

West Cork Athletics

The West Cork Athletic Cross Country Championships took place at the Showgrounds in Dunmanway on Sunday 12th September. While most West Cork Clubs were represented, turnout was unfortunately down on last year despite the fine weather on the day.

The Girls U10 had a 600m run with Gráinne Mulcahy of Bandon winning convincingly. Aisling Cassidy of Courceys won the silver medal with Jennifer Cotter of West Muskerry taking the bronze. West Muskerry won gold in the team competition, Dohenys were second and Skibbereen third. The U10 boys also ran 600m. Conor O'Neill from Dohenys won the gold here with Denis Dullea of West Muskerry coming second and Andrew Collins of Skibbereen, third. Dohenys took the team gold, Skibbereen, Silver and Bandon, bronze. Stephanie Cotter of West Muskerry won the Girls U12 race with a 1,000m run with her club mate Caoimhe Harrington taking the silver. Moira Barrett of Bandon won the bronze. West Muskerry also took the team gold and bronze with Bandon AC winning the silver. Victor Lovell and Conor Calnan both of Bandon produced fine runs to take the gold and silver respectively in the boys U12 run over 1,200m. Dohenys Sean McCarthy won the bronze medal. Bandon won the team gold with Dohenys taking the silver.

Bella Sherlock of Dohenys won the girls U14 race with a distance of 1,200m. Ciara Houston of Bandon came in second and Ciara Crowley of Dohenys, third. Dohenys won the team prize with Bandon second. In the U14 boys race over 1,500m, Sean McCarthy of Skibbereen was the winner with his club mate David Whelton taking third place. Billy Cronin, West Muskerry was second. In the team competition, Skibbereen came first, Doheny, second and Bantry, third. Aisling Everard of Bandon won the girls U16 race over 1,500m with Melissa Duggan of Dohenys, second. Jake Inglis of Dohenys won the boys u16 race. Ellen Hannon of Coureys took the gold at Girls U20 level with a 2k run. Mark O'Sullivan won the Boys U20 over 3k. Owen Thornhill took the Senior Men title with a 6K run with Anna O'Neill of Dohenys taking the Senior Women's gold over 3K. It was a double success for the Mulcahy family with Pat, father of girl's U10 winner Gráinne, taking the Master Men title. A number of photos of the event have been posted on the Bandon Athletic Club website.

The next event on the West Cork Athletics calendar is the West Cork Secondary Schools Cross Country Championships which will also be held in Dunmanway at the Showgrounds, Droumleena Lawn, on Thursday 23rd September. Event as follows: Girls – 1st Year, 600m, 2nd Year, 1,000m, 3rd Year, 1,200, 4th Year, 1,500m. 5th & 6th Year, 2,000m. Boys – 1st Year 1,000m, 2nd Year, 1,200m, 3rd Year, 1,500m, 4th Year, 2,000m, 5th & 6th Year, 2,400m. There will be medals for the first three individual placings and for teams. The EBS Perpetual Shield will be presented to the best Boys and best Girls schools. For further information, contact Declan Coakley on 086-6635 725.