

# West Cork Track and Field Championships Day 1 April 5<sup>th</sup> 2009

## Results

### Seniors and Masters

#### Senior Men 3000m

1	Kieran Daly	Dohenys
2	Owen Thornhill	Skibbereen

#### Senior Men 800m

1	Kieran Daly	Dohenys
2	Owen Thornhill	Skibbereen
3	Paul Matthews	Bandon

#### Senior Men 100m

1	Timmy Harrington	Bandon
2	Kieran Daly	Doheny
3	Owen Thornhill	Skibbereen

#### Senior Women 100m

1	Joan Healy	Bandon
2	Sharon Nevin	Bandon

#### Senior Women 1500m

1	Ailish Crowley	Bandon
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#### Senior Women Shot

1	Liz Coomey	Bandon	8.61
2	Paula McCarthy	Bantry	8.45

#### Master Men 3000m

1	Paul Kingston	Bandon AC
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#### Master Men 100m

1	Pat Mulcahy	Bandon
2	Paul Kingston	Bandon

#### Master Women 100m

1	Liz Coomey	Bandon
2	Geraldine Lovell	Bandon

#### Master Women 400m

1	Kate Coveney	Bandon
2	Siobhán Dineen	Bandon

### Juvenile Girls

**Girls U17**

1500m

1	Grainne Moynihan	West Muskerry
2	Aine O'Leary	Dohenys
3	Liz Prout	Bandon

Shot

1	Tracy Bradfield	Bandon	9.98
2	Megan Moynihan	West Muskerry	8.25
3	Lynn Bradfield	Bandon	8.00

Other Bandon A.C

Emma Lovell 6.32m

Liz Prout 5.42m

Long Jump

1	Grainne Moynihan	West Muskerry	4.65
2	Phil Healy	Bandon	4.54
3	Tracy Bradfield	Bandon	4.54

Other Bandon A.C

Liz Prout 4.09m

100m

1	Grainne Moynihan	West Muskerry
2	Phil Healy	Bandon
3	Tracy Bradfield	Bandon

**Girls U15**

200m

1	Orla O'Regan	Skibbereen
2	Kate Moynihan	Skibbereen
3	Aoife Galvin	West Muskerry

100m

1	Orla O'Regan	Skibbereen
2	Doireann O'Donovan	West Muskerry
3	Aoibheann Harte	Bandon
3	Aoife Galvin	West Muskerry

High Jump

1	Mary Theresa Murphy	1.30m	Bandon
2	Aoife Galvin	1.22m	West Muskerry
3	Kate Moynihan	1.20m	Skibbereen
3	Kate Toner	1.20m	Bandon

Other Bandon A.c

Helena Murphy 1.20m

1200m

1	Aisling Everard	Bandon
2	Kate Moynihan	Skibbereen

3 Tara O'Riordan West Muskerry

### Girls U13

#### High Jump

1	Rochelle Scannell	1.20m	Bandon
2	Caroline O'Sullivan	1.20m	Bantry
3	Aisling Kelleher	1.15m	West Muskerry

Other Bandon A.C

Kirstie Scannell 0.95m

Sinead Caulfield 1.10m

Grainne Lucey 0.85m

Fiona Everard 0.95m

Erin Kingston 1.10m

Kerrie Buckley 1.15m

#### 80m

1	Finlay O'Donovan	West Muskerry
2	Sinead Caulfield	Bandon
3	Rochelle Scannell	Bandon

#### 800m

1	Sinead Caulfield	Bandon
2	Finlay O'Donovan	West Muskerry
3	Fiona Everard	Bandon

#### Shot 2kg

1	Aisling Kelleher	West Muskerry	7.74
2	Caroline O'Sullivan	Bantry	6.43
3	Erin Kingston	Bandon	6.04

Other Bandon A.C

Kerri Buckley 6.04m

Lisa Lovell 5.10m

Tara Ivri 4.77m

Kirstie Scannell 3.49m

Grainne Lucey 3.0.3m

Kellie Scannell 3.38m

Rochelle Scannell 4.69m

Cara Crowley 3.75m

Sinead Caulfield 3.61m

### Girls U11

#### 600m

1	Stephanie Cotter	West Muskerry
2	Ellen McCarthy	Skibbereen
3	Fiona Leonard	Skibbereen

#### Long Jump

1	Rachel Whelton	Skibbereen	3.22
2	Katie Bernard	Bandon	3.12m

3	Carla Hicks	Bandon	3.08m
Other Bandon A.C			

80m

1	Stephanie Cotter	West Muskerry
2	Kate Bernard	Bandon
3	Carla Hicks	Bandon

**Girls U9**

Ball Throw

1	Grainne Mulcahy	Bandon	15.50
2	Fionnuala Murphy	Bandon	12.92m
3	Maeve O'Riordan	West Muskerry	12.85m

80m

1	Kate Dineen	West Muskerry
2	Deirdre Nyhan	Doheny
3	Grainne Mulcahy	Bandon

**Juvenile Boys****U17**

1500m

1	Danny Mullins	Bantry
2	Mark O'Sullivan	Bandon

100m

1	Mark O'Sullivan	Bandon
2	Robert O'Sullivan	Bandon

Shot

1	Patrick McSweeney	Bandon	13.84m
2	Eric Stam	Bandon	9.65m
3	Tadhg O'Donovan	Bandon	8.05m

Other Bandon A.C.

