

Donough Coughlan Memorial Cup
BANDON '5'

Sunday 2 January 2011. 1:00pm

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>min/mile</i>		
1	0:25:19	MCCARTHY, James	East Cork AC	M	05:03.7	57	1
2	0:25:33	MCGRATH, Sean	East Cork AC	M	05:06.5	15	2
3	0:26:04	HARRINGTON, Chris	Leevale AC	M	05:12.7	41	3
4	0:26:21	MURPHY, Ed	Gneeveguilla AC	M	05:16.1	158	4
5	0:26:21	COFFEY, Donal	Leevale AC	M	05:16.1	183	5
6	0:26:29	O'CONNELL, Cathal	St. Finbarrs AC	M45	05:17.7	74	6
7	0:26:53	MEADE, John	St. Finbarrs AC	M	05:22.5	111	7
8	0:26:57	O'CONNOR, Tim	Riocht AC	M	05:23.3	102	8
9	0:27:15	WILMOTT, Kevin	Bandon AC	M	05:26.9	9	9
10	0:27:20	O'DONOVAN, Eamonn	Rising Sun AC	M	05:27.9	96	10
11	0:27:27	BICKERDIKE, Mark	Leevale AC	M45	05:29.3	60	11
12	0:27:59	BOYLE, George	UCC AC	M	05:35.7	105	12
13	0:28:04	COAKLEY, Michael	Skibbereen AC	M	05:36.7	56	13
14	0:28:06	EGAN, Ian	Galway City Harriers	M40	05:37.1	45	14
15	0:28:14	O'REGAN, Noel	Midleton AC	M40	05:38.7	163	15
16	0:28:27	MURPHY, Damien	West Waterford AC	MJ	05:41.3	19	16
17	0:28:41	MCSWINEY, Aidan	St. Finbarrs AC	M	05:44.1	27	17
18	0:28:43	SMITH, Kevin	Midleton AC	M	05:44.5	82	18
19	0:28:46	MORGAN, Michael	unatt/Bandon	M	05:45.1	106	19
20	0:28:49	MURPHY, Declan	St. Finbarrs AC	M	05:45.7	67	20
21	0:28:53	FINN, Michelle	Leevale AC	F	05:46.5	155	21
22	0:29:02	SHIELDS, Brian	unatt/Cobh	M	05:48.3	87	22
23	0:29:15	KEARNS, Matt	Eagle AC	M	05:50.9	99	23
24	0:29:15	TIERNEY, Conor	East Cork AC	M	05:50.9	165	24
25	0:29:15	LEVICK, Paul	Yeovil Town RR	M40	05:50.9	181	25
26	0:29:18	WILLIAMS, Robbie	Leevale AC	M	05:51.5	129	26
27	0:29:20	WALSH, Joe	unatt/Ballinacurra	M	05:51.9	63	27
28	0:29:21	LYONS, Dennis	St. Finbarrs AC	M	05:52.1	141	28
29	0:29:25	O'SULLIVAN, Mark	Bandon AC	M	05:52.9	120	29
30	0:29:31	CROWLEY, Carmel	Bandon AC	F40	05:54.1	134	30
31	0:29:32	DALTON, Marc	Midleton AC	M	05:54.3	79	31
32	0:29:38	DEASY, Micheal	unatt/Timoleague	M	05:55.5	17	32
33	0:29:51	LUCEY, Tim	Bandon AC	M45	05:58.1	43	33
34	0:29:55	HERLIHY, John	Riocht AC	M	05:58.9	38	34
35	0:30:02	O'RIORDAN, Niall	West Limerick AC	M	06:00.3	72	35
36	0:30:05	DEVINE, Ken	St. Finbarrs AC	M45	06:00.9	23	36
37	0:30:07	PARNELL, Carmel	Leevale AC	F50	06:01.3	59	37
38	0:30:20	O'CALLAGHAN, David	Eagle AC	M45	06:03.9	138	38
39	0:30:24	O'SULLIVAN, Ian	East Cork AC	M	06:04.7	132	39
