# **Bandon Athletic Club** Est. 1964



Any corrections or additional results please mail <a href="mailto:info@bandonathleticclub.com">info@bandonathleticclub.com</a> or inform the PRO at any training session.

#### **Results for 2006**

# **AAI Masters Championships of Ireland Tullamore, 13th Aug**

W35	100m	2nd Liz Coomey
W35	High Jump	1st Liz Coomey
W35	Long Jump	1st Liz Coomey
W35	Hammer	1st Liz Coomey
W35	Walk	1st Collete Hurley-Tuthil
W35	400m	3rd Collete Hurley-Tuthil
W35	800m	3rd Collete Hurley-Tuthil
W40	Long Jump	1st Anne Kelly-McCarthy
W40	100m	3rd Anne Kelly-McCarthy
W40	200m	1st Anne Kelly-McCarthy
M35	400m	1st Tom Laffan
M35	200m	4th Tom Laffan
M35	800m	4th Tom Laffan
M40	100m	1st Gerry Healy
M40	100m	4th Pat Mulcahy
M40	100m	5th Pat Mulcahy
M45	400m	2nd Liam O'Reilly
M45	200m	2nd Liam O'Reilly
M35	4*100m Relay	1st Gerry Healy, Tom Laffan, Pat Mulcahy, Liam O'Reilly

#### **Juvenile Celtic International, Waterford, 13th Aug**

GIRIS U16	100m	4th Joan Healy 12.67
Girls U16	4*100m Relay	4th Ireland 51.14 (included Joan Healy)
Girls U18	Discus	1st Sarah Bradfield 34.34m

# **AAI Juvenile Combined Events Championships of Ireland Tullamore, 30th July**

Boys U14	Pentathlon	2nd Sipke O'Snaugnessy

Boys U14 Pentathlon 8th Mark Sugrue

# **AAI Juvenile 'B' Championships of Ireland Tullamore, 30th July**

Girls U13	80m	3rd Phil Healy
Girls U13	Long Jump	1st Phil Healy 4.13m
Girls U14	Long Jump	5th Elizabeth Prout 4.06m
Boys U12	Ball Throw	2nd Robert O'Sullivan 38.08m
Boys U12	Ball Throw	3rd Oisin O'Tuama 37.22m
Boys U13	80m	3rd Mighty Okafor
Boys U13	Long Jump	3rd Mighty Okafor 4.09m
Boys U14	Long Jump	3rd Mark O'Sullivan 4.26m
Boys U14	800m	6th Mark O'Sullivan

# Munster 'B' Championships 22nd July Waterford.

Medal winners included Grainine Lucey, Mighty Okafor, Ronan Sheehan, Oisin O'Tuama, Robert O'Sullivan, Mari Dinneen, Kately Cross, Rachel McCarthy, Aoibhean Harte, Aisling Everard, Cian O'Connell, Matthew Draper and Thomas McCarthy. Full Results Shortly

# AAI Juvenile U9-U13 Championships of Ireland CIT, 16th July 2006

2nd Dhil Haab

Girls U12	Shot Putt	1st Laura McSweeney 8.56m (CBP)
Girls U12	Ball Throw	11th Laura McSweeney 24.90m
Girls U13	Shot Putt	2nd Lynn Bradfield 10.79m
Girls U13	Long Jump	5th Toni Chatterton 4.50m
Boys U12	Long Jump	2nd Promise Okafor 4.28m
Boys U13	80m	3rd Great Okafor
Boys U13	80m	7th Ronan Sheehan
Bovs U13	Hurdles	7th Great Okafor

# AAI Juvenile Inter-Club Relay Championships of Ireland, CIT, 15th July 2006

#### Girls

Girls U9 8th Bandon A.C. (Grainne Lucey, Nicholson, Scannell)

Girls u17 5th Bandon (Serena Cross, Lynda O'Donovan, Mary Kenneally, Valerie Lynch)

#### **Boys**

Under 11 4x100m Didn't qualify for final

Under 12 4x100m Disqualified in heat

Under 13 4x100m 2nd Bandon (Mighty Okafor, Great Okafor, Ronan Sheehan, David O'Brien, Jerry Crowley (sub) )

Under 14 4x100m 4th Bandon (Mighty Okafor, Great Okafor, Sipka O'Shaughnessy, Mark O'Sullivan, Patrick McSweeney (sub) )

Under 15 4x100m 8th Bandon (Padraig Sheehan, Conor Pullin, Sipke O'Shaughnessy, Mark O'Sullivan)

Under 17 4x400m 2nd Bandon (Shane Conway, Chris Nash, Anthony Hennessy, Alan Coleman)

Under 18 4x100m 5th Bandon (Shane Conway, Chris Nash, Alvaro Ardmendiz, Chris Spearman)

Under 18 4x400m 3rd Bandon (Shane Conway, Chris Nash, Ronan Duggan, Chris Spearman)

Under 19 4x100m 2nd Bandon (Ronan Duggan, Billy Henchy, Chris Spearman, Alvaro Ardmendiz)

Under 19 4x400m 2nd Bandon (Ronan Duggan, Billy Henchy, Chris Spearman, Alvaro Ardmendiz)