Daire Harrington 7.60m

Long Jump

1	Eric Stam	Bandon	5.69m
2	Mark O'Sullivan	Bandon	4.67m
3	Patrick McSweeney	Bandon	4.24m

Other Bandon A.C

Daire Harrington 3.30m

**U15**

1200m

1	Jake Inglis	Doheny
2	Alan Connolly	Skibb

3	Andrew Murphy	West Muskerry
200m		
1	Oisin Sedgewick	Bandon
2	Jake Inglis	Doheny
3	Colin Kingston	Bandon

100m

1	Oisin Sedgewick	Bandon
2	Jake Inglis	Doheny
3	Colin Kingston	Bandon

High Jump

1	Oisin Sedgewick	1.40m	Bandon
2	Colin Kingston	1.35m	Bandon
3	Jake Inglis	1.35m	Doheny

Other Bandon A.C

Robert O'Sullivan 1.30

**U13**

800m

1	Sean McCarthy	Skibbereen
2	Gary O'Sullivan	West Muskerry
3	Killian O'Sullivan	Bantry

Shot 2KG

1	Ogie Scannell	Doheny	8.29m
2	Shane Scannell	Doheny	7.84m
3	Gavin Hicks	Bandon	7.29m

Other Bandon A.C

Miguel O'Mahoney 6.41m

Fiacra Harrington 7.03m

80m

1	Kevin O'Dwyer	West Muskerry
2	Shane Scannell	Doheny
3	Matthew Draper	Bandon

High Jump

1	Gavin Hicks	1.25m	Bandon
2	Scott Gibson	1.20m	Bandon
3	Kevin O'Dwyer	1.20m	West Muskerry

Other Bandon A.C

Fiacra Harrington 0.95m

Miguel O'Mahoney 0.95m

Brian Everard 1.05m

**U11**

600m

1	Joshua Delacey	West Muskerry
2	Ben Kelly	Doheny
3	Victor Lovell	Bandon

## 80m

1	Ben Kelly	Doheny
2	Victor Lovell	Bandon
3	Padraig Galvin	West Muskerry

## Long Jump

1	Alex Murphy	West Muskerry	3.54
2	Victor Lovell	Bandon	3.27
3	Cameron Blair	Bandon	3.22m

## Other Bandon A.C

David Dillane 3.04m  
 Conor Callnan 2.45m  
 Colin Moriarty 2.70m  
 Conor Reynolds 3.04m  
 Cian Kingston 2.54m  
 Aaron Draper 2.48m  
 Sean O'Shea 2.90m  
 Ronan Lucey 3.04m  
 Fionn O'Tuama 2.10m  
 Michael Laffan 3.06m