40	0:30:27	LYONS, Sean	CIT AC	M	06:05.3	110	40
41	0:30:30	O'CONNOR, Pat	Eagle AC	M40	06:05.9	170	41
42	0:31:09	HOLLAND, Ann-Marie	Eagle AC	F	06:13.7	80	42
43	0:31:20	MURPHY, Joe	Eagle AC	M55	06:15.9	69	43
44	0:31:24	ROE, Niamh	Eagle AC	F	06:16.7	107	44
45	0:31:32	CARROLL, Denis	Eagle AC	M50	06:18.3	90	45
46	0:31:33	CARR, Brian	unatt/Cork	M	06:18.5	58	46
47	0:31:39	O'HERLIHY, Colin	Eagle AC	M	06:19.7	169	47
48	0:31:44	O'SULLIVAN, Joe	Bandon AC	M45	06:20.7	42	48
49	0:31:50	BARRY, Killian	unatt/Bandon	M	06:21.9	16	49
50	0:31:53	O'DRISCOLL, John	Rising Sun AC	M50	06:22.5	172	50
51	0:32:14	O'CONNELL, John	Midleton AC	M	06:26.7	189	51
52	0:32:19	CASHMAN, John	Midleton AC	M45	06:27.7	117	52
53	0:32:20	LEONARD, Helen	Rathfarnham-WSAF AC	F	06:27.9	185	53
54	0:32:33	BYRNE, Eddie	Eagle AC	M40	06:30.5	22	54
55	0:32:36	FENTON, Davina	St. Finbarrs AC	F	06:31.1	66	55
56	0:32:36	HEALY, Ann-Marie	Eagle AC	F	06:31.1	71	56
57	0:32:37	MURPHY, Pat	Eagle AC	M50	06:31.3	70	57
58	0:32:44	GUNNING, Peter	Midleton AC	M50	06:32.7	29	58
59	0:32:58	MCGRATH, Grellan	Eagle AC	M45	06:35.5	171	59
60	0:33:00	CHOJAN, Maggie	unatt/Cork	F	06:35.9	112	60
61	0:33:05	COTTER, Brian	unatt/Bandon	M	06:36.9	21	61
62	0:33:06	CHOJAN, Matt	unatt/Cork	M	06:37.1	113	62
63	0:33:10	O'BRIEN, Patrick	Skibbereen AC	M45	06:37.9	52	63
64	0:33:13	COTTER, Gillian	St. Finbarrs AC	F	06:38.5	65	64
65	0:33:14	KENNEDY, Dan	St. Finbarrs AC	M55	06:38.7	75	65
66	0:33:28	FORREST, Richard	unatt/Blarney	M40	06:41.5	174	66
67	0:33:31	SCANNELL, David	Riocht AC	M	06:42.1	103	67
68	0:33:54	MURPHY, Aine	Leevale AC	F	06:46.7	184	68
69	0:33:58	O'SHEA, Geraldine	St. Finbarrs AC	F40	06:47.5	49	69
70	0:33:58	GALVIN, Alex	Bandon AC	M	06:47.5	5	70
71	0:34:03	BYRD, Charlie	unatt/Cork	M45	06:48.5	142	71
72	0:34:03	O'BRIEN, Tom	unatt/Cork	M	06:48.5	119	72
73	0:34:11	O'HALLORAN, Declan	Bandon AC	M45	06:50.1	89	73
74	0:34:15	O'RIORDAN, Pakie	West Limerick AC	M45	06:50.9	73	74

75	0:34:22	ENNIS, Michael	Grange-Fermoy AC	M45	06:52.3	92	75
76	0:34:23	DOOLEY, Michael	Eagle AC	M40	06:52.5	193	76
77	0:34:27	REILLY, Gerry	unatt/Innishannon	M45	06:53.3	30	77
78	0:34:28	WILMOT, Eddie	Bandon AC	M40	06:53.5	97	78
79	0:34:37	O'LEARY, Eoghan	Bandon AC	M	06:55.3	150	79
80	0:34:38	BARRY, Pat	unatt/Barryroe	M	06:55.5	133	80