#### Cork County Senior Track & Field Championships, 14th July CIT.

Women High Jump 2nd Liz Coomey 1.35m

Women Triple Jump 2nd Liz Coomey 9.47m

Women Shot Putt 1st Sarah Bradfield 9.73m

Women Shot Putt 2nd Rachel Roche 9.00m,

Women Shot Putt 4th Liz McCarthy Coomey 8.37m

Women Javelin 2nd Rachel Roche 28.19m
Women Javelin 3rd Sarah Bradfield 20.02m

## AAI Juvenile U14 - U19 Championships of Ireland Tullamore, 8th & 9th July 2006

U14 Boy's 75m Hurdles 1st Sipke O'Shaughnessy 12.27

U14 Boy's Long Jump 6th Sipke O'Shaughnessy 4.71m

U14 Boy's Shot Putt 5th Patrick McSweeney 10.49m

U14 Boy's Shot Putt 9th Mark Sugrue 9.30m

U14 Boy's Discus 5th Mark Sugrue 30.96m

U14 Boy's High Jump 7th Mark Sugrue 1.35m

U15 Boy's Discus 1st Conor Pullin 31.77m

U15 Boy's Javelin 8th Conor Pullin 28.44m

U17 Boys 200m Shane Conway, Chris Nash (Heats)

U18 Boy's 1500m 8th Ronan Duggan 4.20.83

U18 Boy's 800m 9th Ronan Duggan 2.05.42

U18 Boys 200m Chris Spearman (Heats)

U18 Boys 400m Chris Spearman (Heats)

U19 Boy's 200m 6th Billy Henchy 23.61

U14 Girl's Shot Putt 3rd Tracey Bradfield 12.20m

U14 Girl's Discus 2nd Tracey Bradfield

U15 Girl's 200m 2nd Joan Healy 26.14

U15 Girl's 100m 1st Joan Healy 12.68

U16 Girl's High Jump 6th Serena Cross 1.40m

U18 Girl's Discus 1st Sarah Bradfield 34.49m

U19 Girl's Shot Putt 2nd Rachel Roche 9.13m

U19 Girl's Javelin 3rd Rachel Roche

U19 Girl's Discus 2nd Rachel Roche 29.90m

U19 Girl's Long Jump 5th Rachel Roche 4.23m

# Munster Juvenile U14-U19 Track & Field Championships, Castleisland 24th/25th/26th June

Girls U14 Discus 1st Tracey Bradfield

Girls U14 Shot Putt 2nd Tracey Bradfield

Girls U14 Long Jump 6th Tracey Bradfield

Girls U15 100m 1st Joan Healy 100m

Girls U15 200m 1st Joan Healy 25.78 (CBP)

Girls U15 Discus 5th Kelly Tobin

Girls U15 Javelin 6th Kelly Tobin

Girls U16 High Jump 3rd Serena Cross

Girls U17 Long Jump 4th Lynda O'Donovan

Girls U17 High Jump 5th Lynda O'Donovan

Girls U18 Discus 1st Sarah Bradfield

Girls U18 Javelin 2nd Sarah Bradfield

Girls U18 Shot Putt 3rd Sarah Bradfield

Girls U19 Discus 1st Rachel Roche

Girls U19 Shot 2nd Rachel Roche

Girls U19 Javelin 1st Rachel Roche

Girls U19 Discus 1st Rachel Roche

Girls U19 Long Jump 3rd Rachel Roche

Boys U14 Hurdles 1st Sipke O'Shaughnessy

Boys U14 200m 1st Sipke O'Shaughnessy

Boys U14 Long Jump 1st Sipke O'Shaughnessy

Boys U14 80m 8th Sipke O'Shaughnessy

Boys U14 High Jump 3rd Mark Sugrue

Boys U14 Shot Putt 4th Mark Sugrue

Boys U14 Javelin 6th Mark Sugrue

Boys U14 Discus 1st Mark Sugrue

Boys U14 Shot Putt 3rd Patrick McSweeney

Boys U14 Discus 6th Patrick McSweeney

Boys U14 Javelin 6th Mark O'Sullivan

Boys U17 Discus 7th Discus Mark O'Sullivan

Boys U15 Discus 3rd Conor Pullin

Boys U15 Javelin 3rd Conor Pullin

Boys U15 Triple Jump 5th Conor Pullin

Boys U15 Shot 7th Conor Pullin

Boys U16 Discus 6th Ivan O'Brien

Boys U16 High Jump 8th David Reynolds

Boys U17 300m Hurdles 4th Anthony Hennessy

Boys U18 400m 3rd Chris Spearman

Boys U18 200m 4th Chris Spearman

Boys U18 800m 3rd Ronan Duggan

Boys U18 400m 5th Roger Grey

Boys U19 200m 1st Bill Henchy 22.95m (CBP)

Relays

Girls U15 team (Lorraine O'Brien, Joan Healy, Elizabeth Prout, Tracey Bradfield) were 3rd,

Boys U14 team (Mark O'Sullivan, Patrick McSweeney, Mighty Okafor, Great Okafor, Sipke O'Shaughnessy) were 3rd

Boys U18 team (Chris Nash, Chris Spearman, Roger Grey, Shane Conway) were 3rd.