**U9**

## Ball Throw

1	Brian McSweeney	Bandon
2	Stephen Daly	Doheny
3	Jack Kelleher	West Muskerry

## 80m

1	Jack Kelleher	West Muskerry
2	Andrew Whelton	Skibbereen
3	Arron O'Donovan	Dohenys

**Relays**

## U11 Boys

1 Doheny    2 Bandon,    3 West Muskerry

## U11 Girls

1 West Muskerry,    2 Bandon,    3 Skibbereen

## Girls U13

1 Bandon,    2 West Muskerry,    3 Doheny

## Boys U13 Relay

1 Doheny,    2 West Muskerry,    3 Bandon

## Girls U15

1 West Muskerry,    2 Bandon,    3 Skibbereen

## Boys U15 Relay

1 Bandon

Girls U17 Relay  
1 Bandon, 2 Doheny

Girls U9 Relay  
Doheny and West Muskerry joint 1<sup>st</sup>, 3 Bandon

Boys U9 Relay  
1 Bandon, 2 Doheny, 3 Bandon

Senior Women Relay  
1 West Muskerry, 2 Bandon

## **West Cork Track and Field Championships Day 2 April 26<sup>th</sup> CIT**

### **Master Men**

#### **200m**

1	Pat Mulcahy	Bandon
2	Mark Mahon	West Muskerry
2	Diarmuid O'Donovan	Skibbereen

#### **1500m**

1	Mark Moynihan	West Muskerry
2	Conor Moynihan	West Muskerry
3	Paul Kingston	Bandon

#### **Long Jump**

1	Noel Galvin	West Muskerry
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#### **56LB**

1	Patrick McSweeney	4.75	Bandon
2	Diarmuid O'Donovan	3.80	Skibbereen
3	Tom Scannell	3.55	Doheny

#### **Open 56LB**

1	Owen Thornhill	3.41	Skibbereen
2	Paul Matthews	2.69	Bandon

### **Master Women**

#### **200m**

1	Liz Coomey	Bandon
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#### **Long Jump**

1	Liz Coomey	3.96	Bandon
2	Kathleen Hayes	3.09	Bandon
3	Benédicte Coleman	2.82	Beara

#### **800m**

1	Benédicte Coleman	Beara
2	Kate Coveney	Bandon

### **Senior Men**

**200m**

1	Timmy Harrington		Bandon
2	Owen Thornhill		Skibbereen
3	Paul Matthews		Bandon

**Long Jump**

1	Timmy Harrington	5.97	Bandon
2	Owen Thornhill	4.44	Skibbereen
3	Paul Matthews	2.25	Bandon

**1500m**

1	Owen Thornhill		Skibbereen
2	Paul Matthews		Bandon

**56LB**

1	John O'Donovan	5.05	Bandon
2	Frank Stam	4.12	Bandon
3	Paul Kingston	3.79	Bandon

**Senior Women****200m**

1	Joan Healy		Bandon
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**Long Jump**

1	Sharon Nevin	2.21	Bandon
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**U20 Boys****200m**

1	Padraig Sheehan		Bandon
2	John Harrington		Bantry
3	Kieran Daly		Doheny

**1500m**

1	John Harrington		Bantry
2	Kieran Daly		Doheny
3	Padraig Sheehan		Bandon

**High Jump**

1	David Reynolds	1.55	Bandon
2	Patrick McSweeney	1.50	Bandon
3	Kieran Daly	1.40	Doheny

Eric Stam 1.60m (Guest)

Shane Howard 1.45m (Guest)

