

Important Information for Parents

Bandon Athletic Club is the 2nd largest Athletic Club in Cork County & it looks like it will continue to grow, judging by the the growing list of children on our waiting list for 2013. For this we are deeply thankful and it is a fantastic reflection on our club, and our members.

However it does bring its own drawbacks insofar as our coach numbers have not grown as fast and are therefore stretched to capacity. We have a core group of about 10 coaches & most conduct 4/5 training sessions each week and cater for 480 members of different ages and athletic ability, from 7yr olds right through to fit4life & Senior & Master athletes. We have been most fortunate to have recruited some enthusiastic and energetic parents recently who have been an enormous help to the coaches, and for this we are most grateful. At the moment there is a core group within the club working to conduct coaching sessions, fundraise for day to day expenses such as competition entry fees & covering excess on busses & also fundraising for our own track in Bandon.

We need to know from you how to proceed, we appreciate some of you are already busy supporting the club by bringing your children to competitions and supporting the club in many different ways, often unseen by many!!

We recently held our AGM and there was only one parent from our juvenile section of the club, & the usual committee who meet once a month to keep the club running, in attendance. It is our intention to hold a parents information evening, sometime in January and get feedback from you as to how you would like the club to progress.

Meanwhile we are holding our Annual Donough Coughlan Memorial Race on Tuesday 1st January 2013, if you could publicise/run/walk/help with organising, we would really appreciate it. A copy of the race poster and information regarding same is available on our website www.bandonac.org. Please let any member of the committee/coach know if you are available to help on day. Every little helps.