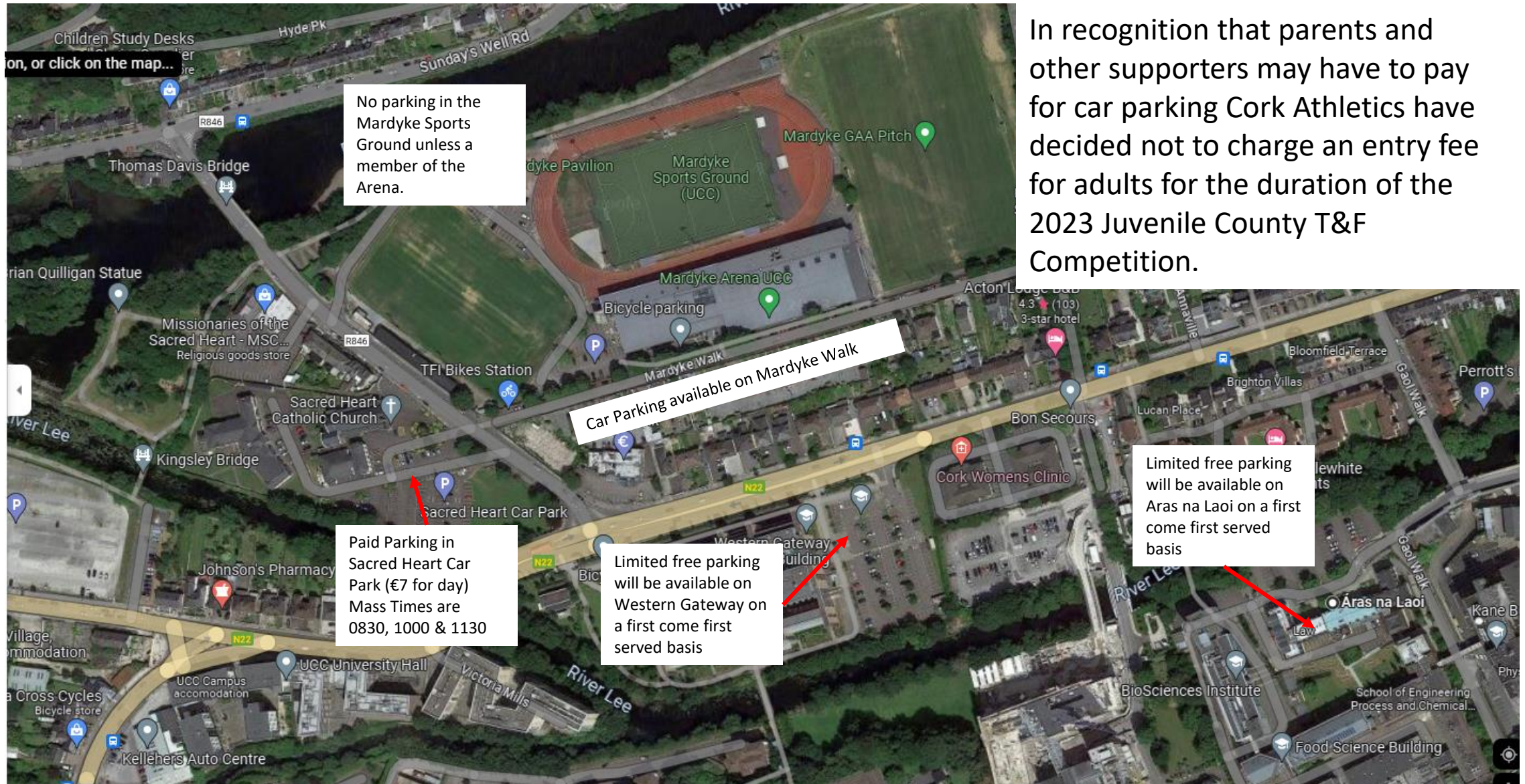


Car Parking



In recognition that parents and other supporters may have to pay for car parking Cork Athletics have decided not to charge an entry fee for adults for the duration of the 2023 Juvenile County T&F Competition.

No parking in the Mardyke Sports Ground unless a member of the Arena.

Car Parking available on Mardyke Walk

Paid Parking in Sacred Heart Car Park (€7 for day)
Mass Times are 0830, 1000 & 1130

Limited free parking will be available on Western Gateway on a first come first served basis

Limited free parking will be available on Aras na Laoi on a first come first served basis

Mardyke Sports Ground (UCC)



Access to toilets via dressing room at back of Pavillion and also at front next to athlete check in.