81	0:34:41	COUGHLAN, Niall	unatt/Cork	M	06:56.1	173	81
82	0:34:42	MURPHY, John	unatt/Riverstick	M	06:56.3	44	82
83	0:34:43	MURPHY, Stephen	Rising Sun AC	M50	06:56.5	51	83
84	0:34:44	LOONEY, Denis	Eagle AC	M40	06:56.7	91	84
85	0:34:47	QUIGLEY, John	Eagle AC	M55	06:57.3	187	85
86	0:34:54	DOLLARD, John	unatt/Kilbrittain	M	06:58.7	182	86
87	0:34:55	O'NEILL, Trevor	St. Finbarrs AC	M	06:58.9	76	87
88	0:34:56	MAGUIRE, Pdraig	St. Finbarrs AC	M	06:59.1	26	88
89	0:35:00	FINN, Carol	Leevale AC	F	06:59.9	154	89
90	0:35:05	MAHE, Brendan	unatt/Kinsale	M	07:00.9	84	90
91	0:35:09	KELLY, Donal	unatt/Whitechurch	M	07:01.7	148	91
92	0:35:12	ENNIS, Joan	Grange-Fermoy AC	F45	07:02.3	93	92
93	0:35:12	CROWLEY, Diarmuid	UL AC	M	07:02.3	46	93
94	0:35:15	HENRY, Aiden	St. Finbarrs AC	M40	07:02.8	95	94
95	0:35:16	LYONS, Sean	unatt/Carrigaline	M	07:03.0	136	95
96	0:35:19	GUINANE, Elaine	Eagle AC	F	07:03.6	28	96
97	0:35:27	CONDON, Colin	St. Finbarrs AC	M	07:05.2	130	97
98	0:35:28	VAUGHAN, Valerie	St. Finbarrs AC	F	07:05.4	83	98
99	0:35:35	MURPHY, Pat	Ballymore-Cobh AC	M45	07:06.8	122	99
100	0:35:42	BUCKLEY, Mary	Donoughmore AC	F45	07:08.2	11	100
101	0:35:43	O'NEILL, Anna	Doheny AC	F40	07:08.4	186	101
102	0:35:44	MURPHY, Liam	Bandon AC	M	07:08.6	86	102
103	0:35:46	WALSH, Brendan	unatt/Clonakilty	M	07:09.0	139	103
104	0:35:49	HARRINGTON, Brian	unatt/Cork	M	07:09.6	100	104
105	0:36:08	O'LEARY, Ted	West Waterford AC	M40	07:13.4	109	105
106	0:36:09	O'TOOLE, Daryl	Mallow AC	M	07:13.6	116	106
107	0:36:09	LYONS, Colm	unatt/Carrigaline	M	07:13.6	135	107
108	0:36:24	FLYNN, Maire	unatt/Timoleague	F	07:16.6	179	108
109	0:36:33	MCCARTHY, Donal	Bandon AC	M40	07:18.4	68	109
110	0:36:36	WALSHE, John	East Cork AC	M55	07:19.0	3	110
111	0:36:46	O'SULLIVAN, Geraldine	Bantry AC	F50	07:21.0	137	111
112	0:36:48	KELLY, Thomas	Ballymore-Cobh AC	M50	07:21.4	123	112
113	0:36:51	SHANAHAN, Mossy	unatt/Cork	M50	07:22.0	64	113
114	0:36:52	RYAN, Pat	unatt/Innishannon	M45	07:22.2	167	114
115	0:36:54	FEHILLY, Chris	unatt/Bandon	M	07:22.6	164	115
116	0:37:04	CURTIS, Peadar	Mallow AC	M55	07:24.6	33	116
117	0:37:15	KELLEHER, Ronan	unatt/Bandon	M	07:26.8	7	117
118	0:37:16	FOX, Conor	Donoughmore AC	M	07:27.0	191	118
119	0:37:20	CORCORAN, Michael	unatt/Cork	M	07:27.8	6	119
