cork
	3.04.2	Toni Chatterton	27-05-2007	Castleisland
	3.06.7	Phil Healy	27-05-2007	Castleisland
	3.22.46	Emma Young	28-08-2010	Templemore
1500m	5.20.29	Ashling Everard	20-06-2009	Waterford
	5.27.47	Olivia Tuthill	13-06-2015	RSC, Waterford
	5.30.3	Moira Barrett	15-06-2013	Templemore
	5.46.32	Fiona Everard	08-05-2011	CIT, Cork
2000m Walk	12.23.48	Olivia Tuthill	13-06-2015	RSC,Waterford
	15.12.40	Erin Kingston	15-05-2011	CIT, Cork
4x100 Relay	53.73	Kate Bernard, Rachel O'Donovan, Carla Hicks, Eva Stack, Amy Crowley	29-07-2012	Tullamore
	53.80	Stacey Komolafe, Ellie O'Donovan, Sarah O'Connor, Leah Wood, Erin deBurca, Lauren McCourt	19-07-2015	Tullamore
	54.31	Sarah O'Connor,	26-05-2013	CIT, Cork
	55.36		10-05-2015	CIT, Cork
	55.89	Ella Nicholson, Fiona Everard, Erin Kingston, Kerri Buckley	24-07-2011	Tullamore
	56.54	10-07-2004	Tullamore
	59.12	10-05-2015	CIT, Cork

	59.41	Ciara Boyle, Ciara Houston, Sinead Caulfield,	13-06-2010	Castleisland
75m Hurdles	12.15 (-0.6)	Aisling Cassidy	13-07-2014	Tullamore
68.6/11.50/7.50	12.26	Carla Hicks	06-05-2012	CIT, Cork
	12.69	Amy O'Donoghue	08-05-2016	CIT, Cork
	12.80	Michelle Hayes	27-07-2002	Tullamore
	13.17	Moira Barrett	10-08-2013	Tullamore
	13.20	Ella Nicholson	18-06-2011	Castleisland
	13.78	Ciara McKeon	28-04-2013	CIT, Cork
	14.05	Ella Stack	02-08-2014	Tullamore
	14.19	Emma Young	28-08-2010	CIT, Cork
	14.23	Laura Nicholson	28-04-2013	CIT, Cork
	15.01	Eimear Nagle	08-05-2016	CIT, Cork
	15.35	Nicola Tuthill	08-05-2016	CIT, Cork
	15.5	Toni Chatterton	27-05-2007	Castleisland
	15.5	Phil Healy	27-05-2007	Castleisland
	18.26	Aoife Buckley	28-04-2013	CIT, Cork
75m Hurdles	12.88	Aisling Cassidy	09-05-2014	CIT, Cork
76.2/11.50/7.50	13.17	Ciara McKeon	09-05-2014	CIT, Cork
Hand time	12.6	Amy O'Donoghue	05-05-2016	CIT, Cork
200m Hurdles	32.15	Aisling Cassidy	04-05-2014	CIT, Cork
	34.57	Carla Hicks	06-05-2012	CIT, Cork
	35.27	Eva Stack	06-05-2012	CIT, Cork
	36.21	Ella Nicholson	08-05-2011	Templemore
	39.51	Leah Desmond	08-05-2005	CIT, Cork
High Jump	1.50	Ella Stack	28-06-2014	CIT, Cork
	1.47	Moira Barrett	11-08-2013	Tullamore
	1.45	Aisling Cassidy	28/29-6-2014	CIT, Cork
	1.41	Shauna Reilly	25-04-2015	CIT, Cork
	1.40	Jennifer Adenure	12-05-2013	CIT, Cork
	1.35	Ella Nicholson	18-19/6/2011	Castleisland
	1.35	Carla Hicks	12-05-2012	CIT, Cork
	1.35	Laura Nicholson	27-04-2013	CIT, Cork
	1.35	Leah Murphy	12-04-2014	CIT, Cork
	1.35	Niamh Sugrue	25-04-2015	CIT, Cork
	1.35	Jane Buttimer	25-04-2015	CIT, Cork
	1.32	Emma Young	28-08-2010	Templemore
	1.31	Ciara McKeon	10-08-2013	Tullamore
	1.30	Mary Theresa Murphy	05-04-2009	CIT, Cork
	1.30	Kerri Buckley	17-04-2011	CIT, Cork
	1.30	Amy O'Donoghue	08-05-2016	CIT, Cork
	1.28	Toni Chatterton	27-05-2007	Castleisland
	1.25	Eimear Nagle	08-05-2016	CIT, Cork
	1.20	S. Johnson	11-05-2003	CIT, Cork
	1.20	Alison Hathaway	27-04-2013	CIT, Cork
	1.16	Phil Healy	27-05-2007	Castleisland
	1.15	Clodagh Young	27-04-2013	CIT, Cork
	1.15	Nicola Tuthill	08-05-2016	CIT, Cork

	1.10	Aoife Buckley	28-04-2013	CIT, Cork
	1.05	Amy Mulcahy	27-04-2013	CIT, Cork
	1.05	Claire O'Reilly	27-04-2013	CIT, Cork
	1.05	Michelle O'Donovan	27-04-2013	CIT, Cork
Long Jump	5.11	Toni Chatteron	16-07-2007	Tullamore
	4.61	Aisling Cassidy	02-08-2014	Tullamore
	4.55	Ella Nicholson	09-07-2011	Tullamore
	4.51	Leah Wood	13-06-2015	RSC, Waterford
	4.45	Carla Hicks	06-05-2012	CIT, Cork
	4.41	Tracey Bradfield	24-06-2006	Castleisland
	4.37	Stacey Komolafe	13-06-2015	Waterford
	4.34	Amy O'Donaghue	08-05-2016	CIT, Cork
	4.23	Ciara McKeon	10-08-2013	Tullamore
	4.16	Moira Barrett	28-04-2013	CIT, Cork
	4.12	Aoibheann Harte	02-05-2009	CIT, Cork
	4.08	Phil Healy	27-05-2007	Castleisland
	4.04	Sinead Caulfield	02-05-2010	CIT, Cork
	3.94	Ella Stack	02-08-2014	Tullamore
	3.82	Laura Nicholson	28-04-2013	CIT, Cork
	3.70	Alison Hathaway	16-06-2013	Templemore
	3.70	Jennifer Adenure	16-06-2013	Templemore
	3.69	Nicola Tuthill	08-05-2016	CIT, Cork
	3.68	Eimear Nagle	08-05-2016	CIT, Cork
	3.63	Emma Young	28-08-2010	Templemore
	3.63	Kerri Buckley	25-04-2011	CIT, Cork
	3.49	Aoife Buckley	28-04-2013	CIT, Cork
Wind assisted	4.57 (+4.8)	Michelle hayes	27-07-2002	Tullamore
Polevault	2.30	Aisling Cassidy	31-05-2014	Tullamore
Shot Putt (2kg)	12.40	Laura McSweeney	05-07-2008	Antrim Forum
	12.20	Tracey Bradfield	08-07-2006	Tullamore
	11.36	Lynn Bradfield	16-07-2007	Tullamore
	11.01	Erin Kingston	18-06-2011	Castleisland
	10.75	Sarah Bradfield	18-08-2002	Tullamore
	9.85	Ella Stack	28-06-2014	CIT, Cork
	9.72	Fiona Duggan	20-06-2009	Waterford
	9.37	Amy Crowley	30-06-2012	CIT, Cork
	9.07	Mairead Roche	04-05-2003	CIT, Cork
	8.92	Erin deBurca	13-06-2015	RSC, Waterford
	8.73	Moire Barrett	10-08-2013	Tullamore
	8.09	Aisling Cassidy	02-08-2014	Tullamore
	8.04	Kelly Tobin	08-05-2005	CIT, Cork
	8.03	Alison Hathaway	15-06-2013	Templemore
	7.63	Niamh Sugrue	25-04-2015	CIT, Cork
	7.57	Rachel O'Donovan	29-04-2012	CIT, Cork
	7.43	Amy Allen	15-06-2013	Templemore
	7.34	Angharad O'Shaughnessy	27-04-2013	CIT, Cork
	7.32	Laura O'Sullivan	25-04-2011	CIT, Cork
	7.29	Sarah O'Connor	25-04-2015	CIT, Cork
	7.23	Ellie O'Donovan	06-05-2015	CIT, Cork

