

## WEST CORK T&F CHAMPIONSHIPS APRIL 19<sup>th</sup>, 2026

B/G U9	2018	60m	300m	Turbo Javelin	Long Jump		4x100m Relay
B/G U10	2017	60m	500m	Turbo Javelin	Long Jump		4x100m Relay
B/G U11	2016	60m	600m	Turbo Javelin	Long Jump		4x100m Relay
B/G U12	2015	60m	600m	Turbo Javelin	Long Jump		4x100m Relay
B/G U13	2014	80m	800m	Shot Put	Long Jump		4x100m Relay
B/G U14	2013	80m	800m	Shot Put	Long Jump		4x100m Relay
B/G U15	2012	100m	800m				
B/G U16	2011	100m	1500m	Shot Put	Discus	Long Jump	4x100m Mixed Relay (2 male, 2 female)
B/G U20	2007 - 2010	100m	1500m	Shot Put		Long Jump	4x100m Mixed Relay (2 male, 2 female)

**\*\* U15s can compete in U16 field events and mixed relay\*\***

<p>Entry          €3 per person          (Adult/Child)          Family: €10          (Max 2 adults + 3 under 18s)</p>
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10am (approx.)	SPRINTS	G/B U9, U10, U11, U12, U13, U14, U15, U16, U20
10am (approx.)	LONG JUMPS	G/B U20, U16, U14, U13, U9, U10, U11, U12
11am (approx.)	TURBO JAVELIN	G/B U12, U9, U10, U11
11:30am (approx.)	MIDDLE DISTANCE	G/B U9, U10, U11, U12, U13, U14, U15, U16, U20
11:30am (approx.)	SHOT PUT	G/B U16, U20, U13, U14
10:00am (approx.)	DISCUS	G/B U16
1:00pm (approx.)	RELAYS	G/B U9, U10, U11, U12, U13, U14, U16 MR, U20 MR

\*\*\*\*\* TIMES ARE ONLY APPROX – THESE CAN CHANGE ON THE DAY\*\*\*\*\*

\*\*\*\*\* G/B – girls followed by boys\*\*\*\*\*