# Munster Senior Track & Field Championships, C.I.T 18th June

1,500m 3rd Carmel Crowley

Javelin 1st Rachel Roche 29.24m

Shot 2nd Sarah Bradfield 9.81m, 4th Rachel Roche 9.11m

Discus 2nd Sarah Bradfield 32.15m, 5th Rachel Roche 27.45m

# Munster Juvenile Track & Field Championships, Cork IT, Sun June 10th/11th

Girls U11 60m 6th Carla Nicholson

Girls U12 Shot 1st Laura McSweeney 9.19m (CBP)

Girls U12 Ball Throw 2nd Laura McSweeney 27.47m

Girls U12 High Jump 6th Laura McSweeney 1.15m

Girls U13 Long Jump 2nd Toni Chatterton 4.31m

Girls U13 Shot 2nd Lynn Bradfield 9.42m

Girls U13 Javelin 6th Lynn Bradfield 15.97m

Boys U11 Long Jump 3rd Promise Okafor 3.91m, 4th Fintan O'Shaughnessy 3.90m

Boys U11 60m 5th Promise Okafor

Boys U12 Long Jump 7th Gerry Crowley 3.56m

Boys U12 Shot 7th Robert O'Sullivan 7.23m

Boys U13 Hurdles 4th Great Okafor

Boys U13 80m 1st Great Okafor 10:56 (CBP), 4th Ronan Sheehan, 8th Mighty Okafor

Boys U13 Long Jump 5th Great Okafor 3.93m

Boys U13 Javelin 8th Mighty Okafor 18.50m

## **Relays**

Girls U9 Relay 4th (Grainne Lucey, Kristie Scannell, Rochelle Scannell))

Girls U10 Relay 7th (Lisa Lovell, Grainne Lucey, Katlyn Cross, Rochelle Scannell)

Boys U9 Relay 5th (Mathew Draper, Cian O'Callaghan, Fiacra Harrington, Rabi Bikunda)

Boys U11 Relay 3rd (Fintan O'Shaughnessy, Promise Okafor, Edward Aherne, Kelvin Stone)

Boys U12 Relay 6th (Promise Okafor, Fintan O'Shaughnessy, Oisin O'Tuama, Gerry Crowley)

Boys U13 Relay 1st (Mighty Okafor, Ronan Sheehan, Great Okafor, David O'Brien)

# Cork County Senior Track & Field Championships, Cork IT, Friday June 9th

Discus 2nd Sarah Bradfield 31.40m, 3rd Rachel Roche 26.35m

1500m 1st Carmel Crowley 5.04.7

Hammer 3rd Liz Coomey 23.11m.

# National Masters Combined Events, Claremont Stadium, Navan Sun 11th.

Women Pentathlon 2nd Liz McCarthy-Coomey 1843 pts

# Munster Juvenile Combined Events Championships, May 28th Castleisland

Boys U14 Pentathlon 1st Spike O'Shaughnessy, 4th Patrick McSweeney

# Munster Masters Track & Field Championships, May 28th Castleisland

Men (VI)

400m 1st Tom Laffan

800m 2nd Tom Laffan

3000m 2nd Tom Laffan

56lb WD 3rd Patrick McSweeney

Javelin 3rd Patrick McSweeney

**Shot 3rd Patrick McSweeney** 

#### Men (V2)

100m 2nd Pat Mulcahy, 3rd Gerry Healy

56Lb WD 4th John O'Donovan

Shot Putt 4th John O'Donovan

### Women (V1)

100m 1st Liz Coomey

Long Jump 1st Liz Coomey

Hammer 1st Liz Coomey

High Jump 1st Liz Coomey

1500m 1st Carmel McCarthy

3000m 1st Carmel McCarthy

# Women (V2)

100m 1st Anne McCarthy, 3rd Geraldine Lovell

200m 1st Anne McCarthy

Long Jump 1st Anne McCarthy

#### Relavs

Men's 1st Bandon (Pat Mulcahy, John O'Donovan, Gerry Healy, Tom Laffan)

Women's 1st Bandon (Liz Coomey, Carmel McCarthy, Geraldine Lovell, Anne McCarthy)

#### Cork County Juvenile 'B' T&F, CIT 27th May

Girls U9 Long Jump 3rd Bandon 4.84m. (?)

Boys U9 100m 3rd Bandon (Rabi Bikunda, Niall McCarthy)

Boys U9 Ball Throw 2nd Bandon 24.91m. (Fiacra Harrington,?)

Girls U10 Long Jump 2nd Bandon 5.97m (Rachel McCarthy, ?)

Girls U11 500m 2nd Bandon (Aisling Everard, ?)

Girls U11 High Jump 2nd Bandon 1.80m (Katie Toner, Aisling Everard).

Girls U11 Ball Throw 1st Bandon 27.95m (?)

Girls U11 Shot 1st Bandon 8.62m (Katie Toner, Naoimi Bikunda)

Girls U13 Long Jump 3rd Bandon 7.14m. (Phil Healy, Seana Coveney)

Boys U13 700m 3rd Bandon. (?)

Boys U13 Shot: 2nd Bandon 14.60m (?)

Boys U13 100m 3rd Bandon. (?)

