



# U.C. C. Staff Athletic Club



UNIVERSITY COLLEGE  
*Cork*

## UCC 34th Annual Road Race 10 Km (Carmel Lynch Memorial)

{Under BHAA rules}

**On Sunday, 3rd April 2016 at 11.00 a.m.**  
**Lee Road / Straight Road Circuit (Anglers)**

### PRIZES

- 1<sup>st</sup> 5 Individual Men
- 1<sup>st</sup> 3 Individual Ladies
- 1<sup>st</sup> 3 Men's Teams (A+B+C)
- 1<sup>st</sup> 2 Ladies Teams (A+B+C)
- 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> o/40, o/45,  
o/50, o/55, o/60, o/65 Men
- 1<sup>st</sup> o/70 Man
- 1<sup>st</sup> 2<sup>nd</sup> & 3<sup>rd</sup> o/35, o/40 &  
o/45 Lady
- 1<sup>st</sup> & 2<sup>nd</sup> o/50, o/55 & o/60  
Lady
- 1<sup>st</sup> o/65 Lady
- 1<sup>st</sup> Wheelchair Athlete

### SPOT PRIZES

### Entry Fee:

- €5 reg. runners
- €10 non-reg.

Last Entries: 10.40 a.m.

*Please note changing facilities/registration  
/refreshments & prize-giving at Western Gateway  
Building, Western Road  
(old Dog Track site)*

Start outside Mardyke Arena, finish near Lee Fields, Carrigrohane Road

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