

7th WEST CORK SCHOOLS CROSS COUNTRY

WEST CORK ATHLETIC BOARD A.A.I.
Droumleena Lawn (Showgrounds)
23rd Sept 2010

SEC Declan Coakley
Dunmanway

Position	1ST YEAR GIRLS 800m
1	Ciara Houston bandon grammer BGS
2	Louisa Keane bandon grammer
3	Ashling Kelleher st marys macroom
4	Brona Currans bandon grammer
5	Caroline O Mahony MICC Dummanway
6	Lisa Lovell st brogans Bandon
TEAM	
1	Bandon Grammer 1-2-4-8 = 15
2	MICC Dunmanway 5-9-11-13 = 38
3	St Micheals rosscarbery 10-14-19-20 = 63

29 Finishers

Position	2ND YEAR GIRLS 1000m
1	Bella Sherlock Bandon Grammer
2	Niamh Cotter Ard scoil phobal bantry
3	Aileen Corkery St Marys macroom
4	Cristine O Connor Ard scoil phobal bantry
5	Siofra Burgoyne Clonakilty CC
6	Cliona Maguire St Micheals rosscarbery
TEAM	
1	Ard scoil phobal 2-4-11-16 = 33
2	st marys macroom 3-5-7-23 = 38
3	MICC Dunmanway 10-12-15-22 = 59

Beara CC 9-24-25-27 = 85

Position	3RD YEAR GIRLS 1200m
1	Ashling Everard MICC Dunmanway
2	Tara O Riordan Mc Egan Macroom
3	Yvonne Burgoyne St Marys Macroom
4	Michelle Murphy MICC Dunmanway
5	Michelle McCarthy St Marys Macroom
6	Valerie Lynch Ard Scoil Phobal Bantry
TEAM	
1	MICC Dunmanway 1 4 13 14 = 32
2	Ard Scoil Phobal Bantry 6 9 10 11 = 36
3	only 15 finishers

Position	4TH YEAR GIRLS 1500m
1	Sinead Moloney Bandon Grammer
2	Ciara O Rourke St Micheals Rosscarbery
3	Gene O Sullivan St Marys Macroom
4	Aisha Roche Bandon Grammer
5	Elva O Callaghan st Micheals Rosscarbery
6	Kate Shanahan St Micheals Rosscarbery
TEAM	
1	St Micheals Rosscarbery 2-5-6-7
2	MICC Dunmanway
3	

Position	5 & 6 YEAR GIRLS 2000m
1	Aine O Leary MICC Dunmanway
2	Ola Fudali St Brogans Bandon
3	Danielle Jackson MICC Dunmanway
4	Emma Lavers MICC
5	Maura O Driscoll MICC
6	
TEAM	
1	MICC Dunmanway 1 3 4 5 - 13
2	
3	

Position	1ST YEAR BOYS 1000m
1	Gary O Sullivan Mc Egan macroom
2	Shane Keevers ard scoil phobal bantry
3	Zac Harrington clonakilty cc
4	Robert Hegarty st micheals rosscarbery
5	Cahal Rourke st micheals rosscarbery
6	Brian Keohane clonakilty cc
TEAM	
1	St Micheals rosscarbery 4-5-10-28 = 47
2	Clonakilty CC 3-12-19-20 = 54
3	Ard scoil phobal bantry 2-13-21-57 =93

88 finishers Beara CC 8.29.33.39. =109

St Gobans 18,26, 27 46 =117

De la salle macroom 7 31 51 35 =124

st brogans 9,14.53.71 =147

Position	2ND YEAR BOYS 1200m
1	Steven Holland Ard scoil phobal bantry
2	Tony Ellis St Brogans bandon
3	Darren Dineen Mc Egan macroom
4	Dillion O Driscoll MICC Dunmanway
5	Tadgh O Brien St brogans bandon
6	Diarmuid O Shea St Gobans bantry
TEAM	
1	St Gobans bantry 6-7-9-11 =33
2	St Brogans Bandon 2-5-19-29 = 55
3	MICC Dunmanway 4-18-21-23 = 66

50 Finishers Beara cc 8 10 17 39 =74

competitive race Ard scoil phobal 1 20 24 30 =75

De La Salle macroom 14 25 27 28 = 94

Mc Egan macroom 3 34 40 48 = 125

Position	3RD YEAR BOYS 1500m
1	Jake Ingalls MICC Dunmanway
2	Shane O Mahony St Gobans Bantry
3	Timmy O Donoghue St Micheals rosscarbery
4	Mark O Brien Schull CC
5	Felix Miller Schull CC
6	Dermot Spillane Ard Scoil Phobal Bantry
TEAM	
1	Schull 4 5 7 10 =26
2	MICC Dunmanway 1 8 14 19 = 42
3	Ard Scoil Phobal Bantry 6 9 15 16 =46

st gobans bantry 2 12 20 23 =57

28 finishers st micheals ross 3 11 22 24 = 60

Position	4TH YEAR BOYS 2000M
1	Kevin O Neill MICC
2	Shane O Driscoll MICC
3	Ciaran Everard MICC
4	George Ross MICC
5	Rory O Connor MICC
6	Gavin Deevers Bandon Grammer
TEAM	
1	MICC Dunmanway 1 2 3 4 = 10
2	
3	

Position	5 & 6 YEAR BOYS 2400m
1	Danny Mullins St Gobans
2	Mark O sullivan Bandon Grammer
3	Kieran Daly MICC Dunmanway
4	Mark Murphy St Brogans Bandon
5	Gerald O Sullivan Ard Scoil Phobal Bantry
6	Ivor Sweetnam Bandon Grammer
TEAM	
1	BGS Bandon Grammer 2 6 8 9 = 25
2	ASP Ard Scoil Phobal 5 11 13 14 = 43
3	MICC Dunmanway 3 15 20 22 = 60
4	St Micheals 7 18 19 24 = 68
5	St Brogans 4 17 21 26 = 71
	26 finishers very fast