# Kit Kat Munster Schools Track & Field championships, CIT Track 20th May 2006

Senior Boys

200m 2nd Billy Henchy (Bandon GS) 23.13

#### Intermediate Boys

1500m Steeplechase 2nd Ronan Duggan (St. Brogan's Bandon) 4:45.1

#### Senior Girls

Shot 1st Rachel Roche (Colaiste na Toirbhirte Bandon) 8.63m

Discus 2nd Rachel Roche (Colaiste na Toirbhirte) 29.10m Javelin 1st Rachel Roche (Colaiste na Torbhirte) 32.22m

#### Intermediate Girls

High Jump 3rd Lynda O'Donovan (Colaiste na Toirbhirte Bandon) 1.35m Shot 3rd Sarah Bradfield (Bandon GS) 9.31m Discus 1st Sarah Bradfield (Bandon GS) 32.84m

#### Junior Girls

100m 1st Joan Healy (Colaiste na Toirbhirte Bandon) 12.82 200m 1st Joan Healy (Colaiste na Toirbhirte) 26.57 Triple Jump 2nd Tracey Bradfield (Bandon GS) 8.33m Shot 3rd Tracey Bradfield (Bandon GS) 9.48m Discus 2nd Tracey Bradfield (Bandon GS) 27.54m

# Cork County Masters Track & Field Championships, May 19th Cork IT

Men (VI)
200m 1st Tom Laffan 26.4
800m 1st Tom Laffan 2.18
3000m 1st Tom Laffan 9.42
56lb WD 3rd Patrick McSweeney 3.96m
Javelin 3rd Patrick McSweeney 16.25m

#### Men (V2)

56Lb WD 3rd John O'Donovan 4.21m

### Women (V1)

200m 1st Liz Coomey 30.5 3000m 1st Carmel Crowley 10.40.9 Hammer 1st Liz Coomey 22.94m Javelin 1st Liz Coomey 11.29m High Jump 1st Liz Coomey 1.30m

# Cork County Juvenile Track and Field Championships, May 14th C.I.T

Girls U9 200m 2nd Grainne Lucey Girls U10 60m 3rd Sinead Caulfield

Girls U11 Long Jump 2<sup>nd</sup> Aoibhean Harte 3.44m

Girls U11 Shot 2<sup>nd</sup> Fiona Duggan 5.14m, 3<sup>rd</sup> Kerin Chatterton 4.87m

Girls U12 Ball Throw 3<sup>rd</sup> Laura McSweeney 24.0m

Girls U12 Discus 2<sup>nd</sup> Laura McSweeney 15.38m

Girls U13 Long Jump 2<sup>nd</sup> Toni Chatterton 4.17m

Girls U13 Shot Putt 1st Lynn Bradfield 8.84m

Girls U15 Discus 1<sup>st</sup> Kelly Tobin 21.29m

Girls U15 Shot 3<sup>rd</sup> Kelly Tobin 7.64m

Girls U15 200m 1st Lorraine O'Brien

Girls U17 Long Jump 3<sup>rd</sup> Lynda O'Donovan 4.40m

Girls U17 Walk 1st Mary Kenneally

Girls U17 800m 3<sup>rd</sup> Lynda O'Donovan

Girls U17 200m 3<sup>rd</sup> Grace Lynch

Girls U18 Javelin 1<sup>st</sup> Sarah Bradfield 23.34m

Girls U19 Discus 1st Rachel Roche 30.62 m

Boys U9 200m 2<sup>nd</sup> Matthew Draper

Boys U11 Long Jump 3<sup>rd</sup> Fintan O'Shaughnessy 3.79

Boys U11 High Jump 2<sup>nd</sup> Fintan O'Shaughnessy 1.10m

Boys U12 Ball Throw 1st Robert O Sullivan 39.7m

Boys U12 Shot Putt 1st Robert O'Sullivan 7.61m

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Boys U13 700m 3rd Ciaran Everard
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Boys U14 100m 1st Sipke O'Shaughnessy

Boys U14 Shot Putt 1st Patrick McSweeney 10.76m, 2nd Mark Sugrue 9.90m

Boys U14 Long Jump 1st Sipke Shaughnessy 4.74m

Boys U14 Discus 2<sup>nd</sup> Mark Sugrue 25.52m, 3<sup>rd</sup> Tadhg O'Donovan 23.74m

Boys U14 200m 1st Sipke O'Shaughnessy

Boys U15 High Jump 3<sup>rd</sup> David Reynolds 1.30m

Boys U16 Discus 2<sup>nd</sup> Ivan O'Brien 32.54m

Boys U17 200m 2<sup>nd</sup> Shane Conway

Boys U17 3000m 3<sup>rd</sup> Alan Coleman

Boys U18 800m 2<sup>nd</sup> Ronan Duggan, 3<sup>rd</sup> Roger Grey

Girls U11 4x100m 2<sup>nd</sup> Bandon 1.04.59 (Carla Nicholson, Claire Sexton, Sinead Mulcahy, Aoibhean Harte) Girls U13 4x100m Qualified for final (Lynn Bradfield, Toni Chatterton, Phil Healy, Niamh Mulcahy)

Girls U15 4x100m 3<sup>rd</sup> Bandon 55.84 (Joan Healy, Elizabeth Prout, Lorraine O'Brien, Ailis Crowley)

Girls U17 4x100m 2<sup>nd</sup> Bandon 51.28 (Lynda O'Donovan, Grace Lynch,?,?)