	7.07	Nicola Tuthill	08-06-2016	CIT, Cork
	6.93	Ciara McKeon	10-08-2013	Tullamore
	6.82	Cassandra O'Sullivan	30-06-2012	CIT, Cork
	6.69	Amy Mulcahy	27-04-2013	CIT, Cork
	6.67	Leah Murphy	12-04-2014	CIT, Cork
	6.42	Toni Chatterton	27-05-2007	Castleisland
	6.39	Amy O'Donaghue	08-05-2016	CIT, Cork
	6.04	Phil Healy	27-05-2007	Castleisland
	5.83	Eimear Nagle	08-05-2016	CIT, Cork
	5.75	Emma Young	28-08-2010	Templemore
	5.57	Aoife Buckley	28-04-2013	CIT, Cork
	5.20	Laura Nicholson	28-04-2013	CIT, Cork
Hammer (2.5 kg SW)	27.87	Niamh Sugrue	04-07-2015	Tullamore
	26.58	Laura McSweeney	05-07-2008	Antrim Forum
	26.35	Erin Kingston	09-07-2011	Tullamore
	25.78	Ellie O'Donovan	17-05-2015	CIT, Cork
	23.99	Fiona Duggan	11-07-2009	Tullamore
	20.70	Amy Allen	06-07-2013	Tullamore
	18.51	Cassandra O'Sullivan	12-05-2012	CIT, Cork
	17.75	Emma O'Brien	12-05-2012	CIT, Cork
	17.10	Nicola Tuthill	15-05-2016	CIT, Cork
Discus (750gr)	32.81	Sally Smith	09-07-2011	Tullamore
	30.14	Tracey Bradfield	24-06-2006	Castleisland
	28.66	Laura McSweeney	05-07-2008	Antrim Forum
	25.38	Rachel Roche	28-07-2001	Tullamore
	24.56	Lynn Bradfield	28-07-2007	Tullamore
	23.54	Lucy Hawkes	28-07-2001	Tullamore
	23.13	Fiona Duggan	20-06-2009	Waterford
	22.68	Mairead Roche	19-07-2003	Tullamore
	21.08	Ella Stack	28-06-2014	CIT, Cork
	19.54	Niamh Sugrue	03-05-2015	CIT, Cork
	19.33	Kelly Tobin	08-05-2005	CIT, Cork
	18.22	Amy Crowley	30-06-2012	CIT, Cork
	18.10	Erin Kingston	18-06-2011	Castleisland
	15.75	Erin deBurca	13-06-2015	RSC, Waterford
	15.01	Leah Desmond	08-05-2005	CIT, Cork
	14.91	Emma O'Brien	30-07-2012	CIT, Cork
	14.22	Amy Allen	16-06-2013	Templemore
Javelin (400gr)	28.22	Niamh Sugrue	13-06-2015	Waterford
	23.66	Mairead Roche	19-07-2003	Tullamore
	22.21	Rachel Roche	28-07-2001	Tullamore
	20.50	Lucy Hawkes	28-07-2001	Tullamore
	20.46	Erin Kingston	18-06-2011	Castleisland
	20.20	Ella Stack	28-06-2014	CIT, Cork
	19.67	Kelly Tobin	15-05-2005	CIT, Cork
	10.15	Cassandra O'Sullivan	30-06-2012	CIT, Cork

Pentathlon (75mH, Long Jump, Shot Putt (2kg), High Jump, 800m)	12.29 (568), 4.61 (542), 8.09 (426), 1.38 (524), 2.40.18 (467): 2527	Aisling Cassidy	02-08-2014	Tullamore
	13.17 (469), 4.09 (436), 8.73 (459), 1.43 (566), 2.31.62 (544): 2474	Moira Barrett	10-08-2013	Tullamore
	12.69 (521), 4.34 (486), 6.39 (330), 1.30 (462), 2.54.65 (355): 2154	Amy O'Donaghue	08-05-2016	CIT, Cork
	14.05 (383), 3.94 (406), 8.86 (466), 1.38 (524), 3.07.36 (271): 2050	Ella Stack	02-08-2014	Tullamore
	14.89 (311), 4.23 (464), 6.93 (362), 1.31 (470), 2.49.05 (396): 2003	Ciara McKeon	10-08-2013	Tullamore
	15.5 (263), 4.59 (537), 6.42 (332), 1.28 (448), 3.04.2 (291): 1871	Toni Chatterton	27-05-2007	Castleisland
	14.23 (367), 3.82 (382), 5.20 (255), 1.30 (462), 2.48.71 (399): 1865	Laura Nicholson	28-04-2013	CIT, Cork
	15.35 (274), 3.69 (356), 7.07 (370), 1.15 (352), 2.43.83 (437): 1789	Nicola Tuthill	08-05-2016	CIT, Cork

	15.01 (301), 3.68 (354), 5.83 (295), 1.25 (426), 3.02.9 (299): 1675	Eimear Nagle	08-05-2016	CIT, Cork
	14.19 (371), 3.63 (344), 5.75 (290), 1.32 (477), 3.22.46 (185): 1667	Emma Young	28-08-2010	Templemore
	15.5 (263), 4.08 (434), 6.04 (308), 1.16 (360), 3.06.7 (275): 1640	Phil Healy	27-05-2007	Castleisland
	18.26 (86), 3.49 (316), 5.57 (279), 1.10 (316), 3.03.51 (295): 1292	Aoife Buckley	28-04-2013	CIT, Cork

Girls Under 15

100m	12.63	Orla Coughlan	03-08-2002	Tullamore
	12.68	Joan Healy	08-07-2006	Tullamore
	12.79 (-0.9)	Kate Bernard	06-07-2013	Tullamore
	13.65 (+0.8)	Ella Nicholson	19-05-2012	CIT, Cork
	13.66 (-0.6)	Jennifer Adenure	28-06-2014	CIT, Cork
	13.73 (+1.1)	Meabh O'Donovan	13-06-2015	RSC, Waterford
	13.76	Aoife Buckley	12-04-2014	CIT, Cork
	14.03 (-1.4)	Claire Crowley	10-07-2004	Tullamore
	14.06 (-0.6)	Aoife Buckley	28-06-2014	CIT, Cork
	14.11	Ciara McKeon	28-06-2014	CIT, Cork
	14.13	Maeve O'Donovan	03-05-2015	CIT, Cork
	14.19	Alison Hathaway	28-06-2014	CIT, Cork
	14.43	Lisa Lovell	31-07-2011	Tullamore
	14.83 (-2.9)	Lauren McCourt	21-05-2016	RSC, Waterford
Wind assisted	12.71 (+2.6)	Kate Bernard	18-05-2013	CIT, Cork
Hand time	12.7	Leeah Wood	05-05-2016	CIT, Cork
	13.5	Lauren McCourt	05-05-2016	CIT, Cork
200m	25.98	Joan Healy	24-06-2006	Castleisland
	27.3	Kate Bernard	15-06-2013	Templemore

