Bandon Athletic Club Est. 1964



Any corrections or additional results please mail inform the PRO at any training session.

Adult Road Races results for 2006

An Post Cork to Cobh 15 Mile Road Race 2006, October 1st, 2006 (BHAA)

21st Tom Laffan Health Service Executive 1:33:58 23rd Joe O'Sullivan Bandon Tyre Centre M45 1:34:05 99th Matthew Geeden Bandon AC M40 1:46:23

Irish Sugar, MALLOW '10' Sunday 7 May

Joe O'Sullivan was 5th overall and Matthew Geden was 58th

Bantry Half Marathon

Joe O'Sullivan finished an excellent 3rd overall out of over 800 starters.

UCC Staff 10k Road Race

Joe O'Sullivan was 9th and Tom Laffan was 10th

4 Mile Beach Race in Youghal

Tom Laffan was 4th

Munster Road Race Championships, Banteer, 19th March.

Men's O35 3rd Tom Laffan

Tom was also a scoring member on the Cork Masters Men's team which was 2nd

Rising Sun 5km on the 17th March

1st Tom Laffan

Ballycotton 10 5th March

51st Joe O'Sullivan 0:58:32

Cork County Road Race Championships, Skibbereen 26th Feb

Tom Laffan 1st O35 Bernard O'Sullivan 3rd 035 Joe O'Sullivan 2nd O40 Bandon team 2nd place.

Eagle Carrigaline 5-Mile Road Race, Co Cork 19/Feb 2006

Women 4th Carmel Crowley

1 of 1 21/09/2010 14:50