Boys U11 4x100m Qualified for final (Fintan O'Shaughnessy, Edward Aherne, ?,?)

Boys U13 4x100m 2<sup>nd</sup> Bandon 59.34 (Ronan Sheehan, Jerry Crowley,?,?)

Boys U15 4x100m 2<sup>nd</sup> Bandon (David Reynolds, Sipke O'Shaughnessy, Mark O'Sullivan, Padraigh Sheehan)

Boys U17 4x100m 1st Bandon (Chris Nash, Shane Conway, Anthony Hennessy, ?)

Boys U18 4x400m 1<sup>st</sup> Bandon (Ronan Duggan, Chris Nash, ?,?)
Boys U19 4x100m 1st Bandon (Chris Spearman, Ronan Duggan, Roger Grey, Billy Henchy)

Boys U19 4x400m 1<sup>st</sup> Bandon (Chris Spearman, Ronan Duggan, Roger Grey, Billy Henchy)

# Cork County Juvenile Track and Field Championships, May 7th C.I.T

Girls U9 60m 4th Grainne Lucev

Girls u10 300m 3rd Sinead Caulfield

Girls U10 Long Jump 2nd Sinead Caulfield (3.29m)

Girls U11 High Jump 2nd Keren Chatterton (1m), 3rd Claire Sexton (1m)

Girls U11 Ball Throw 1st Rachel Desmond (26.04)

Girls U12 Shot Putt 1st Laura McSweeney (8.48m)

Girls U13 Discus 3rd Lynn Bradfield (17.37m)

Girls U14 Discus 1st Tracey Bradfield (23.58m)

Girls U14 Shot Putt 1st Tracey Bradfield

Girls U15 200m Hurdles 3rd Ailis Crowley

Girls U15 100m 1st Joan Healy

Girls U17 High Jump 2nd Lynda O'Donovan (1.40m)

Girls U17 300m Hurdles 3rd Valerie Lynch

Girls U18 Shot Putt 1st Sarah Bradfield (8.95m)

Girls U18 Discus 1st Sarah Bradfield (30.89m)

Girls U19 Shot Putt 1st Rachel Roche (8.88m)

Girls U19 Discus 1st Rachel Roche (28.24m)

Boys U9 60m 3rd Matthew Draper

Boys U11 Shot Putt 2nd Edward Aherne

Boys U11 80m 3rd Promise Okafor

Boys U12 Long Jump 1st Gerry Crowley (3.63m)

Boys U12 Discus 3rd Robert O'Sullivan (15.38m)

Boys U13 Sprint 1st Great Okafor

Boys U14 Hurdles 1st Sipke O'Shaughnessy

Boys U14 Javelin 2nd Mark O'Sullivan (20.69m), 4th Patrick McSweeney

Boys U14 High Jump 3rd Patrick McSweeney (1.20m)

Boys U14 Hammer 3rd Patrick McSweeney (17.91m)

Boys U14 1,500m 3rd Mark O'Sullivan

Boys U16 Javelin 3rd Ivan O'Brien (20.96m)

Boys U17 Steeple-Chase 1st Alan Coleman

Boys U17 400m Hurdles 1st Anthony Hennessy

14/09/2010 11:53 7 of 12

Boys U17 100m 1st Shane Conway, 3rd Chris Nash

Boys U17 400m 1st Chris Nash

Boys U17 Hammer 1st Anthony Hennessy (20.71m)

Boys U17 1,500m 4th Barry O'Driscoll

Boys U18 High Jump 3rd Michael Allaway (1.40m)

Boys U18 400m 3rd Chris Spearman

Boys U18 1,500m 2nd Ronan Duggan

Boys U19 100m 1st Billy Henchy

#### Relays

Girls U18 2nd Bandon (Lynda O'Donovan,?)

Girls U16 2nd Bandon (?)

Girls U12 4th Bandon (Claire Sexton, Meg O'Sullivan, Aoife Lucey, Laura McSweeney)

Girls U10 2nd Bandon (Sinead Caulfield, Lisa Lovell, Rachel McCarthy, KayLynn Cross)

Boys U18 2nd Bandon (Chris Nash, Shane Conway, Anthony Hennessy, Chris Spearman)

Boys U14 2nd Bandon (Mighty Okafor, Great Okafor, Mark O'Sullivan, Sipke O'Shaughnessy)

Boys U12 1st Bandon (Gerry Crowley, ?)

# South Munster Schools Track and Field Championships, CIT 6th May

Junior Boys.