	27.89	Sinead Mulcahy	06-06-2010	Castleisland
	28.12	Niamh Wood	15-05-2016	CIT, Cork
	28.33	Stacey Komolafe	15-05-2016	CIT, Cork
	28.68 (+1.2)	Moirá Barrett	28-06-2014	CIT, Cork
	29.01 (+0.9)	Aoife Buckley	28-06-2014	CIT, Cork
	29.05	Emma Young	15-05-2011	CIT, Cork
	29.27 (+1.2)	Alison Hathaway	28-06-2014	CIT, Cork
	29.97	Ciara Houston	12-05-2011	CIT, Cork
	30.09	Phil Healy	21-06-2008	CIT, Cork
Wind assisted	26.43 (+2.4)	Kate Bernard	18-05-2013	CIT, Cork
800m	2.24.46	Margaret Crowley	09-07-1994	Tullamore
	2.35.34	Aisling Cassidy	27-06-2015	Tullamore
	2.35.51	Laura Nicholson	02-08-2014	Tullamore
	2.38.79	Aoibh Cassidy	18-05-2013	CIT, Cork
	2.39.57	Moirá Barrett	02-08-2014	Tullamore
	2.39.84	Lily Carey	12-04-2014	CIT, Cork
	2.41.18	Sinead Caulfield	15-05-2011	CIT, Cork
	2.44.1	Ciara Houston	10-05-2011	CIT, Cork
	2.48.53	Ciara McKeon	05-05-2014	RSC, Waterford
	2.55.54	Ella Stack	10-05-2015	CIT, Cork
1500m	5.09.34	Laura Nicholson	31-05-2014	Tullamore
	5.11.74	Fiona Everard	06-05-2012	CIT, Cork
	5.12.97	Aishling Everard	06-06-2010	Castleisland
	5.15.6	Olivia Tuthill	05-05-2016	CIT, Cork
	5.47.2	Ingrid Burns	11-05-2012	CIT, Cork
2000m Walk		No performance yet		
4x100 Relay	52.40	Leah Wood, Ella Stack, Meabh O'Donovan, Aisling Cassidy, Ellie O'Donovan	19-07-2015	Tullamore
	53.31	26-05-2013	CIT, Cork
	54.32	Ella Nicholson, Sally Smith,	30-06-2012	CIT, Cork
	54.82	10-05-2015	CIT, Cork
	57.36	10-05-2015	CIT, Cork
75m Hurdles	12.16 (+1.8)	Aisling Cassidy	16-05-2015	CIT, Cork
76.2/11.50/7.50	12.70	Carla Hicks	02-05-2013	CIT, Cork
	13.07 (-5.8)	Stacey Komolafe	21-05-2016	RSC, Waterford
Wind assisted	12.48 (+2.3)	Carla Hicks	18-05-2013	CIT, Cork
Hand time	12.8	Stacey Komolafe	05-05-2016	CIT, Cork

80m Hurdles	12.83	Aisling Cassidy	27-06-2015	Tullamore
76.2/12/8	13.35 (-2.1)	Ciara McKeon	17-04-2014	CIT, Cork
	13.98 (+1.7)	Ella Nicholson	30-06-2012	CIT, Cork
	14.3	Carla Hicks	15-06-2013	Templemore
	14.71	Moira Barrett	02-08-2014	Tullamore
	14.72	Emma Cotter	12-05-2012	CIT, Cork
	14.91	Laura Nicholson	02-08-2014	Tullamore
	15.05	Ella Stack	10-05-2015	CIT, Cork
250m Hurdles	37.65	Ciara McKeon	28-06-2014	CIT, Cork
68.6/35/35	38.38	Aisling Cassidy	13-06-2015	RSC, Waterford
	39.66	Ella Nicholson	14-07-2012	Tullamore
	40.76	Moira Barrett	26-07-2014	Tullamore
	42.27	Fiona Everard	06-05-2012	CIT, Cork
	43.17	Ella Stack	03-05-2015	CIT, Cork
	46.78	Emma Young	08-05-2011	CIT, Cork
High Jump	1.55	Ella Stack	06-05-2015	CIT, Cork
	1.54	Laura Nicholson	19-05-2014	CIT, Cork
	1.47	Aisling Cassidy	27-06-2015	Tullamore
	1.45	Carla Hicks	18-05-2013	CIT, Cork
	1.45	Moira Barrett	28-06-2014	CIT, Cork
	1.40	Emma Young	17-07-2011	Templemore
	1.38	Serena Cross	08-05-2005	CIT, Cork
	1.38	Ciara McKeon	02-08-2014	Tullamore
	1.35	Ella Nicholson	06-05-2012	CIT, Cork
	1.35	Meabh O'Donovan	12-04-2015	CIT, Cork
	1.35	Shauna Reilly	01-05-2016	CIT, Cork
	1.25	Sinead Caulfield	17-04-2011	CIT, Cork
	1.25	Lisa Lovell	08-05-2011	CIT, Cork
	1.20	Jennifer Adenure	28-06-2014	CIT, Cork
	1.15	Helena Murphy	02-05-2009	CIT, Cork
	1.15	Amy Crowley	14-04-2013	CIT, Cork
	1.15	Kate Bernard	14-04-2013	CIT, Cork
	1.05	Aoibh Cassidy	14-04-2013	CIT, Cork
	1.05	Niamh Mundy	14-04-2013	CIT, Cork
	1.05	Eva Stack	14-04-2013	CIT, Cork
	1.05	Aoife Reilly	14-04-2013	CIT, Cork
Long Jump	4.95	Phil Healy	17-05-2008	UL, Limerick
	4.90	Ella Nicholson	14-07-2012	Tullamore
	4.86	Stacey Komolafe	21-05-2016	RSC, Waterford
	4.85	Toni Chatterton	17-05-2008	UL, Limerick
	4.66	Aisling Cassidy	27-06-2015	Tullamore
	4.60	Carla Hicks	12-05-2013	CIT, Cork
	4.57	Moira Barret	05-05-2014	RSC, Waterford
	4.55	Sarah O'Connor	15-05-2016	CIT, Cork
	4.52	Laura Nicholson	05-05-2014	RSC, Waterford
	4.49	Ciara McKeon	02-08-2014	Tullamore
	4.40	Stacey Komolafe	05-05-2016	CIT, Cork
	4.14	Ella Stack	10-05-2015	CIT, Cork
	4.08	Lisa Lovell	15-05-2011	CIT, Cork