Finish Line

Viewing Area

Viewing Area

Additional toilets next to GAA pitch

Mardyke Pavilion

Access to infield is strictly prohibited.

Mardyke GAA Pitch

Turbo Javelin will take place on the GAA pitch

Catering facilities (drinks, sandwiches, snacks) available on the upper floor of the Pavillion building.

No warm up permitted on Rugby Pitch

Also, a pop up café will be open next to the Pavillion serving drinks, pastries and snacks.

PLEASE ENSURE TO TAKE ANY RUBBISH WITH YOU

Viewing Area for long jump

UCC Department Sport & Physical Act

Mardyke Walk Mardyke Walk

Bicycle parking

Mardyke Arena UCC

Mardyke Walk

Layers

Google

Number Collection

One designated club member must pick up ALL club numbers and sign. That will be done through this door on the left of the front of the Pavilion building



THERE IS NO REQUIREMENT FOR ATHLETE CHECK-IN FOR RELAYS

FIELD CHECK IN WILL BE AT THE LOCATION OF THE DISCIPLINE

Cork County Juvenile Track & Field Championships 2023 – Mardyke Sports Ground, UCC

- Pre race check in is NOT required for relays.
- Only the last athlete in each relay team must have a number attached to their singlet.
- Field event participants should go to their appropriate discipline when called.
- Track events are not electronically timed.

Cork County Juvenile Track & Field Championships 2023 – Mardyke Sports Ground, UCC

- There will be two catering areas
 - One pop up café that will offer tea, barista style coffee, hot chocolate, soft drinks, baking and snacks
 - One upstairs in the pavilion that will offer tea, coffee, water, snacks, crisps and sandwiches
 - There will be limited seating both at the pop up café and the indoor dining area
- Tents & Gazebos are not permitted to be erected at the Mardyke.
- Toilets can be found both at the Pavillion and at the GAA field.
- Warm up for relays can be done on the track in advance of the races.
- Under no circumstances should athletes warm up on the rugby pitch or in the Astroturf infield area.
- Only athletes and stewards are permitted to be inside on the track area for the duration of the competition.
- Athletes will not be permitted to cross the track to talk to parents or coaches during their long jump event.

TIMETABLE DAY THREE

CORK ATHLETICS JUVENILE TRACK AND FIELD CHAMPIONSHIPS 2023

DATE: 21-MAY-2023

VENUE: Mardyke Athletics Track

Note that start times are subject to change. Please listen out for announcements.

Events may take place up to 60 minutes before the estimated start time.

Event			Event		Estimated Start Time
START TIME 1000					
4 * 400m Relays	U18	Relays will start and finish on the River side of the track	Long Jump	Pit 1 U11 Boys	1000
4 * 100m Relays	U13		Long Jump	Pit 2 U11 Girls	1000
	U15		Long Jump	Pit 1 U10 Boys	1145
	U17		Long Jump	Pit 2 U10 Girls	1145
	U19		Long Jump	Pit 1 U9 Boys	1315
		Long Jump	Pit 2 U9 Girls	1315	
<p>4 * 400m relays will start at 10.00 am followed by the 4 * 100m relays for uneven ages. Where necessary finals will take place after all heats have been completed.</p> <p>If necessary a short break may take place before the finals to allow athletes have sufficient recovery.</p>			<p>Long Jump for Boys and Girls will take place in separate pits but at the same time. It is important that athletes are aware of relays taking place on the track and exit the pit towards the infield area.</p> <p>Any U11 athlete that is taking part in a relay will be allowed to rejoin their long jump and take their three attempts before the compeition has been completed.</p>		
START TIME 1230					
4 * 100m Relays	U18	Relays will start and finish on the River side of the track	Event		Estimated Start Time
	U12		Turbo Javelin	U9	1000
	U14		Turbo Javelin	U11	1145
	U16		Turbo Javelin	U10	1345
<p>4 * 100m relays for even ages will start at approximatley 12.30. Where necessary finals will take place after all heats have been completed.</p> <p>If necessary a short break may take place before the finals to allow athletes have sufficient recovery.</p>			<p>Turbo Javelin will take place on the GAA field. Boys will be called first and girls will then be called once the boys have finished.</p>		

Please note that start times for the long jump and turbo javelin are indicative.