Discus 2nd Ivan O'Brien, Bandon GS 32.73

Javelin 3rd David Reynolds, Bandon GS 22.52

High jump 3rd David Reynolds, Bandon GS 1.40

## Intermediate boys.

100m 3rd Chris Spearman, Bandon GS 12.06

200m 4th Chris Nash, Bandon GS

400m 2nd Chris Spearman, Bandon GS 54.08

800m 1st Ronan Duggan, St. Brogan's Bandon 2:05.4

1,500m. 4th Anthony Hennessy, Clonakilty CC

Steeplechase. 1st Ronan Duggan, St. Brogan's Bandon 4:50.5

#### Senior Boys.

100m 3rd Billy Henchy, Bandon GS 11.59

200m 2nd Billy Henchy, Bandon GS 23.38

#### Minor Girls.

Long Jump 2nd Tracey Bradfield, Bandon GS 4.35

Shot 1st Tracey Bradfield, Bandon GS 9.01

#### Junior girls.

100m. 1st Joan Healy, Colaiste na Toirbhirte Bandon 12.78

200m. 1st Joan Healy, Colaiste na Toirbhirte Bandon

Discus 1st Tracey Bradfield, Bandon GS 28.09

Triple jump 1st Tracy Bradfield, Bandon GS 8.23

#### Intermediate girls.

High Jump 1st Lynda O'Donovan, Col na Toirbhirte 1.44; 2nd Valerie Lynch, Clonakilty CS 1.41

Discus 1st Sarah Bradfield, 31.28

Javelin 1st Sarah Bradfield, Bandon GS 33.59

Shot 4th Sarah Bradfield, Bandon GS 9.10

#### Senior girls.

Discus 1st Rachel Roche, Col na Toirbhirte 28.86

Javelin 1st Rachel Roche, Col na Toirbhirte 29.21

Shot 1st Rachel Roche, Colaiste na Toirbhirte Bandon 8.92

# County Masters Track and Field Championships, CIT Track, May 5th

Women(VI)

**100m** 1st Liz Coomey (8.15m)

Long Jump 1st Liz Coomey (4.26m)

Discus 1st Liz Coomey (20.70m)

Shot Putt 1st Liz Coomey

1,500m 1st Carmel Crowley 400m 3rd Carmel Crowley

Men (VI) 1,500m 2nd Tom Laffan 400m 2nd Tom Laffan

Shot Putt 3rd Patrick McSweeney (7.79m)

Men (V2)

100m 1st Pat Mulcahy Long Jump 1st Pat Mulcahy (4.17m) Shot Putt 3rd Pat Mulcahy (6.05m)

Men (V3)

Discus 3rd George Bradfield (16.96m)

Men's relay team was 4th

### Munster Junior & U23 Track and Field Championships May 1st, Cork IT

Junior Men

100m 4th Billy Henchy

200m 5th Billy Henchy

400m 5th Chris Spearman, 8th Roger Gray

800m 8th Roger Gray

1,500m 4th Ronan Duggan

4\*400m Relay 2nd Bandon

Junior Women

Discus 1st Sarah Bradfield, 5th Rachel Roche Javelin 2nd Rachel Roche Shot Putt 4th Rachel Roche, 5th Sarah Bradfield High Jump 5th Serena Cross, 6th Lynda O'Donovan Long Jump 11th Valerie Lynch 4\*400m Relay 3rd Bandon

U23 Men

4\*100m Relay 1st Bandon

#### West Cork Track and Field Championships 2nd Leg, 23rd April 2006

Girls U10 80m 1st Sinead Caulfield, 2nd Kristie Scannell

Girls U10 300m 1st Sinead Caulfield, 3rd Grainne Lucey

Girls U10 Ball Throw 1st Katelyn Cross

Girls U12 100m 3rd Claire Sexton

Girls U12 Long Jump 3rd Claire Sexton, 4th Laura McSweeney

Girls U12 Shot 1st Laura McSweeney

Girls U14 Shot 1st Tracey Bradfield, 3rd Lynn Bradfield

Girls U14 100m 3rd Liz Prout

Girls U14 Long Jump 1st Toni Chatterton, 2nd Liz Prout

Girls U20 200m 1st Lynda O'Donovan, 3rd Mary Kenneally

Girls U20 High Jump 1st Lynda O'Donovan, 2nd Valerie Lynch

Girls U20 1,500m 1st Lynda O'Donovan, 2nd Valerie Lynch

Senior Ladies 200m 1st Grace Lynch, 2nd Valerie Lynch, 3rd Kate Harte

Senior Ladies Long Jump 1st Lynda O'Donovan, 2nd Valerie Lynch, 3rd Liz Coomey

Masters Ladies 200m 1st Anne Kelly

Boys U8 80m 1st Travis Coomey, 3rd Jason Bradfield

Boys U8 Ball Throw 2nd Travis Coomey, 3rd Ronan Lucey

Boys U10 300m 3rd Brian Everard

Boys U10 Ball Throw 3rd Brian Everard

Boys U12 Shot 1st Robert O'Sullivan, 3rd Matthew Reynolds

Boys U12 Long Jump 1st Fintan O'Shaughnessy, 2nd Oisin Twomey, 3rd Jerry Crowley

Boys U12 100m 1st Promise Okafor, 2nd Jerry Crowley, 3rd Oisin Twomey

Boys U12 600m 2nd Robert O'Sullivan

Boys U14 Shot 1st Patrick McSweeney, 2nd Sipke O'Shaughnessy

Boys U14 100m 1st Great Okafor, 2nd Sipke O'Shaughnessy, 3rd Mighty Okafor

Boys U14 Long Jump 1st Spike O'Shaughnessy, 2nd Great Okafor, 3rd Mighty Okafor

Boys U14 800m 3rd Mark O'Sullivan

Boys U20 1500 2nd Anthony Hennessy

Senior Men 200m 1st Anthony Hennessy, 2nd Paul Matthews

Senior Men 1,500m 2nd Paul Matthews

#### Relays

Girls U10 1st and 3rd, Girls U12 2nd and 3rd, Girls U14 1st, Girls U16 1st Boys U10, Boys U12 1st and 2nd, Boys U14 1st,