Triple Jump	9.45	Ciara McKeon	12-04-2014	CIT, Cork
	9.01	Emma Young	21-05-2011	CIT, Cork
	9.00	Aoibh Cassidy	10-05-2013	CIT, Cork
	8.92	Moira Barrett	12-04-2014	CIT, Cork
	8.85	Lily Carey	12-04-2014	CIT, Cork
	8.61	Michelle Love	05-05-2016	CIT, Cork
	7.97	Aoibheann Harte	12-05-2010	CIT, Cork
Polevault	2.65	Aisling Cassidy	30-05-2015	Tullamore
	2.25	Ella Stack	11-07-2015	Tullamore
	1.70	Helena Murphy	09-05-2009	CIT, Cork
Shot Putt (2.72kg)	12.65	Laura McSweeney	21-06-2009	Waterford
	11.16	Erin Kingston	19-05-2012	CIT, Cork
	11.11	Tracey Bradfield	28-07-2007	Tullamore
	10.58	Lynn Bradfield	21-06-2008	CIT, Cork
	10.15	Sarah Bradfield	19-07-2003	Tullamore
	9.86	Catriona Hurley	08-06-1996	Waterford
	9.62	Rachel Roche	27-07-2002	Tullamore
	9.51	Ella Stack	10-05-2015	CIT, Cork
	9.11	Sally Smith	12-05-2012	CIT, Cork
	8.92	Fiona Duggan	16-05-2010	CIT, Cork
	8.82	Erin de Burca	05-05-2016	CIT, Cork
	8.72	Moira Barrett	28-06-2014	CIT, Cork
	8.43	Amy Allen	28-06-2014	CIT, Cork
	8.36	Amy Crowley	16-06-2013	CIT, Cork
	8.35	Michelle Love	05-05-2016	CIT, Cork
	8.24	Ciara McKeon	02-08-2014	Tullamore
	7.66	Aisling Cassidy	26-04-2015	CIT, Cork
	7.47	Rachel O'Donovan	27-04-2013	CIT, Cork
	7.00	Laura Nicholson	02-08-2014	Tullamore
3.25kg	9.96	Erin Kingston	29-04-2012	CIT, Cork
Hammer (2.5kg SW)	35.37	Laura McSweeney	11-07-2009	Tullamore
	31.02	Fiona Duggan	12-05-2010	CIT, Cork
	28.66	Erin Kingston	14-07-2012	Tullamore
	25.87	Amy Allen	12-04-2014	CIT, Cork
	25.60	Niamh Sugrue	15-05-2016	CIT, Cork
Discus (750gr)	34.08	Laura McSweeney	11-07-2009	Tullamore
	33.87	Sarah Bradfield	19-07-2003	Tullamore
	31.50	Sally Smith	30-06-2012	CIT, Cork
	31.34	Tracey Bradfield	16-07-2007	Tullamore
	27.73	Lynn Bradfield	05-07-2008	Antrim Forum
	28.71	Fiona Duggan	06-06-2010	Castleisland
	28.61	Rachel Roche	27-07-2002	Tullamore
	25.40	Ella Stack	11-07-2015	Tullamore
	23.83	Kelly Tobin	24-06-2006	Castleisland
	22.42	Mairead Roche	10-07-2004	Tullamore
	22.31	Erin Kingston	30-06-2012	CIT, Cork
	20.00	Katie Boyle	05-05-2016	CIT, Cork

	18.26	Amy Allen	28-06-2014	CIT, Cork
	17.98	Amy Crowley	15-06-2013	Templemore
	16.80	Michelle Hayes	11-05-2003	CIT, Cork
1kg	27.11	Fiona Duggan	22-05-2010	CIT, Cork
	11.65	Lisa Lovell	25-04-2011	CIT, Cork
Javelin (400gr)	31.50	Niamh Sugrue	15-05-2016	CIT, Cork
	26.83	Mairead Roche	10-07-2004	Tullamore
	25.39	Rachel Roche	27-07-2002	Tullamore
	24.72	Sarah Bradfield	19-07-2003	Tullamore
	24.55	Laura McSweeney	03-05-2009	CIT, Cork
	23.82	Kelly Tobin	24-06-2006	Castleisland
	22.77	Erin Kingston	28-07-2012	Tullamore
	20.61	Sally Smith	28-07-2012	Tullamore
	14.42	Amy Crowley	16-06-2013	Templemore
	12.24	Helena Murphy	03-05-2009	CIT, Cork
Pentathlon (80mH, Long Jump, Shot Putt (2.72kg), High Jump, 800m)	12.83 (606), 4.66 (552), 7.33 (384), 1.47 (599), 2.35.34 (509): 2650	Aisling Cassidy	27-06-2015	Tullamore
	14.71 (425), 4.23 (464), 8.44 (444), 1.44 (574), 2.39.57 (472): 2379	Moira Barrett	02-08-2014	Tullamore
	13.81 (506), 4.49 (516), 8.24 (434), 1.38 (524), 2.52.52 (371): 2352	Ciara McKeon	02-08-2014	Tullamore
	14.91 (409), 4.08 (434), 7.00 (366), 1.44 (574), 2.35.51 (508): 2291	Laura Nicholson	02-08-2014	Tullamore
	15.05 (398), 4.14 (446), 9.51 (499), 1.45 (582), 2.55.54 (349): 2274	Ella Stack	10-05-2015	CIT, Cork
	1887	Michelle Hayes	22-06-2003	CIT, Cork
	1567	Mairead Roche	20-06-2004	CIT, Cork

Girls Under 16

100m	12.44 (-0.8)	Joan Healy	16-07-2007	Tullamore
	13.00 (+1.2)	Phil Healy	11-07-2009	Tullamore
	13.00	Kate Bernard	11-05-2014	CIT, Cork
	13.17	Sinead Mulcahy	12-05-2011	CIT, Cork
	13.36 (+0.3)	Alison Hathaway	18-04-2015	CIT, Cork
	13.78	Maeve O'Donovan	15-05-2016	CIT, Cork
	13.98	Amy Crowley	11-05-2014	CIT, Cork
	14.01	Ella Stack	15-05-2016	CIT, Cork
Wind assisted	12.9 (+2.2)	Phil Healy	11-07-2009	Tullamore
	13.16 (+2.6)	Ella Nicholson	18-05-2013	CIT, Cork
200m	25.27	Joan Healy	28-07-2007	Tullamore
	27.46	Sinead Mulcahy	18-06-2011	Castleisland
	27.84	Phil Healy	17-05-2009	CIT, Cork
	28.40	Eva Stack	11-05-2014	CIT, Cork
	30.19 (+0.5)	Amy Crowley	28-06-2014	CIT, Cork
Hand time	28.7	Maeve O'Donovan	15-05-2016	CIT, Cork
300m	44.5	Aisling Cassidy	21-05-2016	RSC, Waterford
	47.0	Aoibh Cassidy	12-04-2014	CIT, Cork
800m	2.29.49	Bella Sherlock	30-06-2012	CIT, Cork
	2.47.45	Ciara McKeon	27-06-2015	Tullamore
	2.55.33	Sinead Mulcahy	17-07-2011	Templemore
1500m	4.58.96	Laura Nicholson	13-06-2015	RSC, Waterford
	4.59.3	Fiona Everard	01-06-2013	Tullamore
	5.09.22	Bella Sherlock	06-05-2012	CIT, Cork
1 mile	5.26.01	Bella Sherlock	02-06-2012	Tullamore
2000m Walk		No performance yet		
4x100 Relay	53.05	26-05-2013	CIT, Cork
	54.05	10-05-2015	CIT, Cork
	54.72	Emma Young, Lisa Lovell, B	06-05-2012	CIT, Cork
75m Hurdles	12.32 (+1.8)	Ciara McKeon	16-05-2015	CIT, Cork
76.2/11.50/7.50				
80m Hurdles	13.13	Ciara McKeon	27-06-2015	Tullamore
76.2/12/8	14.44	Emma Young	06-05-2012	CIT, Cork