120	0:37:26	MULCAHY, Pat	Bandon AC	M	07:29.0	162	120
121	0:37:32	MCLAUGHLIN, Garth	unatt/Cork	M40	07:30.2	157	121
122	0:37:38	COLEMAN, Finbarr	St. Finbarrs AC	M	07:31.4	194	122
123	0:37:40	MURPHY, Michael	West Waterford AC	M45	07:31.8	18	123
124	0:37:48	MURPHY, Aine	unatt/Kerry Pike	F50	07:33.4	32	124
125	0:37:58	MURPHY, Marian	unatt/Timoleague	F	07:35.4	126	125
126	0:38:00	O'DONOVAN, Chris	unatt/Innishannon	M45	07:35.8	31	126
127	0:38:08	STACK, Eoin	unatt/Carrigaline	M40	07:37.4	36	127
128	0:38:17	FINN, Mary	Millstreet AC	F50	07:39.2	156	128
129	0:38:24	KEARNEY, Batt	Leevale AC	M50	07:40.6	61	129
130	0:38:25	MARRON, Rory	unatt/Bandon	M	07:40.8	8	130
131	0:38:29	MCEVOY, Rebecca	St. Finbarrs AC	F	07:41.6	160	131
132	0:38:32	KELLY, Darragh	unatt/Whitechurch	MJ	07:42.2	149	132
133	0:38:34	MCEVOY, Eamonn	St. Finbarrs AC	M55	07:42.6	159	133
134	0:38:41	LYNCH, Frances	unatt/Cork	F45	07:44.0	192	134
135	0:38:43	TWOHIG, Monica	Eagle AC	F45	07:44.4	39	135
136	0:38:44	O'LEARY, John	Leevale AC	M70	07:44.6	2	136
137	0:38:47	O'CONNOR, John	unatt/Ballincollig	M60	07:45.2	4	137
138	0:38:58	LINEHAN, Frank	Togher AC	M60	07:47.4	131	138
139	0:39:05	O'SULLIVAN, Pdraig	Bantry AC	M45	07:48.8	151	139
140	0:39:07	MCTAGGART, Colin	St. Finbarrs AC	M45	07:49.2	121	140
141	0:39:09	HAYDON, Michael	unatt/Ballygarvan	M55	07:49.6	190	141
142	0:39:33	O'NEILL, Mark	Ballincollig AC	M	07:54.4	62	142
143	0:39:43	SHEEHAN, Ronan	Bandon AC	MJ	07:56.4	177	143
144	0:39:44	SHEEHAN, Tom	Bandon AC	M45	07:56.6	176	144
145	0:39:46	O'CONNELL, Donie	Midleton AC	M60	07:57.0	85	145
146	0:39:52	O'LEARY, Neillie	Belgooly AC	M65	07:58.2	104	146
147	0:39:53	O'CONNOR, Gerry	Eagle AC	M50	07:58.4	40	147
148	0:39:58	MCCARTHY, Danny	Midleton AC	M60	07:59.4	145	148
149	0:40:48	YOUNG, Stephen	unatt/Enniskeane	M45	08:09.4	81	149
150	0:40:59	KELLY, Cora	Bandon AC	F	08:11.6	125	150
151	0:41:30	MCCARTHY, Eileen	unatt/Clonakilty	F40	08:17.8	161	151
152	0:41:34	KELLY, Jason	unatt/Whitechurch	M	08:18.6	146	152
153	0:41:36	WALSH, Anne	Ballincollig AC	F45	08:19.0	35	153
154	0:41:38	BUCKLEY, Aidan	Eagle AC	M45	08:19.4	20	154
155	0:41:39	MURPHY, Angela	unatt/Ballincollig	F50	08:19.6	34	155

156	0:41:48	WALSH, Maoira	unatt/Ballinascarthy	F	08:21.4	127	156
157	0:42:02	LEHANE, Bridget	unatt/Clonakilty	F	08:24.2	140	157