# Cork County Junior Track and Field Championships, CIT Track, April 16th/17th 2006

Junior Men:

200m: 2nd Billy Henchy 23.78 1500m: 1st Ronan Duggan 4.31.81

#### Junior Women:

400m 3rd Linda O'Donovan 65.63 High Jump: 2nd Linda O'Donovan 1.39m

Shot: 1st Sarah Bradfield 9.54m Discus: 1st Sarah Bradfield 31.27m Javelin: 1st Rachel Roche 30.44m

# Leevale Open Sports, C.I.T Track Sun 16th April 2006

Girls U10 Long Jump 2nd Sinead Caulfield

Girls U10 300m 3rd Sinead Caulfield

Girls U10 Sprint Sinead Caulfield (Qualified for final)

Girls U11 Sprint Sinead Mulcahy (Qualified for final)

Girls U13 Shot Putt 1st Lynn Bradfield, 2nd Laura McSweeney

Girls U13 Sprint Phil Healy and Toni Chatterton (both Qualified for final)

Girls U13 Hurdles 6th Phil Healy

Senior Women Shot 1st Sarah Bradfield, 2nd Liz Coomey

Boys U8 Sprint 2nd Travis Coomey

Boys U11 Sprint Fintan O'Shaughnessy (Qualified for final)

Boys U12 Sprint Robert O'Sullivan (Qualified for final)

Boys U13 Shot 3rd Robert O'Sullivan

Boys U14 100m 1st Sipke O'Shaghnessy, 4th Mark O'Sullivan, 7th Patrick McSweeney

Boys U14 800m 3rd Sipke O'Shaghnessy, 4th Mark O'Sullivan

Boys U14 High Jump 2nd Sipke O'Shaughnessy, 6th Patrick McSweeney

Boys U15 Hurdles 6th Patrick McSweeney

Boys U17 100m 3rd Chris Nash

# West Cork Track and Field Championships 1st Leg, 9th April 2006

Girls U9 Sprint 1st Christina O'Donovan, 2nd Grainne Lucey

Girls U9 Ball Throw 3rd Rosie O'Dowd

Girls U11 600m Aisling Everard

Girls U11 Long Jump 2nd Katelyn Cross, 3rd Sinead Caulfield

Girls U11 80m 2nd Sinead Mulcahy

Girls U13 Shot Putt 1st Lynn Bradfield, 2nd Laura McSweeney

Girls U13 High Jump 1st Lynn Bradfield, 3rd Laura McSweeney

Girls U13 Sprint 1st Phil Healy, 2nd Lynn Bradfield

Girls U15 100m 1st Joan Healy, 2nd Lorraine O'Brien

Girls U15 200m 1st Lorraine O'Brien

Girls U17 Shot 2nd Valerie Lynch, 3rd Grace Lynch

Girls U17 1500m 1st Lynda O'Donovan, 3rd Grace Lynch

Girls U17 Long Jump 1st Lynda O'Donovan, 2nd Valerie Lynch

Senior Ladies Shot 1st Sarah Bradfield, 3rd Siobhan O'Donovan

Senior Ladies 100m 2nd Sarah Bradfield, 3rd Anne Kelly-McCarthy

Masters Ladies 100m 1st Anne Kelly-McCarthy

Masters Ladies Shot 1st Liz Coomey

Master Ladies 400m 1st Anne Kelly-McCarthy

Boys U9 80m 1st Evan Harte, 3rd Rabbi Bikunda

Boys U9 Ball Throw 3rd Travis Coomey

Boys U11 80m 1st Fintan O'Shaughnessy

Boys U11 Long Jump 1st Fintan O'Shaughnessy

Boys U13 Shot Putt 1st Matthew Aherne

Boys U13 800m 1st Ronan Sheehan, 2nd Ciaran Everard, 3rd David O'Brien

Boys U13 80m 1st Ronan Sheehan

Boys U13 High Jump 2nd Mighty Okafor

Boys U15 100m 1st Padraig Sheehan, 2nd Sipke O'Shaughnessy

Boys U15 200m 2nd Padraig Sheehan, 3rd Sipke O'Shaughnessy

Boys U15 High Jump 3rd David Reynolds

Boys U17 100m 1st Shane Conway, 2nd Chris Nash

Boys U17 Shot Putt 2nd Chris Nash, 3rd Anthony Hennessy

Boys U17 Long Jump 2nd Shane Conway, 3rd Anthony Hennessy

Boys U17 1500m 1st Shane Conway, 2nd Anthony Hennessy

Senior Men 100m 1st Billy Henchy

Masters Men 100m Pat Mulcahy

Senior Men 800m 3rd Roger Gray

Senior Men 56LB 1st Patrick McSweeney

Masters Men 56LB 2nd Martin Everard, 3rd John O'Donovan

#### Relays

Girls U9 1st and 3rd, Girls U11 2nd and 3rd, Girls U13 1st, Girls U15 1st, Girls U17 1st Boys U9 1st and 3rd, Boys U11 2nd and 3rd, Boys U13 1st and 2nd, Boys U15 1st, Boys U17 1st Senior Men 1st Senior Ladies 1st

# All-Ireland Juvenile Indoor Championships, 1st/2nd April, Nenagh

(All went out in the heats)

Boys U19 Sprint Billy Henchy

Boys U13 Relay team (Mighty Okafor, Great Okafor, Ronan Sheehan, Jerry Crowley)

Boys U14 Relay team (Mark O'Sullivan, Sipke O'Shaughnessy, Mighty Okafor, Great Okafor)

# All-Ireland Juvenile Indoor Championships, 25th/26th March, Nenagh

Girls U12 Shot 1st Laura McSweeney 7.85m (C.B.P.)