	15.04	Carla Hicks	04-05-2014	CIT, Cork
	16.00	Caoimh Ni Suilleabhain	04-05-2014	CIT, Cork
	17.20	Andrea O'Brien	05-05-2016	CIT, Cork
250m Hurdles	37.46	Ciara McKeon	12-07-2015	Tullamore
68.6/35/35	40.29	Moira Barrett	03-05-2015	CIT, Cork
	40.88	Liz Prout	21-06-2008	CIT, Cork
	41.53	Emma Young	06-05-2012	CIT, Cork
	42.46	Lynda O'Donovan	08-05-2005	CIT, Cork
	42.50	Laura Nicholson	03-05-2015	CIT, Cork
	43.83	Eva Stack	04-05-2014	CIT, Cork
	51.45	Lisa Lovell	30-06-2012	CIT, Cork
300m Hurdles	49.37	Moira Barrett	16-05-2015	CIT, Cork
76.2/50/35	50.14	Aisling Cassidy	21-05-2016	RSC, Waterford
Hand time	47.1	Moira Barrett	06-05-2015	CIT, Cork
	47.2	Aisling Cassidy	05-05-2016	CIT, Cork
	53.8	Andrea O'Brien	05-05-2016	CIT, Cork
1500m S/Chase	5.22.01	Laura Nicholson	30-05-2015	Tullamore
76.2-13-3wj-4jpl				
High Jump	1.55	Laura Nicholson	25-04-2015	CIT, Cork
	1.50	Emma Young	30-06-2012	CIT, Cork
	1.48	Ella Stack	15-05-2016	CIT, Cork
	1.46	Siobhan O'Leary	08-06-1996	Waterford
	1.46	Ciara McKeon	27-06-2015	Tullamore
	1.40	Serena Cross	24-06-2006	Castleisland
	1.40	Carla Hicks	11-05-2014	CIT, Cork
	1.40	Maeve O'Donovan	15-05-2016	CIT, Cork
	1.35	Lynda O'Donovan	15-05-2005	CIT, Cork
	1.30	Jennifer Adenure	25-04-2015	CIT, Cork
	1.20	Amy Mulcahy	25-04-2015	CIT, Cork
Long Jump	4.87	Phil Healy	03-05-2009	CIT, Cork
	4.73	Lynda O'Donovan	08-05-2005	CIT, Cork
	4.7 (-3.1)	Ella Nicholson	18-05-2013	CIT, Cork
	4.64	Ciara McKeon	27-06-2015	Tullamore
	4.58	Michelle Hayes	10-07-2004	Tullamore
	4.38	Laura Nicholson	12-04-2015	CIT, Cork
	4.29	Carla Hicks	04-05-2014	CIT, Cork
	3.93	Liz Prout	21-06-2008	CIT, Cork
	3.86	Erin Kingston	14-04-2013	CIT, Cork
	3.60	Lisa Lovell	30-06-2012	CIT, Cork
	3.41	Fiona Everard	14-04-2013	CIT, Cork
Triple Jump	9.74	Ciara McKeon	13-06-2015	RSC, Waterford
	9.67 (+1.7)	Ciara McKeon	11-07-2015	Tullamore
	9.25	Moira Barrett	16-05-2015	CIT, Cork
	9.15	Alison Hathaway	13-06-2015	RSC, Waterford
	9.14	Emma Young	19-05-2012	CIT, Cork
	9.08	Carla Hicks	12-04-2014	CIT, Cork

	9.05 (-3.4)	Carla Hicks	17-04-2014	CIT, Cork
	8.87	Eva Murphy	16-05-2015	CIT, Cork
	7.87	Helena Murphy	22-05-2010	CIT, Cork
	7.82	E. Peters	04-05-2003	CIT, Cork
Wind assisted	9.91 (+3.5)	Ciara McKeon	11-07-2015	Tullamore
Polevault	2.20	Carla Hicks	28-06-2014	CIT, Cork
	1.90	Helena Murphy	02-05-2010	CIT, Cork
	1.80	Ciara McKeon	12-04-2015	CIT, Cork
	1.50	Laura Nicholson	12-04-2015	CIT, Cork
Shot Putt (3kg)	11.93	Erin Kingston	15-06-2013	Templemore
	9.43	Ciara McKeon	13-06-2015	RSC, Waterford
	8.94	Amy Crowley	28-06-2014	CIT, Cork
	8.82	Ella Stack	01-05-2016	CIT, Cork
	8.70	Sally Smith	15-06-2013	Templemore
	8.42	Amy Allen	06-05-2015	CIT, Cork
	7.40	Alison Hathaway	12-04-2015	CIT, Cork
	6.83	Laura Nicholson	25-04-2015	CIT, Cork
3.25kg	11.88	Laura McSweeney	07-08-2010	Athlone
	11.34	Tracey Bradfield	21-06-2008	CIT, Cork
	10.44	Rachel Roche	28-06-2003	CIT, Cork
	9.72	Lynn Bradfield	20-06-2009	Waterford
	9.23	Sarah Bradfield	10-07-2004	Tullamore
	8.40	Fiona Duggan	25-04-2011	CIT, Cork
	7.39	Mairead Roche	08-05-2005	CIT, Cork
4kg	11.11	Laura McSweeney	05-06-2010	Tullamore
	7.84	Fiona Duggan	12-05-2011	CIT, Cork
Hammer (3kg)	26.56	Erin Kingston	12-05-2013	CIT, Cork
	23.85	Amy Allen	17-05-2015	CIT, Cork
3.25kg	39.65	Laura McSweeney	18-06-2010	Middleton
	31.52	Fiona Duggan	18-06-2011	Castleisland
	15.41	Lisa Lovell	30-06-2012	CIT, Cork
4kg	29.75	Laura McSweeney	09-05-2010	CIT, Cork
Discus (1kg)	31.01	Laura McSweeney	02-05-2010	CIT, Cork
	30.70	Tracey Bradfield	13-07-2008	Tullamore
	29.34	Sarah Bradfield	10-07-2004	Tullamore
	28.41	Sally Smith	16-06-2013	Templemore
	26.59	Rachel Roche	28-06-2003	CIT, Cork
	26.41	Lynn Bradfield	11-07-2009	Tullamore
	26.40	Fiona Duggan	23-07-2011	Tullamore
	26.12	Erin Kingston	06-07-2013	Tullamore
	20.03	Amy Allen	16-05-2015	CIT, Cork
	18.31	Mairead Roche	08-05-2005	CIT, Cork
Javelin (500gr)	27.30	Rachel Roche	19-07-2003	Tullamore

	26.19	Erin Kingston	15-06-2013	Templemore
	24.06	Sarah Bradfield	10-07-2004	Tullamore
	22.02	Laura McSweeney	16-05-2010	CIT, Cork
	14.77	Lynn Bradfield	02-05-2009	CIT, Cork
	11.52	Fiona Duggan	15-05-2011	CIT, Cork
600gr	14.46	Laura McSweeney	09-05-2010	CIT, Cork
Pentathlon (80mH, Long Jump, Shot Putt (3kg), High Jump, 800m)	13.13 (574), 4.64 (548), 8.11 (427), 1.46 (590), 2.47.45 (409): 2548	Ciara McKeon	27-06-15	Tullamore
	2094	Julie O'Sullivan	09-07-94	Tullamore
<h2>Girls Under 17</h2>				
100m	11.95 (+1.0)	Joan Healy	19-07-2008	Bedford, UK
	12.53 (+0.0)	Kate Bernard	11-07-2015	Tullamore
	12.69 (0.0)	Phil Healy	03-07-2010	Tullamore
	14.08 (-4.5)	Alison Hathaway	21-05-2016	RSC, Waterford
	14.95 (+1.1)	Bella Sherlock	26-05-2013	Tullamore
Wind assisted	12.29 (+4.4)	Kate Bernard	11-07-2015	Tullamore
	14.28 (+3.0)	Eva Stack	24-05-2015	Templemore
No wind measurement	13.22	Ella Nicholson	20-09-2014	Leiria, Portugal
Hand time	12.2	Aoibhinn O'Connor	05-05-2016	CIT, Cork
200m	24.80 (+1.2)	Joan Healy	19-07-2008	Bedford, UK
	26.26 (+0.5)	Kate Bernard	12-07-2015	Tullamore
	27.24 (+0.9)	Aoibhinn O'Connor	12-06-2016	Athlone
No wind measurement	26.62	Aoibhinn O'Connor	15-05-2016	CIT, Cork
	28.63	Erin Kingston	20-09-2014	Leiria, Portugal
300m	42.40	Phil Healy	12-05-2010	CIT, Cork
	47.18	Sinead Mulcahy	06-05-2012	CIT, Cork
Hand time	41.9	Margaret Crowley	08-06-1996	Waterford
	48.1	Eva Stack	06-05-2015	CIT, Cork
	48.5	Moirra Barrett	05-05-2016	CIT, Cork
400m	64.98	Ella Nicholson	21-06-2014	Tullamore
	65.40	Eva Stack	19-07-2015	Athlone
	65.63	Lynda O'Donovan	16-04-2006	CIT, Cork

