Bandon Athletic Club Est. 1964



Any corrections or additional results please mail inform the PRO at any training session.

Cork To Cobh 15 Mile Road Race 2nd Oct 2005

10th Joe O'Sullivan 88mins 13th Tom Laffan 91mins

Longford Marathon, 29th August.

5th Joe O'Sullivan 2hr 45mins and 12seconds (1st Men O40)

Blarney St Finbarrs Half Marathon, 11th September 2005.

12th Tom Laffan (Bandon) 78:57

Army/Navy 5 Mile Road Race (B.H.A.A.) 31st August, Haulbowline, Ringaskiddy

10th Tom Laffan Health Service Exec. 28:44 27th Tim Lucey Cork City Council 30:39 M40 28th Joe O'Sullivan Bandon Tyres 30:39 M40 31st Fergal O'Neill Bandon Tyres 31:10

"Route to Crook" 5 Mile Road Race, Goleen, Aug 2005

5th Joe O'Sullivan 28.00

Novartis 5k Road Race (BHAA), Ringaskiddy, August 10th 2005

8th Joe O'Sullivan, Bandon Tyres 16:53 (1st MO40) 35th Fergal O'Neill, Bandon Tyres 18:19

EMC 5k Road Race (BHAA) Ovens, July 13, 2005

4th Joe O'Sullivan Bandon Tyres 17:21 M40 20th Fergal O'Neill Bandon Tyres 18:49

STRYKER '4' Mile Road Race (BHAA), Carrigtohill, July 6th, 2005

16th Joe O'Sullivan Bandon Tyres 22:21

Ballycotton Summer Road Race Series 2005 SHANAGARRY '5' Thursday

23rd. June 2005.

13th 0:28:42 Joe O'Sullivan

44th 0:31:13 Kevin Wilmot

137th 0:36:28 Bernard O'Sullivan

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Paddy Desmond Memorial 5km Road Race, Ballinhassig, Co Cork, March 17th

5th Tom Laffan

West Cork Road Races Sunday 6th March, Dunmanway

Girls U9 Casey O'Sullivan 2nd, Lisa Lovell 3rd. Ciara Everard.

Boys U9 Liam O'Driscoll, Brian Everard

Girls U10 Claire Sexton 1st, Aisling Everard 3rd. Kate Toner, Aoibhean Harte, Fiona Duggan,

Boys U10 Eoin O'Brien 2nd.

Girls U12 Aoife Lucey 4th, Anna O'Driscoll, 5th. Meg O'Sullivan, Niamh Mulcahy,

Boys U12 Ciaran Everard 1st, Jerry Crowley 3rd.

Girls U14 Lorraine O'Brien 1st. Elizabeth Prout

Boys U14 Mark Sugrue 4th, John Lucey 5th. Tadgh O'Donovan

Girls U16 Lynda O'Donovan 1st. Jennifer Fielding.

Boys U16 Shane Conway 1st, Anthony Hennessy 2nd, Barry O'Driscoll 3rd.

Boys U20 John Hurley was 2nd with Michael Hurley 3rd and Ronan Duggan 4th.

Waterford Crystal/Dungarvan 10mile Road Race. 13th Feb

6th Joe O'Sullivan (Bandon AC) (2nd Men040)

F.M.C. 4 Mile Road Race (BHAA) January 23, 2005 - Little Island, Co. Cork

12th Joe O'Sullivan Bandon Tyres 22:19 M/40 0/40 1 Joe O'Sullivan

Cork B.H.A.A. Cross Country, Mahon. January 16th, 2005

4th Tom Laffan 16:35 18th Kevin Wilmot 18:17

Irish Sugar 10 Mile Road Race, Sunday 9 January 2005

14th 0:57:54 Joe O'Sullivan, Bandon AC M45 49th 1:04:33 Fergal O'Neill, Bandon AC M 60th 1:05:19 Kevin Wilmot, Bandon AC M

Bandon 5 Mile Road Race on New Years Day 2005.

1st Mark Hanrahan, 2nd Cathal O'Connell 1st Lady Mary Sweeney Kevin Wilmot (1st Local Senior Man) Ronan Duggan (1st Local Junior Boys) Mairead Roche (1st local Junior Girl) (For complete results click here)

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