158	0:42:26	CALLAN, Emmet	unatt/Bandon	M	08:29.0	175	158
159	0:42:27	MERRICK, Robert	Bandon AC	M40	08:29.2	53	159
160	0:42:35	O'SULLIVAN, Conor	unatt/Cork	M	08:30.8	94	160
161	0:42:55	KELLEHER, Frankie	unatt/Cork	F	08:34.8	88	161
162	0:42:56	SPELLANE, James	unatt/Coachford	M	08:35.0	77	162
163	0:43:07	MCCARTHY, Aine	unatt/Bandon	F	08:37.2	12	163
164	0:43:07	MURRAY, Ken	unatt/Bandon	M	08:37.2	13	164
165	0:43:09	MULCAHY, Mary	St. Finbarrs AC	F45	08:37.6	124	165
166	0:43:31	NAGLE, Dan	Mallow AC	M60	08:42.0	108	166
167	0:43:56	HALLAHAN, Olive	Midleton AC	F45	08:47.0	128	167
168	0:43:57	KEOHANE, Caroline	unatt/Clonakilty	F	08:47.2	118	168
169	0:44:16	WELDON, Michael	Bandon AC	M45	08:51.0	10	169
170	0:44:45	BURKE, Killian	unatt/Bandon	MJ	08:56.8	24	170
171	0:45:24	COSTELLO, James	unatt/Cork	MJ	09:04.6	188	171
172	0:45:41	BYRD, Tom	unatt/Cork	M50	09:08.0	144	172
173	0:45:41	O'KEEFFE, Pat	unatt/Cork	M40	09:08.0	143	173
174	0:46:01	COLLINS, Jer	Galtee Runners AC	M	09:12.0	55	174
175	0:46:08	DEVINE, AI	unatt/Bandon	M45	09:13.4	166	175
176	0:46:34	FLANAGAN, Michael	unatt/Cloughduf	M45	09:18.6	48	176
177	0:46:43	JORDAN, Colm	Midleton AC	M	09:20.4	14	177
178	0:47:19	KELLY, Tracey	unatt/Whitechurch	F	09:27.6	147	178
179	0:47:38	SEXTON, John	unatt/Rathcoole	M45	09:31.4	50	179
180	0:47:50	BREATHNACH, Cait	unatt/Cloughduf	F45	09:33.8	47	180
181	0:48:00	O'CONNOR, Carmel	unatt/Ovene	F	09:35.8	37	181
182	0:48:37	MURPHY, Tim	unatt/Clonakilty	M	09:43.2	180	182
183	0:48:54	KEATING, Michael	unatt/Fermoy	M40	09:46.6	54	183
184	0:48:58	O'NEILL, Cathy	unatt/Bandon	F	09:47.4	168	184
185	0:52:30	O'SHEA, Miriam	unatt/Kilkenny	F	10:29.8	114	185
186	0:52:32	MANGAN, Sean	unatt/Tralee	M	10:30.2	115	186
187	0:52:50	MATTHEWS, Paul	Bandon AC	M	10:33.8	78	187
188	0:52:50	FITZGERALD, Emily	unatt/Bandon	F	10:33.8	25	188
189	0:56:13	MCCARTHY, Lynn	unatt/Carrigaline	F	11:14.4	153	189
190	0:56:13	GLAVIN, Bernice	unatt/Cork	F50	11:14.4	178	190
191	0:58:44	MURPHY, Christina	unatt/Bandon	F	11:44.6	101	191
192	1:02:44	TOHER, Mary	Midleton AC	F50	12:32.6	98	192
193	1:04:45	BEASLEY, Mary	Bandon AC	F	12:56.8	152	193
		WHEELCHAIR: FORDE, Jerry	Blarney-inniscarra AC	M55	46:01		

Organised by Bandon AC - supported by Riverview Health & Fitness Gym

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