	71.48	Aoibh Cassidy	13-06-2015	RSC, Waterford
800m	2.19.1	Margaret Crowley	08-06-1996	Waterford
	2.23.20	Bella Sherlock	12-05-2013	CIT, Cork
	2.27.45	Fiona Everard	20-09-2014	Leiria, Portugal
	2.34.37	Aisling Everard	10-06-2012	Athlone
	2.48.91	Aoibhinn O'Connor	02-05-2016	Templemore
1500m	4.22.8	Carmel Mc Carthy	xx-xx-1984
	4.54.44	Laura Nicholson	21-05-2016	RSC, Waterford
	4.55.84	Bella Sherlock	18-05-2013	CIT, Cork
	5.11.88	Aisling Everard	02-06-2012	Tullamore
	5.13.60	Fiona Everard	04-05-2014	CIT, Cork
	5.54.00	Ailis Crowley	21-06-2008	CIT, Cork
2000m Race Walk	15.24.59	Sarah Stack	19-05-2012	CIT, Cork
4x100 Relay	54.0	Margaret Crowley, Siobhan O'Leary,..	08-06-1996	Waterford
	54.68	Tracey Bradfield, Phil Healy,	17-05-2009	Tullamore
	64.11	04-05-2014	CIT, Cork
100m Hurdles	17.70	Aoibhinn O'Connor	02-05-2016	Templemore
76.2/13/8.5	17.7	Siobhan O'Leary	14-06-1997	CIT, Cork
	19.6	Michelle Hayes	15-05-2005	CIT, Cork
300m Hurdles	56.96	Aoibheann Harte	03-05-2012	CIT, Cork
76.2/50/35	74.68	Megan O'Brien	06-05-2012	CIT, Cork
2000m S/Chase		No performance yet		
76.2-18-5wj-5jpl				
1500m S/Chase	5.12.18	Laura Nicholson	04-06-2016	Tullamore
76.2-13-3wj-4jpl	5.47.20	Aisling Everard	02-06-2012	Tullamore
High Jump	1.50	Laura Nicholson	01-05-2016	CIT, Cork
	1.50	Aoibhinn O'Connor	12-06-2016	Athlone
	1.40	Lynda O'Donovan	24-06-2006	Castleisland
	1.40	Emily Palmer	29-04-2012	CIT, Cork
	1.25	Kate Bernard	19-07-2015	Athlone
Long Jump	5.43	Aoibhinn O'Connor	21-05-2016	RSC, Waterford
	5.29	Ella Nicholson	20-09-2014	Leiria, Portugal
	4.99 (+1.1)	Aoibhinn O'Connor	04-06-2016	Tullamore
	4.68	Lynda O'Donovan	24-06-2006	Castleisland
	4.54	Tracey Bradfield	05-04-2009	CIT, Cork
	4.06	Aoibheann Harte	29-04-2012	CIT, Cork
	4.04	Eva Stack	19-07-2015	Athlone
	4.00	Lisa Lovell	06-07-2013	Tullamore
	3.96	Michelle Hayes	15-05-2005	CIT, Cork

Triple Jump	9.99	Aoibhinn O'Connor	05-05-2016	CIT, Cork
	9.90	Aoibh Cassidy	16-05-2015	CIT, Cork
	9.34	Moira Barrett	05-05-2016	CIT, Cork
	9.17	Alison Hathaway	15-05-2016	CIT, Cork
	8.61	Aoibheann Harte	27-05-2012	CIT, Cork
	8.61	Carla Hicks	30-05-2015	Templemore
	8.12	Amy Crowley	19-07-2015	Athlone
Pole Vault	2.15	Carla Hicks	19-07-2015	Athlone
	1.75	Helena Murphy	17-05-2011	Santry, Dublin
Shot Putt (3kg)	12.43	Erin Kingston	17-04-2014	CIT, Cork
	9.84	Fiona Duggan	30-06-2012	CIT, Cork
	9.73	Amy Crowley	03-05-2015	CIT, Cork
	8.22	Amy Allen	01-05-2016	CIT, Cork
	7.84	Aoibhinn O'Connor	03-04-2016	CIT, Cork
	5.83	Lisa Lovell	14-04-2013	CIT, Cork
3.25kg	12.69	Laura McSweeney	18-06-2011	Castleisland
	10.92	Tracey Bradfield	17-05-2009	CIT, Cork
	10.85	Rachel Roche	10-07-2004	Tullamore
	10.32	Lynn Bradfield	16-05-2010	CIT, Cork
	10.30	Sarah Bradfield	15-05-2005	CIT, Cork
	6.44	Michelle Hayes	15-05-2005	CIT, Cork
4kg	11.72	Laura McSweeney	06-08-2011	Santry, Dublin
	10.59	Tracey Bradfield	10-05-2009	CIT, Cork
	9.00	Fiona Duggan	19-05-2012	CIT, Cork
	8.44	Amy Crowley	21-06-2015	CIT, Cork
Hammer (3kg)	34.74	Fiona Duggan	30-06-2012	CIT, Cork
	30.45	Erin Kingston	28-06-2014	CIT, Cork
	23.52	Amy Allen	15-05-2016	CIT, Cork
3.25kg	45.23	Laura McSweeney	23-07-2011	Tullamore
4kg	43.52	Laura McSweeney	21-05-2011	CIT, Cork
Discus (1 kg)	35.07	Laura McSweeney	09-07-2011	Tullamore
	34.37	Tracey Bradfield	30-05-2009	Tullamore
	32.11	Sarah Bradfield	15-05-2005	Tullamore
	30.38	Sally Smith	31-05-2014	Tullamore
	29.78	Rachel Roche	10-07-2004	CIT, Cork
	29.21	Fiona Duggan	30-06-2012	CIT, Cork
	29.02	Erin Kingston	12-04-2014	CIT, Cork
	27.35	Lynn Bradfield	12-05-2010	CIT, Cork
	23.01	Moira Barrett	21-05-2016	RSC, Waterford
	17.52	Aoibheann Harte	06-05-2012	CIT, Cork
	15.46	Amy Allen	01-05-2016	CIT, Cork
Javelin (500gr)	28.40	Rachel Roche	10-07-2004	Tullamore
	25.88	Erin Kingston	28-06-2014	CIT, Cork
	23.67	Sarah Bradfield	08-05-2005	CIT, Cork

	21.54	Sally Smith	17-04-2014	CIT, Cork
600gr	23.68	Erin Kingston	20-09-2014	Leiria, Portugal
	22.60	Laura McSweeney	23-07-2011	Tullamore
	11.99	Fiona Duggan	06-05-2012	CIT, Cork
Pentathlon (80mH, Long Jump, Shot Putt (2.72kg), High Jump, 800m)	2596	Siobhan O'Leary	03-08-1997	Waterford
3.0 kg shot	17.70 (520), 4.89 (530), 7.60 (374), 1.45 (566), 2.48.91 (475): 2465	Aoibhinn O'Connor	02-05-2016	Templemore