**U20 Girls****1500m**

1	Ailish Crowley		Bandon
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**Boys U16****100m**

1	Eric Stam		Bandon
2	Great Okafer		Bandon
3	Mighty Okafer		Bandon

**Long Jump**

1	Eric Stam	5.61	Bandon
2	Shane Howard	5.19	Bandon

**Discus**

1	Eric Stam	38.02	Bandon
2	Shane Howard	20.41	Bandon
3	Daire Harrington	20.23	Bandon

**Shot 4Kg**

1	Eric Stam	10.39	Bandon
2	Daire Harrington	8.58	Bandon
3	Shane Howard	6.85	Bandon

**Relay**

1 Bandon

**Girls U16****100m**

1	Grainne Moynihan	West Muskerry
2	Phil Healy	Bandon
3	Elaine Keane	Doheny

**1500m**

1	Grainne Moynihan	West Muskerry
2	Kate Moynihan	Skibbereen
3	Kate McCarthy	Skibbereen

**Shot 3.25Kg**

1	Laura McSweeney	10.56	Bandon
2	Lynn Bradfield	9.29	Bandon
3	Gráinne Moynihan	7.90	West Muskerry

Other Bandon A.C

Phil Healy 6.13m

Niamh Mulcahy 5.74m

**Long Jump**

1	Michelle Cronin	4.24	Doheny
2	Laura Mc Sweeney	3.34	Bandon

**Discus 1Kg**

1	Laura McSweeney	26.18	Bandon
2	Lynn Bradfield	22.46	Bandon
3	Niamh Mulcahy	15.37	Bandon

**Relay**

1 Bandon

**Boys U14****100m**

1	Colin Kingston	Bandon
2	Promise Okafer	Bandon

3 Fintan Shaughnessy Bandon

**800m**

1 Gary O'Sullivan West Muskerry

2 Seán McCarthy Skibbereen

3 Colin Kingston Bandon

**Long Jump**

1 Fintan Shaughnessy 4.77 Bandon

2 Promise Okafer 4.48 Bandon

3 Colin Kingston 4.29 Bandon

Other Bandon A.C

David Laffan 3.28m

Dylan Scanell 2.28m

**Shot 2.72Kg**

1 Colin Kingston 12.11 Bandon

2 Shane O'Neill 9.00 Carbery Harriers

3 Ogie Scannell 6.96 Doheny

Other Bandon A.C

Gavin Hicks 6.07m

Colm Minihane 5.59m

**Relay**

1 Bandon, 2 Doheny, 3 Skibbereen

**Girls U14****100m**

1 Doireann O'Donovan West Muskerry

2 Orla O'Regan Skibbereen

3 Alice Dunne West Muskerry

**800m**

1 Bella Sherlock Doheny

2 Aisling Everard Bandon

3 Sinéad Caulfield Bandon

**Long Jump**

1 Alice Dunne 3.99 West Muskerry

1 Orla O'Regan 3.99 Skibbereen

2 Aoibheann Harte 3.94 Bandon

3 Kelly Harte 3.44 Bandon

Other Bandon A.C

Aisling Everard 3.43m

Sinead Caulfield 3.44m

Kirstie Scannell 3.34m

Rochelle Scannell 3.44m

Mary Theresa Murphy 3.44m

Kellie Harte 3.44m

Tara Ivri 3.01m

**Shot**

1	Aisling Cahalane	9.22	Skibbereen
2	Fiona Duggan	8.22	Bandon
3	Aisling Kelleher	7.95	West Muskerry

**Relay**

1 West Muskerry, 2 Bandon, 3 West Muskerry

**Boys U12****100m**

1	Matthew Draper		Bandon
2	Adam Buckley		West Muskerry
3	Daniel O'Neill		Beara

**600m**

1	Adam Buckley		West Muskerry
2	Cathal McCarthy		Doheny
3	Matthew Draper		Bandon

**Long Jump**

1	Adam Buckley	3.89	West Muskerry
2	Matthew Draper	3.83	Bandon
3	Rory Brown	3.53	Carbery Harriers

**Other Bandon A.C**

Colin Moriarty 2.58m

Dylan Scannell 3.34m

Conor Reynolds 2.55m

Nathan Holden 3.20m

Ronan Lucey 2.89m

Travis Coomey 2.76m

Fiacra Harrington 2.40m

Cameron Blair 3.24m

Aidan O'Sullivan 3.14m

Elliot Fair 2.33m

**Shot 2Kg**

1	Travis Coomey	7.02	Bandon
2	Fiachra Harrington	6.70	Bandon
3	Padraig Moynihan	6.45	West Muskerry

**Relay**

1 Doheny, 2 Beara, 3 Bandon

**Girls U12****100m**

1	Sinéad O'Connell		Doheny
2	Marie Dineen		Bandon
3	Sarah Hayes		Skibbereen

**600m**

1	Stephanie Cotter		West Muskerry
2	Gráinne Lucey		Bandon

3 Fiona Everard Bandon

### **Long Jump**

1 Sarah Hayes 3.59 Skibbereen  
 2 Carla Hicks 3.29 Bandon  
 3 Rachel Whelton 3.26 Skibbereen

Other Bandon A.C

Kellie Scanell 3.20m

Grainne Lucey 3.01m

Fiona Everard 3.01m

Eva Stack 2.55m

Amy Crowley 2.25m

Caoimhe Ni Shuibheabhuin 2.50m

Aaoibhinn Ni Shuibheabhuin 2.98m

Katie Bearnard 3.14m

Erin Kingston 3.18m

Sarah O'Neil 2.08m

Mari Dineen 2.81m

### **Shot 2Kg**

1 Erin Kingston 6.75 Bandon  
 2 Aoife Crowley 5.78 Carbery Harriers  
 3 Sarah Hayes 5.68 Skibbereen

Other Bandon A.C

Kerri Buckley 5.17m

Kellie Scannell 4.00m

### **Relay**

1 Bandon, 2, Skibbereen, 3, Bandon

## **Boys U10**

### **80m**

1 Alex Murphy West Muskerry  
 2 Ian Jennings Carbery Harriers  
 3 Josh Delacey West Muskerry

### **300m**

1 Josh Delacey West Muskerry  
 2 Conor Callanan Bandon  
 3 Ian Jennings Carbery Harriers

### **Ball Throw**

1 David O'Sullivan 26.48 Bantry  
 2 Alex Murphy 24.20 West Muskerry  
 3 Josh Delacey 23.57 West Muskerry

### **Relay**

1 Bandon, 2 Skibbereen, 3  
 Doheny

## **Girls U10**

### **80m**

1	Rachel Cooper	West Muskerry
2	Katelyn O'Donovan	Doheny
3	Aideen Bohane	Skibbereen
3	Leah Buckley	Bandon

**300m**

1	Katelyn O'Donovan	Doheny
2	Aideen Bohane	Skibbereen
3	Rachel Cooper	West Muskerry

**Ball Throw**

1	Aoibhínn Keating	17.20	Skibbereen
2	Rachel Cooper	16.70	West Muskerry
3	Louise O'Mahony	14.75	Bandon

**Relay**

1. Dohenys, 2. Skibbereen, 3 West Muskerry