Girls U13 Shot 1st Lynn Bradfield 9.19m

Girls U13 Long Jump 9th Toni Chatterton 3.83m

Girls U14 Long Jump 7th Tracey Bradfield

Girls U14 Shot Putt 2nd Tracey Bradfield 11.43m

Girls U15 60m 1st Joan Healy 8.11

Girls U19 Shot Putt 2nd Rachel Roche 9.05m

Boys U13 60m 1st Great Okafor 8.27

Boys U14 Shot Putt 1st Patrick McSweeney 10.88m

# West Cork Road Race League 2nd Leg, Dunmwanway 12th March 2006

Girls U10 2nd Grainne Lucey, 3rd Roisin Coveney, 4th Lisa Lovell, 6th Saoire O'Leary

Girls U12 1st Seana Coveney, 3rd Aisling Everard, 8th Aoife Lucey, 10th Claire Sexton

Girls U14 2nd Elizabeth Prout, 5th Phil Healy

Girls U16 4th Kate Harte

Girls U20 2nd Lorraine O'Brien, 6th Valerie Lynch, 8th Mary Kennelly

Boys U8 1st Travis Commey, 4th Ronan Lucey

Boys U10 8th Brian Everard, 12th Brian Jackson, 17th Fiacra Harrington

Boys U12 2nd Robert O'Sullivan, 4th Fintan O'Shaughnessy, 9th Graham Jackson

Boys U14 2nd Sipke O'Shaughnessy, 6th Mark O'Sullivan, 7th Ciaran Everard, 12th John Lucey

Boys U20 2nd Anthony Hennessy, 4th Barry O'Driscoll

# West Cork Road Race League 1st Leg, Lisheen Skibbereen 29th March 2006

Girls U8 2nd Saoire O'Leary

Girls U10 2nd Roisin Coveney

Girls U12 1st Seana Coveney

Girls U14 2nd Danielle Jackson, 3rd Elizabeth Prout

Boys U12 3rd Edward Aherne

# Munster Juvenile U14-U19 Indoor Championships, 25th/26th Feb Nenagh

Girls U14 Long Jump 2nd Tracey Bradfield 4.46m

Girls U14 Shot Putt 2nd Tracey Bradfield 11.72m

Girls U15 60m 1st Joan Healy 8.22

Girls U15 Long Jump 5th Joan Healy 4.49m

Girls U19 Shot Putt 2nd Rachel Roche 9.10m

Girls U19 Long Jump 5th Rachel Roche 3.72m

Boys U14 Shot Putt 1st Patrick McSweeney 10.95m

Boys U14 4x200m Relay 2nd Bandon

Boys U17 1500m 8th Shane Conway 5.21.46

Boys U18 1500m 5th Ronan Duggan 4.27.32

Boys U19 200m 1st Billy Henchy

Boys U19 400m 2nd Billy Henchy 57.97

# Munster Juvenile U10-U13 Indoor Championships, 18th/19th Feb Nenagh

Girls U12 Shot 1st Laura McSweeney 7.43m

Girls U13 Shot 2nd Lynn Bradfield 8.71m

Girls U13 Long Jump 3rd Toni Chatterton 4.05m

Boys U12 Shot 8th Thomas McCarthy

Boys U13 60m 1st Great Okafor

Boys U13 60m 8th Mighty Okafor

Boys U13 Hurdles 2nd Great Okafor

Boys U13 Relay 2nd Bandon (Mighty Okafor, Great Okafor, Ronan Sheehan, Jerry Crowley, sub Ciaran Everard).

# Bank of Scotland U13/U15 Indoor Championships, Kelvin Hall, Glasgow, 4th Feb 2006

U15 Girls 200m

Heat: 1st Joan Healy 27.38 Final: 2nd Joan Healy 26.81

#### U15 Girls 60m

Heat:1st Joan Healy 8.28 Semi: 1st Joan Healy 8.21 Final: 1st Joan Healy 8.04

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U13 Girls Long Jump 10th Phil Healy 3.90m

U13 60m 60m Heat: 3rd Phil Healy 9.07

# Master Indoor Championships of Ireland Nenagh, 14th January 2006

# Women's (V1)

60m 1st Liz Coomey 8.87 Long Jump 1st Liz Coomey 4.16m High Jump 1st Liz Coomey 1.35m Shot 2nd Liz Coomey 8.81m

# Munster Masters Indoor Championships, Nenagh 31st Dec 2005

#### Women's (V1)

60m 1st Liz Coomey Long Jump 1st Liz Coomey High Jump 1st Liz Coomey 200m 2nd Liz Coomey

12 of 12