Girls Under 18

100m	12.18 (-0.4)	Phil Healy	16-07-2011	Cardiff, UK
	12.58 (-0.4)	Kate Bernard	04-06-2016	Tullamore
No wind measurement	11.78	Joan Healy	28-06-2009	Tullamore
	11.90	Phil Healy	12-06-2011	Castleisland
	14.48	Amy Crowley	15-05-2016	CIT, Cork
	14.50	Rachel O'Donovan	15-05-2016	CIT, Cork
Hand time	12.2	Kate Bernard	05-05-2016	CIT, Cork
200m	25.02	Phil Healy	18-06-2011	Castleisland
	25.09	Joan Healy	19-04-2009	Mardyke, Cork
	30.31	Amy Crowley	15-05-2016	CIT, Cork
300m	40.97	Phil Healy	09-07-2011	Tullamore
	41.96	Margaret Crowley	07-06-1997	Tullamore
400m	62.62	Sinead Caulfield	20-09-2014	Leiria, Portugal
	69.10	Aoibh Cassidy	05-05-2016	CIT, Cork
800m	2.18.6	Margaret Crowley	07-06-1997	Tullamore
	2.31.4	Roisin Howard	29-09-2007	Santry, Dublin
	2.32.69	Lynda O'Donovan	11-08-2007	Tullamore
	2.33.63	Fiona Everard	24-05-2015	Templemore
	2.46.96	Sinead Caulfield	11-05-2014	CIT, Cork
	3.08.9	Valery Lynch	27-05-2007	Castleisland
1500m	5.00.32	Fiona Everard	19-07-2015	Athlone
	5.33.63	Bethany Haigh	13-06-2015	RSC, Waterford

	5.41.28	Sinead Caulfield	20-09-2014	Leiria, Portugal
	5.45.56	Ailish Crowley	03-05-2009	CIT, Cork
3000m	11.44.97	Aisling Sheehy	13-06-2015	Waterford
	11.53.79	Bethany Haigh	26-04-2015	CIT, Cork
3000m Walk		No performance yet		
4x100 Relay	53.60	Margaret Crowley,	14-06-1997	CIT, Cork
	54.79	Kate Bernard, Eva Stack, Fiona Everard, Carla Hicks	24-05-2015	Templemore
4x300 Relay	2.56.5	Margaret Crowley,	27-07-1997	Tullamore
4x400 Relay		No performance yet		
100m Hurdles	20.9	Lynda O'Donovan	27-05-2007	Castleisland
76.2/13/8.5	21.2	Valery Lynch	27-05-2007	Castleisland
	29.1	Rachel O'Donovan	05-05-2016	CIT, Cork
300m Hurdles	47.18	Laura Armennizar	16-07-2007	Tullamore
76.2/50/35	50.52	Emma Young	12-04-2014	CIT, Cork
400m Hurdles	82.55	Emma Young	04-05-2014	CIT, Cork
76.2/45/35	85.16	Amy Crowley	12-0-2016	Athlone
	85.24	Aisling Kelly	20-09-2014	Leiria, Portugal
1500m S/Chase		No performance yet		
91.4-13-3wj-4jpl				
2000m S/Chase		No performance yet		
76.2-18-5wj-5jpl				
High Jump	1.60	Emma Young	20-09-2014	Leiria, Portugal
	1.45	Catriona O'Leary	09-07-1994	Tullamore
	1.40	Julie O'Sullivan	08-06-1996	Waterford
	1.35	Emma Peters	15-05-2005	CIT, Cork
	1.35	Laura McSweeney	29-04-2012	CIT, Cork
	1.31	Lynda O'Donovan	27-05-2007	Castleisland
	1.19	Valery Lynch	27-05-2007	Castleisland
Long Jump	5.09	Ella Nicholson	19-06-2015	Santry, Dublin
	4.35	Lynda O'Donovan	27-05-2007	Castleisland
	3.70	Rachel O'Donovan	21-05-2016	RSC, Waterford
	3.66	Valery Lynch	27-05-2007	Castleisland
	3.64	Helena Murphy	29-04-2012	CIT, Cork
	3.31	Fiona Duggan	14-04-2013	CIT, Cork
Wind assisted	5.46 (+3.6)	Ella Nicholson	30-06-2015	Tullamore
Triple Jump	9.03	Aoibh Cassidy	05-05-2016	CIT, Cork
	9.01	Emma Young	21-06-2014	Tullamore

	8.87 (-0.4)	Aoibh Cassidy	04-06-2016	Tullamore
Pole Vault	2.30	Helena Murphy	19-08-2012	Tullamore
Shot Putt (3kg)	13.90	Laura McSweeney	30-06-2012	CIT, Cork
	10.21	Fiona Duggan	15-06-2013	Templemore
	10.01	Amy Crowley	01-05-2016	CIT, Cork
	7.51	Sally Smith	06-05-2015	CIT, Cork
	7.31	Rachel O'Donovan	01-05-2016	CIT, Cork
	7.12	Aisling Kelly	28-06-2014	CIT, Cork
4kg	11.95	Laura McSweeney	07-05-2012	Castleisland
	10.14	Lynn Bradfield	23-07-2011	Tullamore
	10.13	Tracey Bradfield	16-05-2010	Castleisland
	9.66	Rachel Roche	27-05-2005	CIT, Cork
	9.57	Sarah Bradfield	24-06-2006	Castleisland
	9.16	Amy Crowley	05-05-2016	CIT, Cork
	8.70	Erin Kingston	12-04-2015	CIT, Cork
	6.42	Valery Lynch	27-05-2007	Castleisland
	5.31	Lynda O'Donovan	27-05-2007	Castleisland
Hammer (3kg)	48.91	Laura McSweeney	30-06-2012	CIT, Cork
	34.72	Fiona Duggan	06-07-2013	Tullamore
	23.72	Emily Horgan	12-07-2015	Tullamore
	14.01	Rachel Roche	15-05-2005	CIT, Cork
4kg	43.97	Laura McSweeney	24-06-2012	Tullamore
Discus (1kg)	36.58	Sarah Bradfield	20-06-2006	Tullamore
	35.81	Laura McSweeney	24-06-2012	Tullamore
	32.89	Fiona Duggan	07-07-2013	Tullamore
	31.21	Tracey Bradfield	05-06-2010	Tullamore
	30.23	Rachel Roche	08-05-2005	CIT, Cork
	28.71	Lynn Bradfield	18-06-2011	Castleisland
	24.23	Sally Smith	06-05-2015	CIT, Cork
Javelin (500gr)	28.65	Rachel Roche	15-05-2005	CIT, Cork
	24.94	Sarah Bradfield	24-06-2006	Castleisland
	24.63	Laura McSweeney	30-06-2012	CIT, Cork
	14.75	Fiona Duggan	12-05-2013	CIT, Cork
600gr	23.22	Laura McSweeney	12-05-2012	CIT, Cork
Pentathlon (100mH, Long Jump, Shot Putt (4kg), High Jump, 800m)	2996	Catriona O'Leary	09-07-2004	Tullamore
	2436 (20.9 (232), 4.35 (391), 5.31 (228), 2.46.4 (502))	Lynda O'Donovan	27-05-2007	Castleisland

	1994 (21.2 (210), 3.66 (233), 6.42 (298), 1.19 (302), 3.08.9 (287))	Valery Lynch	27-05-2007	Castleisland
Girls Under 19				
100m	11.87 (+1.0)	Phil Healy	7-8/7/2012	Santry, Dublin
	14.58 (+1.9)	Aisling Kelly	13-06-2015	RSC, Waterford
Wind assisted	11.92 (+2.7)	Joan Healy	16-05-2010	Castleisland
No wind measurement	11.95	Joan Healy	27-06-2010	Tullamore
	15.68	Liz Prout	08-05-2011	CIT, Cork
200m	24.60 (+0.4)	Phil Healy	28-07-2012	Tullamore
	24.99 (-1.7)	Joan Healy	05-06-2010	Tullamore
No wind measurement	24.56	Joan Healy	27-06-2010	Tullamore
400m	62.25	Margaret Crowley	05-07-1998
	62.78	Lynda O'Donovan	27-07-2008	Tullamore
	67.02	Roisin Howard	21-06-2008	CIT, Cork
	68.98	Aisling Kelly	13-06-2015	RSC, Waterford
800m	2.22.1	Margaret Crowley	05-07-1998
	2.34.04	Fiona Everard	12-06-2016	Athlone
1500m	5.06.91	Fiona Everard	12-06-2016	Athlone
3000m	11.16.79	Fiona Everard	21-05-2016	RSC, Waterford
	14.34.12	Mary Ann Everet	16-05-2010	CIT, Cork
3000m Walk		No performance yet		
4x100 Relay	52.70	Kate Bernard, Aoibhinn O'Connor, Ella Nicholson, Amy Crowley	12-06-2016	Athlone
4x400 Relay	4.32.25	Fiona Everard, Aoibhinn O'Connor, Ella Nicholson, Amy Crowley	12-06-2016	Athlone
	4.33.94	Emma Young, Sinead Caulfield, Aisling Everard, Fiona Everard	20-09-2014	Leiria, Portugal

100m Hurdles		No performance yet		
76.2/13/8.5				
400m Hurdles		No performance yet		
76.2/45/35				
3000m S/Chase		No performance yet		
76.2-28-7wj-5jpl				
1500m S/Chase		No performance yet		
91.4-13-3wj-4jpl				
High Jump	1.50	Roisin Howard	21-06-2008	CIT, Cork
	1.20	Laura McSweeney	12-05-2013	CIT, Cork
Long Jump	5.25	Ella Nicholson	21-05-2016	RSC, Waterford
	5.20	Roisin Howard	27-07-2008	Tullamore
	5.12 (-0.5)	Ella Nicholson	04-06-2016	Tullamore
	4.42	Rachel Roche	24-06-2006	Castleisland
	4.27	Aisling Kelly	26-04-2015	CIT, Cork
	4.21	Liz Prout	25-04-2011	CIT, Cork
	3.45	Helena Murphy	14-04-2013	CIT, Cork
	3.30	Laura McSweeney	14-04-2013	CIT, Cork
Triple Jump	9.21 (+0.8)	Emma Peters	20-08-2006	Tullamore
	8.64	Liz Prout	12-06-2011	Casleisland
Pole Vault	2.00	Ella Nicholson	12-06-2016	Athlone
Shot Putt (4kg)	12.14	Laura McSweeney	18-05-2013	CIT, Cork
	9.88	Lynn Bradfield	14-07-2012	Tullamore
	9.33	Rachel Roche	24-06-2006	Castleisland
	9.19	Roisin Howard	21-06-2008	CIT, Cork
	9.10	Fiona Duggan	17-04-2014	CIT, Cork
	8.40	Sally Smith	05-05-2016	CIT, Cork
	7.18	Aisling Kelly	13-06-2015	RSC, Waterford
	6.45	Emily Horgan	01-05-2016	CIT, Cork
Hammer (4kg)	46.60	Laura McSweeney	18-05-2013	CIT, Cork
	21.18	Fiona Duggan	11-05-2014	CIT, Cork
	19.32	Emily Horgan	15-05-2016	CIT, Cork
	17.34	Rachel Roche	24-06-2006	Castleisland
Discus (1kg)	32.66	Laura McSweeney	28-04-2013	CIT, Cork
	31.75	Sally Smith	21-05-2016	RSC, Waterford
	31.47	Rachel Roche	24-06-2006	Castleisland
	29.74	Fiona Duggan	20-09-2014	Leiria, Portugal
	27.26	Lynn Bradfield	11-05-2012	CIT, Cork
	26.62	Roisin Howard	05-07-2008	Antrim Forum
Javelin (600gr)	30.81	Rachel Roche	08-07-2006	Tullamore
	27.44	Sarah Bradfield	28-07-2007	Tullamore
	23.10	Roisin Howard	13-06-2008	CIT, Cork

	22.57	Laura McSweeney	12-05-2013	CIT, Cork
Heptathlon (100mH, high Jump, Shot Putt (4 kg), 200m, Long Jump, javelin (600gr), 800m)		No performance yet		

While some further updating is required, additional information such as names on relay teams, missing dates & performances and corrections are much appreciated. Contact: frankstam3@gmail.com
Hand times and electronic times are compared as follows: 0.24 seconds added to hand times up to 400m and 0.14 seconds added for distances 400m and up.
Identical results are listed in order of decreasing age.

For the U11 age group in Combined Events the following Scoring Table is used:
"Puntentelling voor Junioren C/D en Pupillen", Ed. 2007.

Score=INT((A/ Time)-B)	A	B	Performance
60m	15365.00	1058.00	9.21
600m	160470.50	811.35	124.21
Score=INT(A*SQRT(Distance)-B)			
Long Jump	887.99	1264.5	3.61
For distances <= 4.41m use: Score=INT((Distance-1.91)*200+100.5)			
Turbo Javelin	126.0	245.5	16.40
Shot Putt	303.7	337.5	4.75
Time in seconds (electronic); Distance in meters Scores to be rounded down to nearest whole number.			Total

For U12 -U16 age groups in Combined Events the following Scoring Table is used:
"Puntentelling voor Junioren C/D en Pupillen", Ed. 2007.

U13/U14 girls use the 76.2 cm 60H table (while their actual hurdle height is 68 cm).

Score=INT((A/ Time)-B)	A	B	Performance
60m	15365	1158.00	9.84
60H 76.2cm	14050	795.5	12.69
80H 76.2cm	18100.00	904.50	15.01
600m	160470.50	911.35	144.41
800m	216604.8	884.5	182.9
Score=INT(A*SQRT(Distance)-B)			
Long Jump	887.99	1364.5	3.68
For distances <= 4.41m use: Score=INT((Distance-1.91)*200+0.5)			
High Jump	1977.53	1798.5	1.25
For heights<=1.35m use: INT((distance-0.67)*733.33333+0.7)			
Turbo Javelin	170.39	337.50	7.33
Shot Putt	303.73	437.50	5.83
Time in seconds (electronic); Distance in meters Scores to be rounded down to nearest whole number.			Total

For Combined Events U17, U18, U19 Men's and Women's IAAF Scoring Tables are used , Ed. 2001

Score=INT(A*(B-Time)**C)	A	B	C
100mH	9.230760	26.70	1.8350
200m	4.990870	42.50	1.8100

800m		0.111930	254.00	1.8800
Score=INT(A*(Distance-B)**C)				
Long Jump		0.188807	210.00	1.41
High Jump		1.845230	75.00	1.3480
Score=INT(A*(Distance-B)**C)				
Shot Putt		56.021100	1.50	1.05
Javelin		15.980300	3.80	1.0400

Time in seconds (electronic); Distance in meters
*=multiplied by; **=raised to the power of
Scores to be rounded down to nearest whole number.